



MESSAGE FROM THE PRESIDENT



In the Name of Allah the Beneficent the Merciful

Peace and Blessing be Upon the Messenger

Dear Members of the FIMA Family,
Esteemed Sisters and Brothers,
Assalamu Alaikum

I am writing these lines while I am traveling to Bangkok from Lahore, and from there, I will take my flight for the final destination; Hat Yai, Songkhla,

Continued on Page 18

FIMA-TIMA SCIENTIFIC CONVENTION AND 43RD FIMA COUNCIL MEETING STARTS IN THAILAND

The final preparations for the TIMA–FIMA Scientific Convention 2026 and the FIMA Council Meeting, to be held in Thailand are rapidly progressing towards completion. Multiple committees at various levels are actively engaged in finalizing the arrangements.

All Islamic Medical Associations (IMAs) are kindly requested to complete the registration process by 15 July 2026 using the Google Form below.

Google Registration Form:

<https://forms.gle/h2EhHunCiQAAbcJD68>

Through this registration form, you may:

Register your Islamic Medical Association (IMA) for the FIMA Council Meeting.



FINAL ANNOUNCEMENT

TIMA-FIMA SCIENTIFIC CONVENTION 2026 and the 43rd FIMA Council Meeting

THEME Environmental Health for Sustainable Future

FIMA Council Meeting Hospital tour 3-4 September 2026	IHC & CIMCO Seminar TIMA-FIMA Scientific Meeting 4-5 September 2026	Pattani Excursion 6 September 2026
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Prince of Songkla University, Hat Yai, Songkhla, Thailand
2-6 SEPTEMBER 2026

Nominate two official delegates to attend the FIMA Council Meeting.

letter for visa and/or official leave purposes.

please feel free to contact the FIMA Secretariat.

Register participants for the TIMA–FIMA Scientific Convention 2026.

Invitation letters will be issued promptly upon receipt of the completed registration form.

Thank you for your cooperation.

With regards,
FIMA Secretariat

Request an individual invitation

Should you have any questions,



Important Contacts

For registration support, personalized official visa invitation letters, accommodation queries, or abstract submissions, please reach out to the corresponding secretariat as follows:

General Programme & Invitation Letters:

TIMA International Affairs:
Asst. Dr. Hasanah Pairoh Tel: +66 801370036 (WhatsApp)
Email: timathailandorg@gmail.com

TIMA Secretariat Committee:
Miss Madiha Makeng Tel: +66 905946688 (WhatsApp)
Email: madiha@bcnyala.ac.th

TIMA President:
Dr. Hamzah Kaday Tel: +66 935838503 (WhatsApp)

Conference Chair:
Dr. Muhammad Mokmula Tel: +66 898709474 (WhatsApp)

FIMA Central Secretariat Liaison:
Mr. Mohammad Asim Tel: +92 3129789171,
Email: fima.info1@gmail.com

*Environmental Health
for Sustainable Future*

Dear FIMA Delegates,

It is our immense pleasure to welcome you to the TIMA-FIMA Scientific Convention 2026 and the 43rd Federation of Islamic Medical Associations (FIMA) Council Meeting, to be held from 2 to 6 September 2026 in Hat Yai, Songkhla, Thailand.

We are deeply honored to welcome distinguished guests, healthcare professionals, researchers, academicians, and delegates from Islamic Medical Associations (IMAs) around the world to Southern Thailand.

This year's convention provides an important international platform for participants to exchange knowledge; share innovations in medicine, public health, environmental health, and healthcare innovation; and strengthen collaboration among Islamic medical professionals. We hope this convention will be a rewarding academic, professional, and cultural experience for all participants.

The TIMA Committee

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Preliminary Programme

Date	Programme & Venue	
	Track A: FIMA Council	Track B: Scientific Convention & Activities
2 Sep 2026	19:00-22:00 Pre-Council FIMA Executive Committee (EXCO) Meeting (Remas Hotel Hat Yai)	
3 Sep 2026	09:00-09:30 Opening Ceremony of the 43rd FIMA Council Meeting (Room 1402, LRC Building, PSU)	15:00-16:30 Songklanagarind Hospital & Healthcare Innovation Tour
	09:30-15:00 The 43rd FIMA Council Meeting (Room 1402, LRC Building, PSU)	17:30-20:00 TIMA Gala Dinner (Remas Hotel Hat Yai)
4 Sep 2026	09:00-11:30 The 43rd FIMA Council Meeting (Room 1402, LRC Building, PSU)	11:45-13:30 Friday Prayer & Lunch Break (PSU Musalla)
	11:30-11:45 Closing Ceremony (Room 1402, LRC Building, PSU)	13:30-14:00 Opening Ceremony of the TIMA-FIMA Scientific Meeting 2026 (Theatre 3409, Faculty of Management Science, PSU)
		14:15-16:00 Keynote Session Environmental Health for Sustainable Future (Theatre 3409, Faculty of Management Science, PSU)
		17:00-20:00 Hat Yai & Songkhla City Tour (Optional, Self-sponsored)

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Preliminary Programme

Date	Programme & Venue	
	Track A: FIMA Council	Track B: Scientific Convention & Activities
5 Sep 2026		09:00-17:00 TIMA Scientific Conference 09:00-12:00 Symposium 1 & Symposium 2 09:00-16:00 CIMCO Seminar & IHC Seminar 13:00-14:00 Special Lecture Islamic Perspectives on Public and Environmental Health 14:00-16:00 Oral Presentations (PSU Science Park) 16:00-16:30 Awards Presentation & Closing Ceremony (Main Hall, PSU Science Park)

6 Sep 2026

06:00-21:00
Pattani Excursion
(Optional, Self-sponsored)
(Yala & Pattani Province)



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Additional Delegates & Observers

Additional delegates and observers are welcome to register and attend the 43rd TIMA-FIMA Council Meeting and Scientific Convention, IHC and CIMCO Seminars, and the 1st TIMA International Conference.

International Participants
Registration

1000 USD

FIMA Council
Meeting

500 USD

TIMA-FIMA
Scientific
Convention
IHC & CIMCO
Seminar

450 USD

Pattani Excursion
Package

50 USD
(Optional add-on)

Rates include accommodation at Remas Hotel Hat Yai with breakfast, registration, conferencing, lunch and Gala dinners.

Important Contacts

For registration support, personalized official visa invitation letters, accommodation queries, or abstract submissions, please reach out to the corresponding secretariat as follows:

General Programme & Invitation Letters:

TIMA International Affairs: Asst. Dr. Hasanah Pairah
Tel: +66 801370036 (WhatsApp) Email: timathailandorg@gmail.com

TIMA Secretariat Committee: Miss Madina Makeng

Tel: +66 905946688 (WhatsApp) Email: madina@bcnyala.ac.th

TIMA President: Dr. Hamzah Kaday Tel: +66 935838503 (WhatsApp)

Conference Chair: Dr. Muhammad Mokmla Tel: +66 898709474 (WhatsApp)

FIMA Central Secretariat Liaison: Mr. Mohammad Asim Tel: +92 3129789171 Email: tima.info1@gmail.com

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Registration Details

Online registration via the official portal is mandatory for all international delegates, observers, and accompanying family members.

Google Registration Form: <https://forms.gle/zweh9xLpJJpNbLn16>

Abstract Submission: <https://forms.gle/YDMYrcwUuBDS7gJ9>

Important Dates

15 Jul 2026	Registration Deadline for Islamic Medical Associations (IMAs)
20 Jul 2026	Abstract Submission Deadline
15 Aug 2026	Notification of Abstract Acceptance
20 Aug 2026	Registration Deadline
4 Sep 2026	Payment Deadline

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Official Delegates Package

Two official delegates from each IMA are offered a twin sharing accommodation (one room for each IMA) for 2 nights. All IMAs are requested to notify two official delegates to FIMA secretariat.

The following are complementaries from the host:

- One twin sharing room for 2 nights (2-4 Sep 2026) including breakfast at Remas Hotel Hat Yai
- Airport pick and drop
- Registration and conferencing at the 43rd TIMA-FIMA Council Meeting and Scientific Convention sessions (2-4 Sep 2026)
- All lunches and Gala dinners

Delegates are expected to arrive on 2 September 2026 and check in the hotel on the afternoon of 2 September. Should the official delegates require a single room to share with accompanying spouse, or extend their stay, they should make their own arrangements.

FIMA Exco members should also arrive by afternoon on 2 September to attend the pre-council FIMA Exco Meeting in the evening.

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IHC Seminar 2026

**ISLAMISATION OF
HEALTHCARE SERVICES:
A GLOBAL DAKWAH PLATFORM FOR
THE FIMA FRATERNITY**

**5 SEPTEMBER 2026
SATURDAY**

This seminar brings together healthcare leaders, professionals and stakeholders from around the world to review the progress of the Islamisation of healthcare services, share best practices in implementing Ibadah-Friendly Hospitals, and promote Islamic chaplaincy as a powerful platform for dakwah bil hal.

Seminar Objectives

- Review the current progress of the Islamisation of healthcare services worldwide.
- Share best practices in implementing Ibadah-Friendly Hospitals across different regions.
- Promote Islamic chaplaincy as an effective platform for dakwah bil hal.
- Strengthen collaboration among FIMA member associations.
- Introduce the FIMA Ibadah-Friendly Hospital Accreditation Programme as a global benchmark for excellence in Islamic healthcare.

Programme

9:00-9:45 am	Islamisation of Healthcare Services: Where Are We Now? Dr. Ishah Masud Islamic Hospital Consortium (IHC-FIMA)
9:45-10:30 am	From Syariah Hospital to Ibadah-Friendly Hospital: Sharing MUKOSI Experiences Dr. Sagiran (MUKOSI)
10:30-11:15 am	Islamic Chaplaincy - As a Dakwah Platform Sis Rehana Sadiq (United Kingdom)
11:15-12:00 pm	Update in Implementing IFH in Nigeria / African Continent Prof. Dr. Salisu
12:00-12:45 pm	Challenges in Implementing and Integrating Tawhidic Values in Muslim Countries - Pakistani Experiences Prof. Dr. Zahid (Alhidmat Foundation Pakistan)
12:45-2:15 pm	SOLAT & LUNCH
2:15-3:00 pm	Implementing IFH in Mindanao - What Can We Learn? Dr. Sherjan
3:00-3:45 pm	IFH Accreditation Programme under FIMA
3:45-4:00 pm	Open Forum, Discussion & Recommendations
4:00 pm	CLOSING REMARKS & END OF SEMINAR

Let us HEAL
Let us SERVE
Let us INVITE

“Healthcare is not only a profession, it is an act of worship and a means of dakwah.”

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CIMCO Seminar 2026

SATURDAY, 5 SEPTEMBER 2026

09:00 - 12:00

Session 1: Curriculum Islamic Medicine

Speakers:

- 1. Dr. Praphaporn Langputeh**
Lecturer, Faculty of Nursing, Songkhla Rajabhat University, Thailand
- 2. Prof. Dr. Kaziba Abdul Mpaata**
Islamic University in Uganda (IIU), Uganda
- 3. Dr. Abdullah Bajaber**
Islamic Medical Association (IMA), Kenya

Moderator: Ida Royani, Islamic Medical Association (IMA), Indonesia

13:00 - 16:00

Session 2: Panel of Experts on Research in Islamic Medicine

Speakers:

- 1. Prof. Dr. Sharif Kaf Al-Ghaza**
Islamic Medical Association (IMA), British
- 2. Prof. Dr. Mohammad Iqbal Khan**
Islamic Medical Association (IMA), Pakistan

Moderator: Dr. Naziru Rashid, Islamic Medical Association (IMA), Uganda

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TIMA-FIMA Scientific Convention

Symposium 1: Disaster Health Management

SATURDAY, 5 SEPTEMBER 2026

1. FIMA: Challenges and Solution of Setting-up a Medical Disaster Response Team as an NGO

Dato' Dr. Musa Mohd Nordin

Chairman, FIMA Advisory Council, Federation of Islamic Medical Associations (FIMA), Malaysia

Experience and expertise

- Founder of IMARET (IMAM Response and Relief Team)
- Advocate for child vaccination

2. PSU: Healthcare Facility Management During the Had Yai Flood in 2025

Prof. Dr. Rungsun Bhurayanontachai, M.D.

Vice Dean for Hospital Affairs and Songklanagarind Hospital Director, Faculty of Medicine, Prince of Songkla University, Thailand

Experience and expertise

- Management of healthcare facility of Had Yai flooding in 2025
- Intensive care medicine, especially sepsis and intensive care outcomes

3. TIMA: International Disaster Response System

Dr. Kasemsuk Yothasamutr, B.(Med) Sc. (Hons), MBBS.

Deputy-Director, Division of Medical Technical and Academic Affairs, Department of Medical Services, Ministry of Public Health, Thailand.

Experience and expertise

- International disaster response
- Disaster response framework of UN and ASEAN
- Emergency and prehospital emergency medicine

Moderator: Asst. Prof. Dr. Hasanah Pairon

TIMA International Affairs, Lecturer of Kuliyah of Nursing, IIUM, Malaysia

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TIMA-FIMA Scientific Convention

Symposium 2: Healthcare System Resilience for Climate Change

SATURDAY, 5 SEPTEMBER 2026

1. FIMA: Green health care and sustainable hospitals

Dr. Sherjan Kalim.

Experience and expertise

- Green health care and sustainable hospitals.
- Ibadah-friendly hospital
- Pathologist

2. TIMA: Hospital Management of Flood using the Flood Care Platform

Dr. Shareef Hayibuesa

Assistant-Director for Infrastructure Development, Environment and Safety, Pattani Hospital. Ministry of Public Health, Thailand.

Experience and expertise

- Hospital preparedness for flood management
- Emergency medicine

3. PSU: Role of Epidemiology Towards Health System Management from Climate Change Impact

Prof. Dr. Tippawan Liabsuetrakul, M.D., Ph.D.

Head of Department of Epidemiology, Director of Center for Global Health Research and Innovation (C-GHRI), Faculty of Medicine, Prince of Songkla University

Experience and expertise

- Health systems research
- Epidemiology
- Maternal and reproductive health

Moderator: Asst. Prof. Dr. Muhammadfahmee Talek M.D., Ph.D.

Faculty of Nursing, Prince of Songkla University, Pattani Campus, Thailand

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Excursion Highlight: Pattani Excursion (6 September 2026)

"Discover the rich historical tapestry and multicultural heritage of Southern Thailand"

- 06:00** Departure from Hat Yai
- 08:00** Traditional breakfast at Mit Maitree Restaurant, Yala
- 09:30** Academic briefing and institutional visit at Faton University
- 11:30** Clinical overview: Thai traditional medicine, facility tour, and lunch hosted by Pattani Hospital
- 13:00** Spiritual visit and photography session at the iconic Pattani Central Mosque
- 14:00** Historical exploration of the ancient "Kru Se Mosque" and Malay Kingdom heritage sites
- 16:00** Local shopping and community engagement at the Green Market, Prince of Songkla University (Pattani Campus)
- 17:30** Official courtesy call and local dinner hosted at the "Pattani Governor's Residence"
- 21:00** Safe arrival back to Hat Yai



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Travel Entry Requirements for FIMA Delegates Visa, Health Certificate, and Travel Requirements by Country

This summary provides the entry requirements for delegates attending the 43rd FIMA Council Meeting and the TIMA-FIMA Scientific Convention 2026 in Hat Yai, Thailand. **Please review your country's travel requirements carefully before booking your flight. If you require an invitation letter or visa support documents, please contact the Conference Secretariat.**

Travel Entry Requirements for FIMA Delegates

No.	Country	Visa	Yellow Fever Certificate	Ebola Quarantine (21 days) DR Congo - Uganda	Action Required
1	Afghanistan	✓			Apply for Visa
2	Australia	✓			None
3	Bangladesh	✓			Apply for Visa
4	Ghana	✓	✓		Visa + Yellow Fever Certificate
5	Indonesia	✓			None
6	Jordan	✓			None
7	Kenya	✓	✓		Visa + Yellow Fever Certificate
8	Lebanon	✓			Apply for Visa
9	Malawi	✓			Apply for Visa
10	Malaysia	✓			None
11	Mauritius	✓			None
12	Nigeria	✓	✓		Visa + Yellow Fever Certificate
13	Pakistan	✓			Apply for Visa
14	Palestine	✓			Apply for Visa
15	Philippines	✓			None
16	South Africa	✓			None
17	Somalia	✓	✓		Check passport & travel route
18	South Africa	✓			None
19	Sri Lanka	✓			None
20	Tanzania	✓			Apply for Visa
21	Turkiye	✓			None
22	Uganda	✓	✓	✓	Visa + Yellow Fever Certificate + 21-day Quarantine
23	United Kingdom	✓			None

Legend

✓ Required

✗ Not required

⚠ Depends on passport type and travel route (please check details)

1. Yellow Fever Certificate is required ONLY if arriving from a country with risk of Yellow Fever.

2. Ebola Quarantine (21 days) applies ONLY to travellers coming from or through DR Congo or Uganda.

(As of 27 May 2026, 18:00 onwards)

Notes

- The information provided is for general guidance only and is subject to change without prior notice.
- Delegates are strongly encouraged to verify the latest entry requirements with the **Royal Thai Embassy or Consulate in their country before travelling.**
- Delegates transiting through other countries should also check the entry and transit requirements applicable to their travel route.
- For assistance with visa support letters, please contact the conference secretariat.

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5 September 2026 (Saturday)
As part of the TIMA-FIMA Scientific
Convention 2026 and the 43rd FIMA
Council Meeting

FIMA International Seminar 2026

Islamisation of Healthcare Services:
A Global Dakwah Platform for the
FIMA Fraternity

We warmly invite healthcare
professionals, nurses, academics, and
interested participants to join this

special seminar featuring knowledge
sharing and international experiences
in developing healthcare services
based on Islamic principles.

Key Topics:

- Progress in the Islamisation of Healthcare Services
- Ibadah-Friendly Hospitals (IFH)
- Islamic Chaplaincy as a platform for Dakwah
- IFH implementation experiences from different

countries

- IFH Accreditation Programme under FIMA
- Open Forum and recommendations for future development

Learn, share, and strengthen
international collaboration in Islamic
healthcare.

Healthcare is not only a profession, it
is an act of worship and a means of
dakwah.



Organized by:

FIMA

**Federation of Islamic
Medical Associations**

— FIMA INTERNATIONAL SEMINAR 2026 —

ISLAMISATION OF HEALTHCARE SERVICES:

A GLOBAL DAKWAH PLATFORM FOR THE FIMA FRATERNITY

This seminar brings together healthcare leaders, professionals and stakeholders from around the world to review the progress of the Islamisation of healthcare services, share best practices in implementing Ibadah-Friendly Hospitals, and promote Islamic chaplaincy as a powerful platform for dakwah bil hal.



**5 SEPTEMBER 2026
SATURDAY**

SEMINAR OBJECTIVES

-  Review the current progress of the Islamisation of healthcare services worldwide.
-  Share best practices in implementing Ibadah-Friendly Hospitals across different regions.
-  Promote Islamic chaplaincy as an effective platform for dakwah bil hal.
-  Strengthen collaboration among FIMA member associations.
-  Introduce the FIMA Ibadah-Friendly Hospital Accreditation Programme as a global benchmark for excellence in Islamic healthcare.



“Healthcare is not only a profession, it is an act of worship and a means of dakwah.
LET US HEAL.
LET US SERVE.
LET US INVITE.



“Whoever saves a life, it is as if he had saved all mankind.”
(Al-Ma'idah 5:32)

PROGRAMME

9.00 – 9.45 am	Islamisation of Healthcare Services: Where Are We Now? Dr Ishak Masud Islamic Hospital Consortium (IHC-FIMA)	
9.45 – 10.30 am	From Syariah Hospital to Ibadah-Friendly Hospital: Sharing MUKISI Experiences Dr Sagiran (MUKISI)	
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11.15 am – 12.00 pm	Update in Implementing IFH in Nigeria / African Continent Prof. Dr Salisu	
12.00 – 12.45 pm	Challenges in Implementing and Integrating Tauhidic Values in Muslim Countries – Pakistani Experiences Prof. Dr Zahid (Alkhidmat Foundation Pakistan)	
12.45 – 2.15 pm	SOLAT / LUNCH	
2.15 – 3.00 pm	Implementing IFH in Mindanao – What Can We Learn? Dr Sherjan	
3.00 – 3.45 pm	IFH Accreditation Program under FIMA	
3.45 – 4.00 pm	Open Forum, Discussion & Recommendations	
4.00 pm	CLOSING REMARKS & END OF SEMINAR	



FIMA
Federation of Islamic Medical Associations
اتحاد الجمعيات الطبية الإسلامية

PSU
PRINCE OF
SONGKLA
UNIVERSITY

43rd FIMA Council Meeting

การประชุมสภาสมาพันธ์สมาคมแพทยมุสลิมโลก ครั้งที่ 43

3-4 September 2026



Public Policy Institute, Prince of Songkla University
Faculty of Medicine, Prince of Songkla University



FIMA
Federation of Islamic Medical Associations
اتحاد الجمعيات الطبية الإسلامية



**PRINCE OF
SONGKLA
UNIVERSITY**

TIMA-FIMA 2026 Scientific Convention

"Environmental Health for a Sustainable Future"

4-5 September 2026



Faculty of management science, PSU.
PSU, Science park



FIMA
Federation of Islamic Medical Associations
اتحاد الجمعيات الطبية الإسلامية

PSU
PRINCE OF
SONGKLA
UNIVERSITY

The 43rd FIMA Council Meeting and TIMA-FIMA Scientific Convention 2026

"Environmental Health for Sustainable Future"

3 - 5 September 2026

Prince of Songkla University,
Hat Yai District, Songkhla Province, Thailand



FIMA
Federation of Islamic Medical Associations
اتحاد الجمعيات الطبية الإسلامية



**PRINCE OF
SONGKLA
UNIVERSITY**

"Environmental Health for Sustainable Future"

"Environment and Human Health for Sustainability"

4 September 2026



theater room 3409,
Faculty of management science, PSU



Prof. Dr. Sanit Aksornkoae
Chairman of the University Council, PSU

TIMA-FIMA Scientific Convention 2026



"Environmental Health for Sustainable Future"

Symposium 1

Disaster Health Management

5 September 2026

PSU, Science park



Asst. Prof. Dr. Hasanah Pairah
Kuliyah of nursing International
Islamic University Malaysia (IIUM)

- 1 Challenges and Solution of Setting-up a Medical Disaster Response Team as an NGO :
Dato' Dr. Musa Mohd Nordin
Chairman, FIMA Advisory Council Federation of Islamic Medical Associations (FIMA), Malaysia
- 2 Healthcare Facility Management During the Had Yai Flood in 2025 :
Prof. Prasit Wuthisuthimethawee, M.D.
Associate Head for Research, Division of Emergency Medicine, Faculty of Medicine, Prince of Songkla University
- 3 International Disaster Response System
Dr. Kasemsuk Yothasamutr, B.(Med) Sc. (Hons), MBBS.
Deputy-Director, Division of Medical Technical and Academic Affairs, Department of Medical Services, Ministry of Public Health, Thailand.



"Environmental Health for Sustainable Future"

Environmental Health for Sustainable Future

4 September 2026

theater room 3409,
Faculty of management science, PSU



Keynote speaker :

- 1 **Prof. Dr. Hafeez ur Rahman**
Executive Director, Federation of Islamic Medical Associations
- 2 **Prof. Dr. Muhammad Wasay**
Age Khan University, Pakistan
- 3 **Assoc. Prof. Dr. Winai Dahlan**
Founder and Former Director, Halal Science Center, Chulalongkorn University, Thailand



"Environmental Health for Sustainable Future"

Islamic Perspective on Public & Environmental

5 September 2026

Sky Blue Auditorium ,PSU Science park

Dato' Prof. Dr. Mohd Asri Zainul Abidin,
Mufti of Perlis, Malaysia



"Environmental Health for Sustainable Future"

Symposium 2

Healthcare System Resilience for Climate Change

5 September 2026

PSU, Science park



Asst. Dr. Muhammadfahmi Taleh, M.D., Ph.D.
Faculty of Nursing , PSU, Pattani campus



- 1 Role of Epidemiology Towards Health System Management from Climate Change Impact.
Prof. Dr. Tippawan Liabsuetrakul, M.D., Ph.D.
Head of Department of Epidemiology, Director of Center for Global Health Research and Innovation (C-GHRI) Faculty of Medicine, PSU.
- 2 Hospital Management of Flood using the FloodCare Platform.
Dr. Shareef Hayibueso, M.D.
Assistant Director for Infrastructure Development, Environment and Safety, Pattani Hospital, Ministry of Public Health, Thailand.
- 3 Green health care and sustainable hospitals
Dr. Sherjan Kalim
IMA, Philippines

BOSNIAN ISLAMIC MEDICAL ASSOCIATION (BIMA) HOLDS A FREE MEDICAL CAMP AT KARMENICA NEAR ZVOTNIK

THE GOOD NATIONAL TEAM DOESN'T PLAY FOR MEDALS - IT PLAYS FOR THE HUMAN

While Bosnia and Herzegovina at the 2026 World Cup for years of dreaming of new victories and going to the next phase of the competition, there is also one other national team that has been playing continuously for its people for almost 30 years "representation of good".

Medical Association BIMA yesterday was in its 109th the mission, in Kamenica near Zvornik, once again showed what it means to be with a heart next to a man. The most valuable things, care, attention, knowledge and time have been left behind, gifted and gifted.

390 views, 620 medical services

There are people behind these numbers. Someone's relief. Someone's smile. One's hope is not forgotten.

Our wing "With a heart for man" is not just a slogan. It's the road we've been walking for almost three decades, from door to door, from village to village, coming where help often does not come.

While some represent Bosnia and Herzegovina on the football fields of the world, our physicians, medics and volunteers represent her most beautiful face where a man needs help the most.

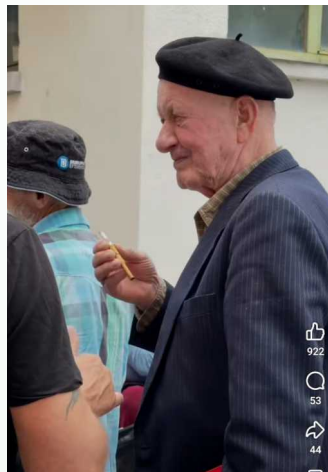
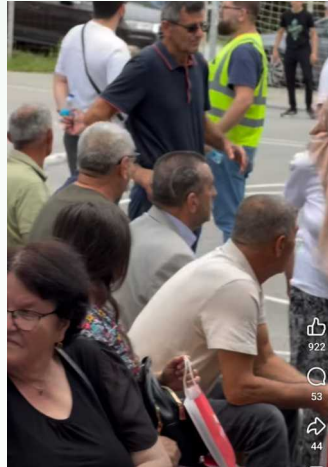
That's why we don't talk about obstacles, criticisms and challenges

today. We are talking about good people who have donated their free time to others. Talk about humanity that has no price. We are talking about a heart that beats for a man.

Thanks to all the volunteers, health workers, hosts and friends of BIMA who were part of another great victory.

We extend our special gratitude to our partners and teammates in this mission of good, in particular with the Office for Social Welfare of the Rijasat of the Islamic Community in Bosnia and Herzegovina and Pomozi.ba, as well as everyone else to the friends of the organization, institutions and individuals who with their contributions made it possible to reach 109 mission of BIMA will be successfully realized.







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www.jbima.com



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Islamic Medical Ethics: A Legacy of
Compassionate Care
Maryam Ellam, Safiya Kheratkar

Supporting International Medical Graduates Through AI-
Enabled Clinical Workflow and Learning Support in UK
Primary Care
Paul McNamara, Rachel Dalby, Nabihah Afzal

Elderly Care in the History of Islamic Medicine: Ethical
Foundations, Institutions, and Clinical Thought
Mamoun Mobayed

Integrating Lifestyle Medicine, Preventive Health, and
Holistic Care - The Role of the CaRing4CuRe Startup in
Community- Based Health Promotion
Adeela Rehman

Faith and Culturally-Aware Women's Health
Education: Insights from Community and Healthcare
Engagement
*S Hussaini, K Saintal, A Faisal, R Awawdeh, L
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Pilot Study on Predictors of Vaccine Hesitancy
among Muslim-Americans: The Roles of Trust,
Religiosity, and Political Beliefs
Marina Ali, William Sorensen, Cheryl Cooper

Dr. Hassan Najjar, The Physician of the Nation and
Its Living Conscience - Obituary
Tammam Kilani

Mental Health in the Islamic Golden Age: al-Balkhi and
Early Descriptions of Obsessive-
Compulsive Disorder
*Usman Abdul-Quayum, Suleman Jehanger,
Ayan Adnan Shaukat, Imran Ali, Asim Yusuf*

Beyond Mufti Shafi's Fatwa: A CACDA study
of the Responses of BSAMs to the NHSBT
material on organ donation
Mufti Usman Maravia

Presence, Dignity, and Moral Responsibility:
Ethical Reflections on Virtual Visiting in
Intensive Care.
Sultan Hatab

Some achievements of Arab and Muslim
Physicians have been wrongly attributed to
Western Physicians
Abdulnaser Kaadan

Editorial
Sharif Kaf Al-Ghazal



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About the Journal

International Journal of Human and Health Sciences (IJHHS) is an international, independent, double-blind peer reviewed, Open Access and online publishing journal, which intended to provide a multidisciplinary forum for the exchange of ideas and information among professionals concerned with medicine and allied disciplines in the world.

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Current Issue
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Dear Sir and Madam. We are pleased to inform you that the October 2026 issue of the IJHHS has been Published. It contains Research based articles from different continents of the World. This is a prestigious journal from FIMA-CIMCO fraternity. Please

IJHHS

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(FIMA)



go through the table of contents and share with friends and colleagues. Try to get the highest readings and citations.

My Heartfelt thanks and Gratitude to my Colleagues Dr. Sadat (Canada), Mr. Fahmid (Bangladesh), Dr. Putri

(UNISSULA, Indonesia), Prof. Aneesa (Malaysia), Prof. Fahmida (Bangladesh), Prof. Handan Ankarali and Prof. Taiyiba (Turkiye).

Regards
Prof. Abu Kholdun AL Mahmood
Editor in Chief

A condolence reference in memory of Dr. Muhammad Azam, former General Secretary of PIMA, was held on 1 August at Razi Hospital, Rawalpindi, jointly organized by PIMA North Punjab and PIMA Women Branch.

A large number of PIMA members, colleagues, family members, and healthcare

professionals attended the gathering. Speakers paid tribute to the late Dr. Muhammad Azam for his professional excellence, organizational services, and humanitarian contributions.

The speakers included Dr. Iftikhar Burney (President PIMA North Punjab), Mr. Abuzar (son of the late Dr.

Muhammad Azam), Dr. Usman Zafar (MS Razi Hospital), Dr. Babar Saeed Khan (former General Secretary PIMA), Brig. Dr. Asif Nawaz (former President PIMA Rawalpindi) and Dr. Yaqoob Mirza, who addressed the participants and shared their tributes and memories of the deceased.

CONDOLENCE REFERENCE in Memory of Dr. Muhammad Azam



DR HASSAN NAJJAR; THE FIMA STALWART IN EUROPE, PASSED AWAY

“And whoever saves one life, it is as if he has saved all of mankind.”

On April 25, 2026, one of the brightest chapters of Arab medicine in the Diaspora came to a close. Dr. Hassan Najjar, passed away at the age of 91, after a life spent as a healer of wounds—both of individuals and of nations— and as a defender of the oppressed, from Aleppo to Bosnia to Gaza.

This is a comprehensive documentary account of a man who was not merely an individual, but an institution walking on two feet.

First: The Physician and Surgeon... From Istanbul to Stuttgart

Birth and upbringing: Dr. Hassan Najjar was born in 1935 in the city of Aleppo, into a distinguished patriotic family. His father, Yassin Najjar, was among the notable figures of Aleppo who resisted French colonialism.

Education: He completed his secondary education in 1952 and graduated from the Faculty of Medicine at Istanbul University.

He later specialized in general surgery in West Germany, training in Hanover hospitals until he attained the rank of Senior Consultant Surgeon.

Return to the Homeland: He worked as a physician in Morocco, in the city of Youssoufia, before returning to Aleppo in 1970. There, he contributed to the establishment and development of Aleppo Private Hospital (formerly Hanano), where he headed the surgery department and became one of the pioneers who introduced modern surgical practices to the city.

Second: Between Imprisonment and Assassination Attempt... The Price of a Free Word

Dr. Hassan's path was not paved with ease. He paid dearly for his principles:

1. He was arrested in 1979 under the former regime of Hafez al-Assad, as part of a campaign targeting intellectuals and independent physicians.



2. In 1980, he survived an assassination attempt when intelligence forces stormed the operating room during a procedure. He was forced to leave Syria for Germany after a warning from an honorable officer that his name was on an execution list.

Exile did not silence him. He opened a clinic in Stuttgart and transformed his personal suffering into a public cause.

Third: The Architect of Arab Physicians in Europe... 25 Years of Building

In Germany, Dr. Hassan chose not comfort, but construction:

1. He founded the Union of Arab Physicians in Europe and served as its president for 25 years, transforming it from an idea into the most powerful Arab medical body in the diaspora.

2. A pioneer of medical conferences, he was the driving force behind launching Arab medical conferences from Europe to Arab capitals, connecting thousands of physicians, transferring knowledge, and opening training opportunities for young Arab doctors.

3. He insisted on continuing the “Arab Physician” medical journal as the only Arabic-language medical publication issued in Europe, believing that the

Arabic language can encompass all sciences.

4. In 2008, he signed a historic twinning agreement in Vienna between the Union of Arab Physicians in Europe and the Union of Arab Physicians and Pharmacists in Austria.

5. He contributed to numerous medical and educational initiatives, including Al-Andalus University in Al-Qadmous, Syria, where he served as Chairman of the Board of Trustees—his body in Germany, but his heart in the homeland.

Fourth: The Relief Doctor... From Bosnia to Palestine to Syria

Dr. Hassan believed that “medicine without humanity is an incomplete profession.” He personally led medical relief missions to every place where wounds were bleeding:

1. Afghanistan: During the Soviet occupation, he carried his surgical kit into dangerous areas مناطق to treat the wounded and civilians.

2. Bosnia and Herzegovina: In the 1990s, he was among the first Arab physicians to reach besieged Sarajevo, working in field hospitals under bombardment and saving hundreds of lives from genocide.

3. Palestine – Gaza: Palestine was never absent from his heart. He joined medical delegations that broke the siege on Gaza, performed complex surgeries under near-impossible conditions, and trained local doctors.

4. The Arab and African worlds: From Somalia to Yemen to refugee camps, he left his mark wherever there was suffering.

Fifth: Defender of Detainees... The Voice of the Voiceless

Dr. Hassan never forgot those behind bars. He was active in advocating for Syrian detainees—including his own brother—through international human rights organizations such as Amnesty International.

He turned his office in Stuttgart into an

operations room for documenting violations and corresponding with European parliaments.

He believed that defending a prisoner's freedom is no less important than removing a tumor from a patient's body.

Sixth: With the Syrian Revolution... The Doctor Returns at Seventy-Seven

When the Syrian revolution erupted in 2011, he was 77 years old. While others retired, he put on his white coat once again:

1. He established medical centres in Reyhanlı and Antakya along the Turkish border to treat wounded civil Syrians and displaced.

2. He personally worked shifts in an emergency clinic with twenty beds, performing surgeries, visiting camps, and following up on the needs of the displaced. 3. He conveyed the suffering of the Syrian people to medical and human rights forums across Europe, becoming a voice of the revolution in international conferences.

Conclusion: The Knight Has Passed... The School Remains

What can be written in elegy for such a man? We write that he was the physician of the nation and its living conscience. We write that he combined the surgeon's scalpel with the heart of a revolutionary, the

precision of a scholar with the compassion of a human being. We write that the Union of Arab Physicians he founded, the conferences he launched, and the patients he healed in Bosnia, Gaza, Aleppo, and Antakya all testify that he truly "saved all of mankind."

Rest in peace, O father of surgeons. You have left us a school whose name is this: to be a physician is to be, first and foremost, a human being.

Your legacy is a trust upon our shoulders—your students in Europe and the Arab world—and it will not be lost.

IMANA EYE HEALTH PROGRAM PROVIDES IMPRESSIVE SERVICES IN PAKISTAN

August is National Eye Exam Month and Children's Eye Health & Safety Month — a good moment to talk about one of the quietest injustices in global health.

Cataract surgery is among the most cost-effective operations in all of medicine. It is also, for millions of people, completely out of reach.

So someone stops working. Stops cooking. Stops recognising faces. A child is pulled out of school to guide a grandparent. One untreated condition reorganises an entire household.

IMANA runs free cataract surgeries in remote parts of

Bangladesh with local partners, and since 2017 has worked with an ophthalmology team across Punjab, Khyber-Pakhtunkhwa and Azad Kashmir — free eye exams, cataract surgery, minor procedures.

The operation is short. The wait is

the tragedy.

Support this work: imana.org

#ImanaCares #EyeHealth
#CataractSurgery #GlobalHealth
#Bangladesh #Pakistan
#HealthcareAccess



Praise be to Allah (SWT) in all humbleness.

PIMA is delighted to share the release of the very first issue of its peer-reviewed journal, the PIMA Journal of Health Sciences (PIMAJHS)

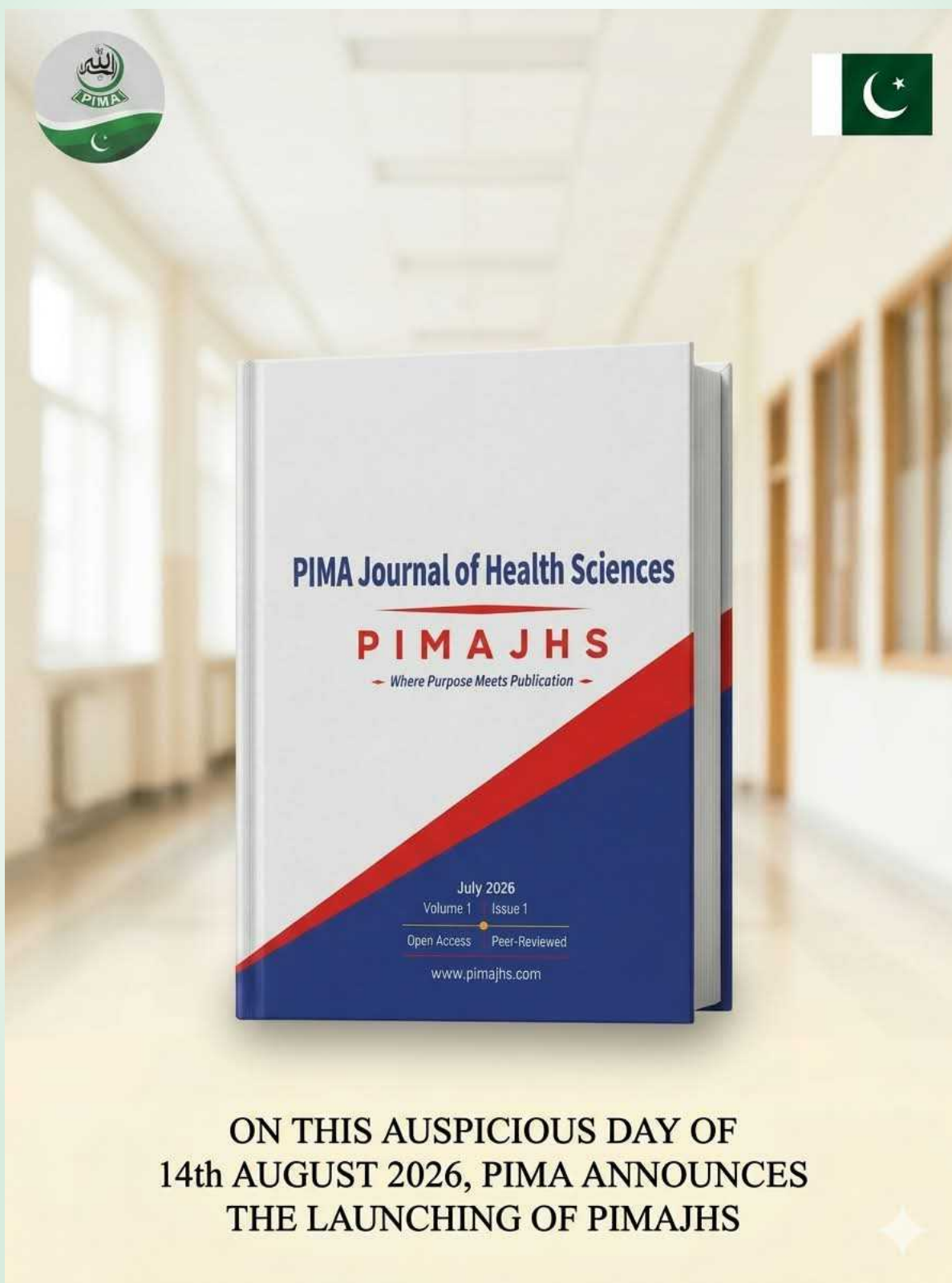
The journal is fully accessible both online and in hard copy.

For Journal Introduction: Learn more at the PIMAJHS Homepage by visiting the website:

www.pimajhs.com

To access inaugural issue online click at:

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**ON THIS AUSPICIOUS DAY OF
14th AUGUST 2026, PIMA ANNOUNCES
THE LAUNCHING OF PIMAJHS**



Youth Protection Project

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Dr. Abdul Hamid Al-Qudah

B.Sc, M.Sc, M.Phil, Dp.Bact, Ph.D (U.K)

Specialist in Medical Microbiology and Serology
Federation of Islamic Medical Associations



Federation of Islamic
Medical Associations

7-8-2026

"So Take Heed" Newsletter No. 404

Written by Dr. Abdul Hamid Al-Qudah, may Allah have mercy on him

The Space of What Is Possible!!

- ◆ Professor Dr. Mohammad Al-Tawalbeh advises and says: "Do not stand there grieving because you have not completed the Qur'an every three days, or because you have not spent the entire night in prayer, or because you have not built a mosque or an orphanage... Do not wait too long on the pavement of deprivation, thinking about something distant that you have not attained. Instead, think about the space of what is possible for you. You can read, even if only a few pages; pray, even if only a few prostrations; and give charity, even if only with a few dates."
- ◆ A woman did whatever good was possible for her, unexpectedly, and gave water to a dog—"and she entered Paradise"!! A man also did the good that Allah made easy for him: he removed a thorny branch or a tree from the road, and he received forgiveness from Allah!
- ◆ The path to Allah is measured by moving forward." In the authentic hadith from the Prophet ﷺ: "Allah Almighty says: I am as My servant expects Me to be, and I am with him when he remembers Me. If he remembers Me within himself, I remember him within Myself; and if he remembers Me in a gathering, I remember him in a better gathering. If he draws near to Me by a handspan, I draw near to him by an arm's length; if he draws near to Me by an arm's length, I draw near to him by a fathom; and if he comes to Me walking, I come to him at speed."
- ◆ So do not stop, considering a single step insignificant, and do not stop while waiting for a great leap. A small deed done consistently is better than a great deal that is abandoned: a kind word, advice, a message, sharing part of a date, comforting someone, saying words of remembrance or proclaiming Allah's oneness, a smile, or bringing happiness into the heart of a Muslim... As mentioned in an authentic hadith from the Prophet ﷺ:
"Do not belittle any good deed, even if it is merely meeting your brother with a cheerful face."
- ◆ Remember every night: do not hold yourself accountable for an impossible thing you wished for; rather, hold yourself accountable for a possible thing you neglected! For the space of what is possible expands through deeds, not wishes. The most beloved deeds to Allah are those that are consistent, even if they are few. Do not abandon the path of striving, do not allow heedlessness to settle in your heart, do not stop supplicating, and do not simply follow your own desires. By Allah's permission, you will reach your destination.

Today Is a Lesson, and Yesterday Is an Experience!!

- ◆ Train your mind to always take hold of the initiative. Be the action, not the reaction... Heroes are not made in training halls; heroes are made from deep things within themselves: determination, dreams, and vision.
- ◆ Success is not measured by the position a person occupies in life, but rather by the difficulties he overcomes... Be organized and upright in your life, and you will achieve outstanding success in your work... Take a lesson from today, and take experience from yesterday.

Gratitude to Allah, Then Gratitude!!

- ◆ If God-consciousness (taqwa) is the ultimate purpose of acts of worship—"so that you may be mindful of Allah"—then gratitude is one of the fruits of taqwa, as Allah Almighty says: "So be mindful of Allah, so that you may be grateful."
- ◆ Gratitude is the challenge that Satan declared, as Allah Almighty says: "And You will find most of them ungrateful." Iblis did not say: 'prostrating,' nor did he say: 'humble,' but rather he said: 'grateful!'
- ◆ Gratitude is the worship of the chosen among Allah's creation, as He says: "And few of My servants are truly grateful."
- ◆ Gratitude is the quality for which Allah praised the prophets: "Indeed, he was a grateful servant." And the Prophet ﷺ said: "Should I not be a grateful servant?"
- ◆ Gratitude prevents punishment. Allah Almighty says: "What would Allah gain by punishing you if you are grateful and believe?" May Allah make us and you among those who are grateful.



For anyone who would like to receive the newsletter, please send a message via WhatsApp to: 00962792365542



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REMAINING MESSAGE OF THE PRESIDENT

Pattani in Thailand. A number of delegates have already arrived to attend the FIMA-TIMA Scientific Convention and 43rd FIMA Council Meeting. It will be preceded by FIMA exco meeting to be attended by FIMA executive committee members and office bearers.

The FIMA council meeting will be held on Friday 3rd and 4th September 2026, It will be followed by a visit to the Songlokanagarind Hospital and healthcare innovation tour. The Gala dinner has been arranged in the evening of 4th September. The formal opening of FIMA-TIMA scientific meeting will be held in the evening with a theme of “Environmental Health for a Sustainable Future”. The sightseeing tour to explore local magical landscape and excursion will be on 6th September.

This great activity provides an important international platform for participants to exchange knowledge; share innovations in medicine, public health, environmental health, and healthcare innovation; and strengthen collaboration among Islamic medical professionals. We hope this convention will be a rewarding academic, professional, and cultural experience for all participants.

It is so heartening to know that an old foundation member of FIMA family, Bosnian Islamic Medical Association is connected again to the mainstream of FIMA activities BIMA is actively

engaged in conducting free medical camps. I look forward to see the BIMA leadership back in FIMA activities.

IMANA Relief has emerged as the flagship of relief activities of Muslim physicians worldwide. IMR is actively engaged in offering medical and humanitarian relief services in a number of countries including Gazza with formula milk distribution plan and Rohingya relief.

With profound grief we announce the passing away of Dr. Hassan Najjar, the founder and president of ARABMED an old member of FIMA. He was an extra ordinary Dawah worker and organized Arab and Muslim doctors working in Europe with headquarter based in Germany.

We also announce the sad news of demise of Dr. Muhammad Azam, the past Secretary General of PIMA, an ardent worker of PIMA.

I urge all the IMAs to ensure their presence in the coming FIMA meeting in Thailand. My best regards and prayers.

Respectful written by



Mohammad Iqbal Khan
President FIMA

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