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e-newsletter of Federation of Islamic Medical Associations Volume 80, Issue Apr. 2024





MESSAGE FROM THE PRESIDENT



In the Name of Allah the Beneficent the Merciful Peace and Blessing be Upon the Messenger

Dear Members of the FIMA Family, Esteemed Sisters and Brothers,

Assalamu Alaikum

We praise and pray to Allah taala that this edition of the Newsletter meets our brothers and sisters from the global FIMA fraternity in the best of health, physically and spiritually.

Continued on Page 16

THE 13TH WAMY UMRAH PROGRAM FOR MEDICAL STUDENTS

The 13th WAMY Umrah Program for medical students, organized by the Islamic Medical Association of the Kingdom of Saudi Arabia (IMAKSA) and the World Assembly of Muslim Youth (WAMY) in collaboration with the Federation of Islamic Medical Associations Students Affairs Chapter (FIMASAC), concluded with resounding success and profound spiritual experiences for all participants. Held from February 21st to 27th, 2024, in the holy cities of Makkah and Medina, the program aimed to deepen the participants' connection to their faith, promote cross-cultural understanding, and foster unity among Muslim medical students worldwide.

A total of 51 medical students from various countries including Indonesia, Malaysia, Kenya, Uganda, Ghana, North Africa, Britain, Nepal, Thailand, Lebanon, Turkey, Canada, the US, Pakistan, Bangladesh, Somaliland, Nigeria, Australia, and Saudi Arabia, nominated by their respective IMAs, enthusiastically participated in the program. Among the 52 delegates, 30 were female and 21 were male.

Upon arrival, delegates received a warm welcome at the airport, with



Editor: Dr. Tanveer Zubairi, Ex. President, FIMA | Assistant Editor: Sajjad Saleem Prof. Dr. Abdul Rashid Abdul Rahman, President, FIMA | Dr. Eka Ginanjar, General Secretary, FIMA

transportation and accommodation arrangements meticulously arranged. Accommodation in both Makkah and Madinah was conveniently located near the Haram. To facilitate effective communication and interaction, participants were grouped into multinational teams of 4 to 5 members each. Additionally, all activities were carefully organized to ensure gender segregation while allowing for meaningful engagement among participants from diverse backgrounds.

The program included visits to various museums and holiest places such as Jabal-e-Uhud, Masjid Quba, the Two Qiblas Mosque, the International Fair and Museum of the Prophet's Biography, the Prophet's Mosque Expansion Exhibition, and the Revelation Museum. The visits were accompanied by knowledgeable guides, and participants were thoroughly briefed on the historical significance of these places.

Daily Quran class was oraganized for the students with expert teachers to improve their recitation and understanding of the Holy Quran. Beyond the spiritual dimension, the program also offered a platform for academic discourse and exchange. Distinguished scholars delivered lectures on various topics, ranging from the ethical dimensions of medical practice in Islam to the intersection of faith and healing. These sessions provided invaluable insights, empowering students to integrate their religious beliefs with their professional aspirations.

Delegates exchanged gifts and souvenirs among themselves, enriching the journey with a sense of community and solidarity. The program provided opportunities for cultural exchange and dialogue among participants, fostering friendships and understanding across diverse backgrounds and nationalities.

The 13th WAMY umrah program not only served as spiritual awakening for us but also demonstrated the true values of patience, brotherhood, tolerance, and compassion which are the central teachings of Islam. Participants returned to their countries with hearts overwhelmed with the sense of gratitude and minds augmented with knowledge and enlightenment. Participants left heart felt messages behind them.

Indeed, it's an honor and pleasure to be invited to the Holy and Sacred land by Allah Subhanahu wata'ala. I can't exaggerate over



the efforts made by IMAKSA, WAMY and FIMA for shouldering our responsibility and guiding us in the holy land, may Allah reward you abundantly said Hamza Ahmad Ahidjo from Nigeria. Another participant, Hassan Ahmed Albiety from Kenya, said, as we have come to an end in this amazing program, I would like to thank Allah SWT for inviting all of us to His holy land. Thanks to WAMY, FIMA and all the organizers including the ones behind the scenes for this spectacular experience.

It is a matter of immense pleasure for me to be a part of such a



distinguished and esteemed program. I feel highly blessed and grateful towards Allah SWT for providing me with this opportunity of performing umrah, visiting the holy shrine of Beloved Prophet (PBUH), and interacting with the Muslim community all over the globe. I would like to thank PIMA for nominating me for this noble cause. It was a wonderful experience and I got to learn a lot about my religion, Islamic history, medical science, and Muslim world. From hospitability to accommodation, transportation, meals, guidance and learning, the program was one of its kind. This incredible



journey deepened my understanding of Islam and instilled within me a sense of purpose and responsibility as a future healthcare professional. May Allah (SWT) accept our Umrah and prayers and bless the organizers (FIMA, IMAKSA and WAMY) with huge reward for their untiring efforts. Ameen! Thanks, PIMA, for nominating me.

Reported by Sawda Aslam 3rd Year MBBS King Edward Medical University, Lahore - Pakistan.













Federation of Islamic Medical Associations

The team of the History of Islamic Medicine (HIM)

at

The Federation of Islamic Medical Associations (FIMA) invites you to attend this webinar

THE INTELLECTUAL CONTRIBUTIONS OF WOMEN IN ISLAMIC MEDICAL HISTORY



- Medical Oncologist, Ohio State University James
 Comprehensive Cancer Center, USA
- President of IMANA (Islamic Medical Association
 of North America)
- Lead of the FIMA Save Earth project
- Working on community service projects in the Columbus area and abroad for more than 10 years.

MODERATOR: PROF. SHARIF KAF AL-GHAZAL

- Consultant Plastic Surgeon, Bradford, UK
- Project Lead, FIMA- History of Islamic Medicine (HIM)
- Ex-President, British Islamic Medical Association (BIMA)
- Board member of Directors, Foundation for Science, Technology and Civilisation (FSTC)
- General Secretary, International Society for the History
 of Islamic Medicine (ISHIM)



BRITISH ISLAMIC MEDICAL ASSOCIATION



Foundation for Science Technology and Civilisation



SUNDAY 21 APRIL 2024



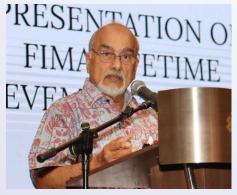
11.00 AM (NEW YORK) 4.00 PM (LONDON) 6.00 PM (MAKKAH) 10.00 PM (JAKARTA)

FIMA LIFETIME ACHIEVEMENT AWARD 2023 PRESENTED TO DR. PARVAIZ MALIK (USA)



Dr. Parvaiz Malik was awarded the FIMA (Federation of Islamic Medical Associations) Lifetime Achievement Award during FIMA 40th annual council meeting in Putrajaya, Malaysia on October 26, 2023. The award recognizes outstanding individuals who demonstrated a lifelong service and dedication to the mission of FIMA, the Islamic Medical Associations and the humanitarian contributions to health and wellbeing of fellow mankind and are an inspiration to others.

Dr Parvaiz Malik is a plastic



surgeon, resident of Princeton, New Jersey USA. He served on the faculty of Department of Plastic Surgery, University of Southern California as an Assistant Professor and currently senior attending plastic surgeon at Penn Med Princeton Medical Center. He is a past president of Islamic Medical Association of North America (2003-2004), past president of FIMA (2009-2013), a member of FIMA Advisory Council and is serving as FIMA Executive Director for USA. He represents FIMA at the United Nation ECOSOC, as FIMA has

consultative status with the council.

The idea of the FIMA newsletter was conceived by Dr. Malik when he was elected president in 2009 and this e-publication has connected all member IMA'S of the world together, sharing their activities and coordinating their work in the field of healthcare and medical relief across the globe. He is a founder of FIMA SaveSmile and has led numerous cleft lip/palate camps in Sudan, Gaza and other countries.





APPEAL TO MUSLIM PHYSICIANS & ALLIED HEALTHCARE PROFESSIONALS TO VOLUNTEER FOR GAZA HOSPITAL



FINA Federation of Islamic Wed ital Associations application of Lislamic Wed ital Associations

President Abdul Rashid Abdul Rahman | Malaysia

Vice President Riyadh Mahdi Abu-Sulaiman | Saudi Arabia

Secretary General Eka Ginanjar | Indonesia

Treasurer Ashraf Jedaar | South Africa

Exco Member Magid Kagimu | Uganda Sharif Kaf Al-Ghazal| UK Hassan Usman Ibrahim | Nigeria Munir Naser Gharaibeh | Jordan Sajed Abdul Khaleque | Bangladesh

Immediate Past President Muhammet Ihsan Karaman | Turkiye

Chairman for Advisory Council Musa Mohd Nordin | Malaysia

> Executive Director Hafeez ur Rehman | Pakistan

Executive Director North America Parvaiz Malik | USA The President Relief Coordinators Islamic Medical Association

Dear Brother/Sister

Assalamu Alaikum!

Since the start of the aggression on Gaza on 7 October 2023, the world has witnessed unprecedent destruction of infrastructure and the decimation of a vulnerable population through military action or disease and starvation.

1 April 2024

Just a small measure of the scale of destruction:

- More than 40,000 killed or buried beneath the rubble, of whom 70% were children, women and elderly
- More than 70,000 severely injured of whom 11,000 are in need of critical care

The health sector has been virtually crippled by the direct assault on the services following years of strangulation and isolation:

- 32 hospitals and 53 health centres have been destroyed or decommissioned
- 126 ambulances destroyed or targeted
- 364 health professionals killed
- 60,000 pregnant women are at risk due to the lack of services
- 700,000 people are suffering with infectious diseases due to the displacement and lack of basic sanitation and hygiene
- 350,000 chronic patients are at risk including a further 10,000 cancer patients

More than 2 million have been displaced from their homes with no access to clean drinking water, food, sanitation and basic hygiene. This has resulted in severe malnutrition, death and disease:

- 28 children have died of famine
- 75,000 suffer with severe infections often multiple

FIMA in collaboration with its partners intend to send medical missions into Gaza to relieve their exhausted colleagues and restore many of the critical services affected by this war. We need your participation and support.

We would most likely require the following categories of critical services/staff (feel free to add any additional services):

- 🜐 www.fimaweb.net
- 🕤 fima.info1@gmail.com 🛛
- @FIMAweb
- 🕤 Fima Official
- official.fima
- General surgeonsOrthopaedic surgeons

Emergency / ICU physicians

- Vascular surgeons
- Paediatric surgeons / and Paediatricians





FIMA Federation of Islamic Medical Associations

President Abdul Rashid Abdul Rahman | Malaysia

Vice President Riyadh Mahdi Abu-Sulaiman | Saudi Arabia

Secretary General

Eka Ginanjar | Indonesia

Treasurer Ashraf Jedaar | South Africa

Exco Member Magid Kagimu | Uganda Sharif Kaf Al-Ghazal | UK Hassan Usman Ibrahim | Nigeria Munir Naser Gharaibeh | Jordan Sajed Abdul Khaleque | Bangladesh

Immediate Past President Muhammet Ihsan Karaman | Turkiye

Chairman for Advisory Council Musa Mohd Nordin | Malaysia

> Executive Director Hafeez ur Rehman | Pakistan

Executive Director North America Parvaiz Malik | USA

- Obstetrics & Gynaecology surgeons
- Urologists
- Anaesthetists and Anaesthetist assistants
- Dermatologists
- Eye surgeons
- ENT surgeons
 - Radiologists and Radiographers
- Burn specialists
- Infectious Disease physicians
- Nursing: theatre / trauma sisters
- Physiotherapists
- Orthotists and Rehabilitation specialists
- Paramedics
- OT and OT assistants
- Lab technologists

Let us start by establishing a database of available volunteers who could commit themselves to delivering this service for a period of 2 weeks or more. We will need the following details from each IMA:

- Full names (as in passport)
- Speciality
- Mobile number (WhatsApp)
- Email address
- IMA and country of origin

Please send me the details to the following address:

- WhatsApp: +27836754103
- Email: ajedaar@iafrica.com / ashrafjedaar@gmail.com

Once we get the requisite approvals from the statutory bodies e.g. WHO etc, we will request further details and coordination. Kindly distribute this request to all your respective chats.

"And if anyone saved a life, it is as if he saved the life of the whole community"

Jazakumullah Khairan



<u>Dr Ashraf Jedaar</u> FIMA Relief Director

FIMA GAZZA MEDICAL RELIEF (till April 2024)

Since the start of the aggression on Gaza on 7 October 2023, the world has witnessed unprecedent destruction of infrastructure and the decimation of a vulnerable population through military action or disease and starvation.

Just a small measure of the scale of destruction:

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The health sector has been virtually crippled by the direct assault on the services following years of strangulation and isolation:

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More than 2 million have been displaced from their homes with no access to clean drinking water, food, sanitation and basic hygiene. This has resulted in severe malnutrition, death and disease:

- 28 children have died of famine
- 75,000 suffer with severe infections often multiple

FIMA in collaboration with its partners have been in support of the innocent victims in various wavs:

- Health services
- Feeding schemes _·
- Humanitarian aid _·
- Medical support _·

Doctors World Wide Turkey (DWWT)

DWWT provided voluntary health services to all injured civilians in Al Shifa and Indonesian hospitals prior to the evacuation of the Northern Gaza region.

They have shifted their focus to the Southern region i.e. Kuwait Hospital and Al Aqsa Hospital providing essential services:

- Primary health care
- Physical therapy and









41 Families n North & South of Gaza







1st February 2024





rehabilitation

- Psycho social support
- Mobile health teams continue in the North

In addition, they have provided the following essential services:

- Medical clothing support for 200 doctors
- 176 hospital kits to the injured people receiving treatment
- Primary healthcare service to 12,000 people through our field work
- Physical therapy services for 700 people
- Psycho social support services to more than 250 people.









- Provided basic necessities, diapers, wet wipes and baby food to more than 26,000 people
- Food parcels delivered to more than 30,000 people.

In addition to the work of our team in Gaza, we also supplied materials from Egypt to ensure the entry of urgently needed humanitarian aid materials:

- Shifted 8 trucks of emergency supplies, medicine and 2 ambulances to Gaza
- Organized iftar and sahur events by providing hot meals to 1200 people every day









during Ramadan.

- In this context, we have provided support to more than 230,000 people in total since October 7.

Jazakum'Allah Khairan Ashraf Jedaar FIMA Relief











AidGaza **EMERGENCY RELIEF**

Thanks to our donors, IMANA is making a difference in Gaza, taking the lead immediately after October 7 by coordinating with WHO. UN. Egyptian government agencies, and NGOs, utilizing supply chains via Turkey, Pakistan, and Jordan.



Our contribution so far to alleviate the suffering of our brothers and sisters in Gaza include:

valued at \$650,000, shipped from Turkiye of medicines and medical supplies 25 TONS airlifted from Pakistan



of flour transported from Egypt and distributed among Gaza families

of life saving medications and supplies,

of food items, in 2,400 boxes, distributed for Ramadan

N THE WORKS

- Shipment of 43 tons of essential medical supplies for disaster triage and field emergency response
- 5-member team traveling to Gaza soon after Eid to evaluate the logistics for deploying regular medical teams
- Establishing a maternity unit at The Kuwait Hospital in Rafah





www.imana.org/donate

SPEAKER REVEAL

BIMANC24 has the great honour of hosting Dr Ghassan Abu Sittah.

Meet him, hear his stories, and be moved at BIMANC24 by the plenary session on Lessons from Gaza.

This is an opportunity not to be missed. Get your tickets now https://buytickets.at/britishima/10 79037

Early bird tickets end April 30th

#BIMANC24



NATIONAL CONFERENCE 2024

SATURDAY 31ST AUGUST 2024 | 9AM - 6PM | UNIVERSITY OF WARWICK



KEYNOTE SPEAKER

DR GHASSAN ABU SITTAH

'THE MAN WHO FIXES BROKEN FACES...AND BROKEN SPIRITS'

Dr Abu Sittah is a world-renowned consultant plastic and reconstructive surgeon with a passion for humanitarianism. He balances clinical work with service as a war surgeon in conflict zones including Gaza.

bit.ly/BIMAConference24

🌐 More Info: www.britishima.org 🛛 🔀 Email: conference@britishima.org 🚽

#BIMANC24



FIMA-IMASA 42ND ANNUAL INTERNATIONAL SCIENTIFIC CONVENTION 2024

OFFCIAL DELEGATE 1

Representing which IMA Name of cour	ntry:	
Full name & Surname as per passport		
Passport No:		
Contact Mobile No:	Alternative Contact No	
Email Address	Accompanied by spouse: yes/no	
Full name of spouse:	Passport No:	
Contact Movile No:	Email Address:	
Attending FIMA Council Meeting only (08 & 09 August 2024): Yes No	l -
Attending FIMA-IMASA 42nd Scientific	Convention (10 & 11 August 2024) Yes	No

OFFCIAL DELEGATE 2

Representing which IMA Name of country:	
Full name & Surname as per passport	
Passport No:	
Contact Mobile No: Alternative C	ontact No
Email Address Accompanied	by spouse: yes/no
Full name of spouse: Pa	ssport No:
Contact Movile No: En	nail Address:
Attending FIMA Council Meeting only (08 & 09 August	
Attending FIMA-IMASA 42nd Scientific Convention (10	& 11 August 2024) Yes No

IMASA (Host) offers 2 nights' accommodation for 2 official members per IMA with all meals provided and Conference materials included. Tour package costs are excluded. Transport costs are excluded.

To book your accommodation contact: Zaid Dante: 021 762 1414 | convention@imasa.org.za

ADDITIONAL DELEGATES ARE WELCOME TO REGISTER AND ATTEND AT RATES BELOW (INCL ACCOMODATION, MEALS & CONFERENCE MATERIALS)

NON-OFFICIAL FIMA OBSERVER DELEGATE

Representing which IMA Name of country:	
Full name & Surname as per passport	
Passport No:	
Contact Mobile No: Alterna	tive Contact No
Email Address Accom	panied by spouse: yes/no
Full name of spouse:	Passport No:
Contact Movile No:	Email Address:
Attending FIMA Council Meeting only (08 & 09 A	ugust 2024): Yes No
Attending FIMA-IMASA 42nd Scientific Conventi	on (10 & 11 August 2024) Yes No

FIMA Council Meeting Observers \$500 - R10 000 08 & 09 August 2024 INCL: FIMA Gala Dinner- 09 August 2024

FIMA-IMASA Scientific Convention **\$500 - R10 000** 10 & 11 August 2024 INCL: IMASA Gala Dinner - 10 August 2024

BANKING DETAILS:

BANK: FNB| ACC NAME: ISLAMIC MEDICAL ASSOCIATION - CONVENTIONACC NO: 62471709504| BRANCH CODE: 250655| SWIFT CODE: FIRNZAJJ| REF: YOUR FULL NAMEKINDLY EMAIL COMPLETED FORM TOGETHER WITH PROOF OF PAYMENT

To book your accommodation contact: Zaid Dante: 021 762 1414 | convention@imasa.org.za





FIMA-IMASA 42ND ANNUAL SCIENTIFIC CONVENTION 2024

10 - 11 AUG 2024 CAPE TOWN

Name / Surname		
Postal Address		
Email Address		
Contact Numbers		Cell
Profession H	IPCSA No:	IMA member No:
Spouse Name & Surname (If attending):		
Accompanying Children Full Name & Age:		

	EARLY BIRD 30 April 2024	LATE FEE	тіск
DOCTORS, DENTISTS, SPECIALISTS (MEMBERS)	R3200	R3500	
DOCTORS, DENTISTS, SPECIALISTS (NON-MEMBERS)	R3500	R3800	
SPOUSES (NON-MEDICAL)	R2400	R2600	
ALLIEDS, PHARMACISTS & INTERNS (MEMBERS)	R2900	R3100	
ALLIEDS, PHARMACISTS & INTERNS (NON-MEMBERS)	R3200	R3400	
NURSES, PARAMEDICS, DENTAL ASSISTANTS ETC	R2500	R2700	
STUDENTS (19YRS+)	R2200	N/A	
CHILDREN (5 - 10YRS)	R1200	N/A	
YOUTH (11- 18YRS)	R1800	N/A	
DAY DELEGATES (EXCL GALA DINNER SATURDAY)	R1400	N/A	

2-Day Delegates Registration Fee includes Gala Dinner Additional Gala Dinner Tickets Sold @R750pp - purchase your tickets in advance

BANKING DETAILS:

h

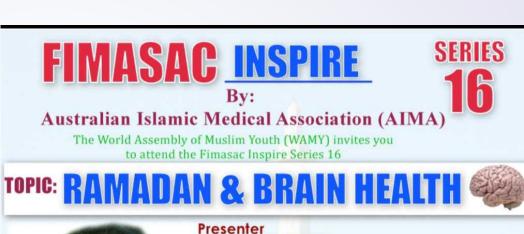
BANK: FNB| ACC NAME: ISLAMIC MEDICAL ASSOCIATION - CONVENTIONACC NO: 62471709504| BRANCH CODE: 250655| SWIFT CODE: FIRNZAJJ| REF: YOUR FULL NAMEKINDLY EMAIL COMPLETED FORM TOGETHER WITH PROOF OF PAYMENT

HOTEL: Lord Charles Hotel DOUBLE ROOM: R2850 per night incl Breakfast pp

To book your accommodation contact: Zaid Dante: 021 762 1414 | convention@imasa.org.za



This Ramadan value the gift of sight from Allah SWT and care for your eyes. Begin practising the 20/20/20 Rule. Reading at near for prolonged periods causes eye muscle strain, dry eyes and headaches. Symtoms are worse if reading Quraan etc on our digital devices. "20/20/20 Rule" - After every 20mins of reading at near, look away at something that is 20feet away, just for 20secs. All it takes is 20secs for our eye muscles to relax.





www.imasa.org.za

REMAINING MESSAGE OF THE PRESIDENT

Aameen

We are now in the last few days of Ramadhan and we continue to pray to Allah to grant us the opportunity to worship Him during the Night of Power (Laylatul Qadr). As Shawwal emerge, Muslims the world over will rejoice with our success in fulfilling Ramadhan with conviction and by so doing attain proximity to and heighten awareness of our Creator.

Less we forget, while most of us will discontinue with our abstinence from worldly pleasures at daytime, many have to continue with deprivation of the same pleasures which are forced upon them . Pictures and videos of our brothers, sisters and children starving, scrambling for basic essentials, and shot at in the process, is heart wrenching and utterly devastating. This edition of the Newsletter has a special appeal from Head of FIMA Relief to all IMAS to come forward to help those in need I believe many IMAs have responded and may Allah reward all who came forward. We are thankful to some FIMA members particularly IMANA Relief. They have recently been recognized by the United Nation with consultative status and classified by the WHO with security clearance status. A few days ago FIMA held an Online Meeting with the General Secretariat of the OIC, Prime Minister's Office, Ministry of Health Palestine and Non Governmental Organizations operating inside Palestine planning for the establishment of a field hospital in Southern Gaza. Al Khidmat of Pakistan is pivotal in this initiative and there will be a role for every IMA to make this a reality insha Allah. A sizeable portion of this Newsletter is dedicated to the efforts made so far on Gaza Relief.

I will like to thank all IMAs and FIMA Project heads for their continuing commitment in organizing activities throughout this trying and

challenging period. This edition of the Newsletter highlight several of such activities in particular the highly successful 13th Students' Umrah program and FIMASAC Inspire Webinar. This Newsletter also highlight future events with BIMA (United Kingdom) up coming national conference end of August and prior to that the 42nd FIMA Council meeting in conjunction with IMASA Scientific Convention from the 8th to 11th August. Now that the dates are out, I believe all IMAs will be making plans to come to South Africa for our yearly get together. FIMA History of Islamic Medicine team will continue with their scheduled webinar due in a few days time this time focusing on contribution of Muslim women in Medicine. This series of webinar has been most informative and gets us connected despite a 12 hour time zone difference, Alhamdulillah.

Lastly I will like to congratulate Dr. Parvaiz Malik, former presidents of IMANA and FIMA for being conferred the Aly Mishaal FIMA Lifetime Achievement Award at the 41st FIMA Council Meeting in Putrajaya, Malaysia. He continues to be a loyal servant of FIMA, now helming FIMA Save Smile Project besides being FIMA Executive Director for North America.

May Allah accept all our 'Amal this Ramadhan and my He return us back to our pristine selves (Fitrah) this Shawwal insha Allah.

Walaikum Salam Prof. Dr. Abdul Rashid Abdul Rahman President, FIMA

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