



نشرة الاتحاد العالمي للجمعيات الطبية الاسلامية

e-newsletter of Federation of Islamic Medical Associations

Volume 70, Issue Nov. - Dec. 2022



MESSAGE FROM THE PRESIDENT



In the Name of Allah the Beneficent the Merciful

Peace and Blessing be Upon the Messenger

Dear Members of the FIMA Family,
Esteemed Sisters and Brothers,
Assalamu Alaikum

We praise and pray to Allah taala that this edition of the Newsletter meets our brothers and sisters from the global FIMA fraternity in the best of health, physically

Continued on Page 25

FIMA HOLD ITS HISTORIC 39TH COUNCIL MEETING IN ISLAMABAD

The largest ever 39th FIMA council meeting was held in Hotel Best Western, Islamabad on October 27th and 28th 2022. It was followed by PIMA-FIMA scientific convention on October 29-30th. The FIMA council started with recitation of the Holy Quran Dr. Riyadh Abu Sulaiman Vice President of FIMA followed by introduction of delegates from 23 IMA's. The president of PIMA Dr. Khubaib Shahid welcomed the delegates and thanked them for attending the FIMA meeting and forthcoming PIMA annual convention and PIMA-FIMA scientific convention. The President of FIMA, Dr Abdul Rashid Abdul Rahman in his inaugural address thanked the ExCo and council members for making first physical meeting of FIMA possible in post COVID 19 Era. He thanked the hosting PIMA leadership for their excellent arrangements and hospitality. He informed that around 160 delegates from 23 IMAs are attending various session of this historic meeting.



Editor: Dr. Tanveer Zubairi, Ex. President, FIMA | Assistant Editor: Sajjad Saleem
Prof. Dr. Abdul Rashid Abdul Rahman, President, FIMA | Dr. Eka Ginanjar, General Secretary, FIMA

The proposed agenda was adopted. The Secretary of FIMA, Dr Eka Ginanger presented the minutes of the 38th FIMA council meeting held in Jakarta, Indonesia (via webinar) and matters arising from minutes were discussed.

I. Report of FIMA ExCo 2021-2022 was presented by Dr Abdul Rashid Abdul Rahman, President FIMA. He highlighted the salient features of activities of FIMA conducted during the previous year. He was overwhelmed about the

initial working on project of “Strategic planning of FIMA 2022-2030” which was initially presented in the FIMA ExCo meeting held in Makkah 2022 and it was formally going to be presented in the FIMA council meeting. Later It was discussed in depth, deliberations were made and suggestions from various IMAs and delegates recorded. The salient features of the strategic plan is:

- Parenting role of established IMAs on 'struggling' IMAs



Dr Riyadh Abu Sulaiman, paediatric cardiologist from IMAKSA, Vice president of FIMA.



Dr. Iwang Yusuf, CIMCO chief, Indonesia



A glimpse of day 1 of FIMA council meeting



Dr. Abdi Rizzik, IMA Somalia



Dr. Amina Guledid, KAMMPS, Kenya



- supervised by FIMA.
- Capacity building including sponsorship drive.
- Publicizing our work via publications at various levels including peer reviewed journals with deserving awards in mind.
- Planned and organized donation drive.
- Planned transition to next generation of leaders.

- Maximization of Social Media.
- A final outcome would be available in the next FIMA meeting in Kuala Lumpur in 2023.

Report of executive director was presented by Dr. Hafeez ur Rehman, who highlighted the important FIMA projects. Financial report 2021-2022 was presented by Dr

Ashraf Jedaar. Muslim Medical Society of Canada and Islamic Medical Association of Australia were enrolled as full members.

Individual reports from 21 IMA's were presented. Reports from FIMA projects including FIMA Save vision (Dr, Misbah ul Aziz), FIMA relief (Dr Ashraf Jedaar), FIMA-youth/Students activities (Dr Riyadh



*Dr. Musa Nordin,
past President FIMA*



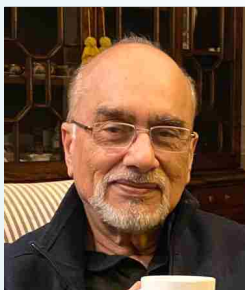
*Dr. Ihsan Karaman,
past President FIMA*



*Dr. Abdul Rashid Abdul Rahman,
President FIMA*



Dr. Mohammad Khan (IMASA)



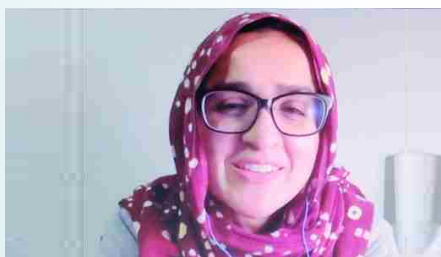
*Dr. Parvaiz
Malik, ex
President FIMA
and executive
director
presented reports
on FIMA save
smile and
executive director
(USA)*



Delegates from Uganda and Kenya



*Dr. Rasheed (AIMA) Dr. Ammar Abu Daud
(former VP, FIMA)*



Dr. Marium Hussain (President IMANA)



*Day II, FIMA
council meeting*



*Dr. Fuad Rafai (IMA Lebanon)
Dr. Amin Sinokorot (IMA Palestine)*



Dr. Ahmad Fatihi (IMA Egypt)

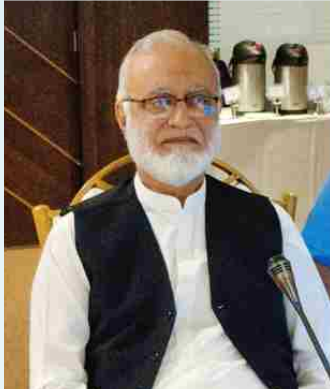
Abu Sulaiman), FIMA Save smile (Dr. Parviaz Malik), FIMA HIV-AIDS project (Dr. Majid Kagimu), Islamic Hospital Consortium (Dr. Ishak Masud), IJJHS (Dr. Abu Kholdun) Consortium of Islamic Medical Colleges (Dr. Iwang Yusuf), FIMA website and FIMA Advisory Council (Dr Musa Mohd Nordin) & FIMA e-Newsletter (Dr. Tanveer

Zubairi) FIMA Save Earth (Dr. Marium Hussain, IMANA) were presented to the Council.

The matter of preparation for the 2023, 39th FIMA council meeting and scientific congress in collaboration with IMAM was also discussed and bidding was opened to the participating IMAs.

The meeting concluded with the concluding remarks of president of FIMA, Dr. Abdul Rashid, who thanked the participants for their active participation in council meeting and parallel sessions.

The meeting ended with dua offered by FIMA Vice President.



*Dr. Hafeez ur Rehman,
Executive Director FIMA*



*Dr. Eka Ginanger,
Secretary FIMA*



Delegates from IMA Nigeria



*Dr. Ammar Abu Spoh
(IMA Jordan)*



*Dr. Shakira Cassim
(IMA South Africa)*



*Dr. Misbah ul Aziz
(FIMA Save Vision)*



Dr. Yusri, President IMAM



**Dr. Tanveer Zubairi,
Ex President of FIMA
and
Dr. Mukhtar Ahmad,
Chairman HEC, Pakistan
presenting FIMA
life time achievement to
Dr. Ashraf Jedaar,
treasurer of FIMA.**

GLIMPSES OF PIMA/FIMA INTERNATIONAL SCIENTIFIC CONVENTION 2022



Prof Dr. Hafeez ur Rehman, Executive Director, FIMA & past President PIMA.



Prof. Dr. Majid Kagimu, Uganda, Member FIMA ExCo.



Dr. Ghulam Hosein, Past President FIMA and IMASA. South Africa.



Prof Dr. Qazi, Chancellor Shifa e Millat Foundation.



Prof Dr. Mukhtar Ahmad, Chairman Higher Education Commission of Pakistan (HEC)



Dr. Iftikhar Burney, President of PIMA Islamabad



Prof Dr. Khubaib Shahid, President of PIMA, the host.



Mr. Hassan Khan, Chancellor, Riphah International University, Islamabad



Dr. Riyadh Abu Sulaiman, Vice President of FIMA from KSA.



Dr. Mumtaz Hussain Secretary Organizing Committee, PIMA-FIMA Convention 2022



Prof Dr. Anis Ahmad, Vice Chancellor, Riphah Univeristy, Islamabad



Prof. Dr. Omar Hassan Kasule, from Saudi Arabia.



Dr. Abdul Aziz Memon, Newly elected President of PIMA



Prof Dr. Abdullah Muttaqi, Chairman for Scientific session II



Mr. Abdus Shakoor, Chairman Alkhidmat Foundation

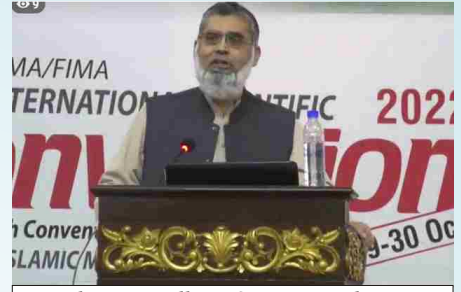
GLIMPSES OF PIMA/FIMA INTERNATIONAL SCIENTIFIC CONVENTION 2022



Oath taking ceremony of newly elected central Shoora of PIMA.



Oath administered by the incumbent President PIMA.



Thematic talk on Quranic guidance and Islamic Medical Ethics



Prof. Dr. Muhammad Tahir Chaudhry, Secretary General, PIMA



Prof. Dr. Shoaib Shafti, President of College of Physicians and Surgeons-Pakistan



Prof. Dr. Saeed Akhtar, Chief Executive, Punjab Kidney and Liver transplant institute



Dr. Atta ur Rehman past president PIMA delivering learning of Hadith.



Session on "Transgender- Issue and challenges in an Islamic perspective"



Ambassador Abdul Basit on Contemporary Challenges.



Dr. Muhammad Iqbal Khan, Chairman of the PIMA-FIMA scientific convention and vice chancellor of Shifa e Tameer Millat University, Islamabad.



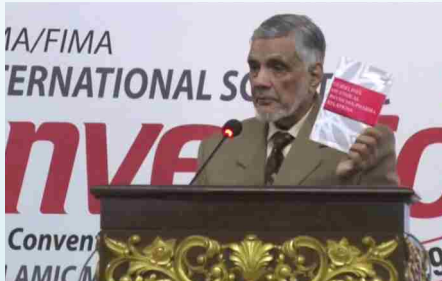
Prof. Dr. Muhammad Tahir Khaili, Dean of faculty of pure sciences, Shifa Tameer Millat University, Islamabad.



Prof. Dr. Muhammad Ihsan Karaman, Ex President of FIMA delivering his speech on Islamic Ummah and contemporary challenges.



Prof. Dr. Abdul Rashid Abdul Rehman addressing the inaugural session.



Dr. Maqbool Shahid, past president of PIMA addressing



Senator Mushtaque Ahmad addressing the seminar on Transgender legislation issue-challenges.. An Islamic Perspective

CIMCO HOLDS A SYMPOSIUM ON “OPTIMIZING THE INTEGRATION OF ISLAMIC AND MEDICAL SCIENCE IN CURRICULUM”

A very well attended CIMCO Symposium was held at the eve of 39th FIMA Council meeting, theme of the symposium was “Optimizing the integration of Islamic and Medical science in Curriculum” in Islamabad, on 28 October 2022.

Opening Ceremony/Welcoming Speech was made by President of FIMA Dr. Abdul Rashid Abdul Rahman. He highlighted the history of CIMCO since year 2000 and the developments made during last two decades. He emphasized induction of more medical colleges in the Islamic countries under the umbrella of CIMCO and further reinforcement of efforts on curriculum development in an Islamic perspective.

Plenary 1 had presentations on “Islam and Medical education” and Dr. Magid Kagimu delivered his speech on “The importance of

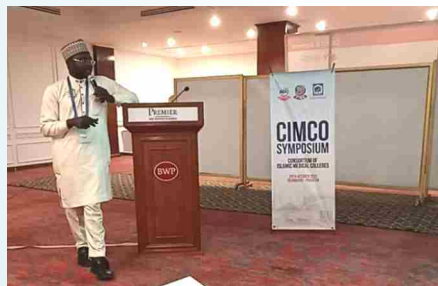
Islamic curriculum for medical students”.

Dr. Salisu Ismail, former President of IMA Nigeria and Prof of Cardiac Surgery highlighted the importance of teaching “Islamic Bioethics”. The Symposium 1 discussed at depth, “Designing the integration of Islam and medical science in curriculum” the speakers were Dr. Riyadh Abu Sulaiman, from IMA of Kingdom of Saudi Arabia, who shared experience of designing a medical curriculum integrated with Islamic principles as developed in Saudi Arabia. Dr. Yani Istadi from IIMA made a presentation on “Systematic review the method to integrate Islamic content in medical curriculum” followed by a talk by Sr. Umatul Khroiyan from Indonesia on Evaluating the output of Islamic curriculum in Medical School. The concluding remarks were made by the legendary Prof. Dr. Omar Hasan

Kasule.

The second symposium held in the afternoon session was on a very important topic of: Optimizing the implementation of Islamic curriculum in Medical Schools. A presentation on “Developing Islamic curriculum in Medical Schools” was delivered by Kusbaryanto/IIMA followed by a talk on Islamic curriculum in community by Iman Permana/IIMA. The final presentation was on “Integrating Islamic content in research” by Ida Royani/IIMA. The session was concluded by Prof Dr. Muhammad Iqbal Khan, Vice Chancellor Shifa University, Islamabad.

This successful meeting was concluded by the closing remarks of the Chairman CIMCO, Dr. Iwang Yusup from IMA Indonesia.





President FIMA Dr. Abdul Rashid Abdul Rehman visited IMAC (Islamic Medical Association of Cambodia). In sha Allah we will see them physically in Putra Jaya next October for FIMA 2023

3 story Head Quarters and 7 full time staff.

I also forwarded the donation from FIMA for a project they requested last Ramadhan which brother Ashraf handed to me at Islamabad.

They have grown with a permeant



Talk by Mr. Abdul Basit
(Former High Commissioner of Pakistan)
Topic: Contemporary Challenges and Muslim Ummah.
on 30th October 2022.



Speech by the chief guest
Dr. Palitha Gunarathna Mahipala
(WHO Country Representative)
in the session on Medical Profession: Social Responsibility at PIMA/FIMA International Scientific Convention 2022
on 30th October 2022.

PROF HATTA, DR ISHAK MASOUD, DR LOKMAN SAIM AND DR JEFFREY AS MODERATOR DURING ANNUAL SCIENTIFIC CONFERENCE IMAM 2022



SCIENTIFIC SESSIONS OF PIMA/FIMA INTERNATIONAL SCIENTIFIC CONVENTION 2022

Scientific Session on Psychiatry at PIMA/FIMA International Scientific Convention 2022

Speakers: Prof. Dr. Javed Akhtar (Basic concepts in managing Depressive Disorder in Non-Psychiatric settings), Prof. Dr. M.

Irfan (Basic concepts in managing Obsessive Compulsive Disorder in Non-Psychiatric settings), Dr. Imran Khan (Basic concepts in managing Medically Unexplained Symptoms in Non-Psychiatric settings)

Chairperson: Prof. Asad Tamizuddin

Co-chairperson: Dr. Khawaja Hamid Rasheed

Moderators: Prof. Muhammad Irfan, Dr. Izaz Jamal



Scientific Session on Paediatrics-II at PIMA/FIMA International Scientific Convention 2022

Speakers: Dr. Naila Yaqub (Insulin therapy in children), Prof.

Dr. Asma Shabbir (Update on the management of asthma in children)

Chairperson: Prof. Dr. Samia Naeemullah

Co-chairperson: Prof. Dr. Tallat Sial

Moderator: Dr. Naveed Butt





Scientific Session on Paediatrics-I at PIMA/FIMA International Scientific Convention 2022

Speakers: Dr. Azra Jamal Rafiq (Early years matter: a talk on autism), Prof. Dr. Muneer Malik (Evaluation of chronic diarrhea in

children)

Chairperson: Brig® Dr. Muneer Akmal Lodhi (HOD Ped. FFH)

Co-chairperson: Dr. Muhammad Ishaq (Peshawar Medical College)

Moderator: Dr. Muhammad



Scientific Session on Ophthalmology at PIMA/FIMA International Scientific Convention 2022

Speakers: Prof. Dr. M. Abdul Moqet Khan (Deep Anterior Keratoplasty (DALK) as an alternative to Penetrating

Keratoplasty (PKP), Prof. Dr. Syed Imtiaz Ali (Recent advances in Glaucoma), Prof. Dr. Mir Ali Shah (Temporary keratoprosthesis in Retina Surgery), Dr. Saliu Ishola - Nigeria (Ocular Trauma Score (OTS), Dr. Abubakr Kalinaki - Uganda (Save Vision Project in Uganda)

Chairperson: Dr. Misbahul Aziz

Co-chairperson: Prof. Dr. Hafeez ur Rehman

Moderator: Dr. Abdul Munim



Scientific Session on Allied Health Sciences (Physical Rehab) at PIMA/FIMA International Scientific Convention 2022

Speakers: Dr. Syed M Ilyas



(Comprehensive physical rehabilitation), Dr. Nazash Faiz (The role of physiotherapy in the long term management of people with spinal cord injuries), Dr Mukhlis Razzaq (Occupational Therapy in Paediatric Physical

Rehab), Dr. Faseeh Kfayat (The psychological challenges of people with physical disabilities)

Chairperson: Brig Khalil
Moderator: Dr. Mirza Ubaid Baig



Scientific Session on Dentistry and Maxillofacial surgery at PIMA/FIMA International Scientific Convention 2022

Speakers: Prof. Dr. Wasim Ibrahim (Oral cancer preventive strategies at community level), Prof. Dr. Azad Ali Azad (Oral systems health connections; Why saving teeth is important), Prof.

Dr. Anwar Ali Shah (Craniofacial Orthodontics), Prof. Dr. Israr Wazir (Head and neck cancer), Dr. Nigam Sattar Khan (Maxillofacial trauma)

Bashir, Prof. Brig ® Dr. Azad Ali Azad

Moderator: Dr. Faisal Shafiq Malik (IIDC)

Chairperson: Maj. Gen® Dr. Waseem Ahmad (Dean Dentistry PIMS)

Organizer: Dr. Ubaidullah (Incharge PIMA Dentistry Branch)

Co-chairpersons: Prof. Dr. Ulfat



Scientific Session on Allied Health Sciences (Physical Rehab) at PIMA/FIMA International Scientific Convention 2022

Speakers: Dr. Syed M Ilyas (Comprehensive physical rehabilitation), Dr. Nazash Faiz (The role of physiotherapy in the long term management of people

with spinal cord injuries), Dr Mukhlis Razzaq (Occupational Therapy in Paediatric Physical Rehab), Dr. Faseeh Kfayat (The psychological challenges of people with physical disabilities)

Chairperson: Brig Khalil

Moderator: Dr. Mirza Ubaid Baig



Scientific Session on Allied Health Sciences (Pharmacy) at PIMA/FIMA International Scientific Convention 2022

Speakers: Ms. Salwa Ahsan (Medication safety), Prof Dr Ejaz Khan (Antibiotic resistance;

Epidemic of 21st century), Mr. Rehan Anjum (Pharmaco-vigilance in a health care organisation)

Chairperson: Dr. Tauseef Rajput (SCM)

Moderator: Dr. Noor Muhammad



Scientific Session on General Practice and Care of the Elderly (COTE) - II at PIMA/FIMA International Scientific Convention 2022

Speakers: Dr. Zaineb Hafeez (IBS), Prof. Dr. Abid Malik

(Demensia), Dr. Abdul Jalil Khan (Holistic & patient centered care), Dr. Sadaf Nawaz (Early Recognition & Management of Prediabetes), Dr. Asif Rehman (How to set up a good general practice in Pakistan)

Chairperson: Dr. Saima Perwaiz Iqbal

Co-chairperson: Prof. Sohail Akhtar

Moderator: Dr. Noshaba Saeed



Parallel Session on Alkhidmat Health Foundation - Introduction & Projects at PIMA/FIMA International Scientific Convention 2022

Speakers: Prof. Dr. Saeed Ullah Shah (COMET - Health &

Wellness Program), Dr. Kauser Firdous (End of Life care: Palliative care program), Prof. Dr. Muhammad Zahid Latif (AHF - Introduction & Projects)

Co-chairperson: Prof. Dr. Muhammad Afzal

Moderator: Mr. Sufyan Ahmed Khan

Chairperson: Prof. Dr. Hafiz Ijaz Ahmad



Scientific Session on Surgery and Allied - I at PIMA/FIMA International Scientific Convention 2022

Speakers: Prof. Dr. Abdullah Muttaqi (Wound care and SSI),

Dr. Umar Ehsan (Dealing with vascular trauma), Prof. Dr. Musadaq Khan (Safe surgery and sterilization), Prof. Dr. M. Hanif (Surgical emergency & on calls)

Chairperson: Prof. Dr.

Musadaq Khan

Moderator: Prof. Dr. Muhammad Tayyab



Scientific Session on Surgery and Allied - II at PIMA/FIMA International Scientific Convention 2022

Speakers: Prof. Dr. Muhammad

Amir (VAAFT/Epsits), Dr. Abubakar Hafeez Bhatti (Scope of Liver transplant in Pakistan), Dr. Shah Gul Anwar (Breast Cancer in Pakistan)

Chairperson: Prof. Tanveer Khaliq

Moderator: Dr. Aurangzeb Rehbar



Scientific Session on Challenges to female doctors: Win-Win Solution by PIMA Women Wing at PIMA/FIMA International Scientific Convention 2022

Speaker: Dr. Nusrat Iqbal (Findings of survey on massive dropout of female doctors from professional services)

Panel Discussion on survey findings.

Panelists: Dr. Naveed Mufti, Prof. Talat Siyal, Dr. Samia Kouser, Dr. Tayyab a Farhat ul Ain, Dr. Sheema Khalid, Dr. Ayesha Iftikhar

Chairperson: Prof. Amtullah

Zarreen

Co-chairperson: Prof. Sarwat Ara

Guest of Honour: Prof. Rizwana Chodhry

Moderator: Dr Aziza Anjum



Scientific Session on Role of Physicians in Rehabilitation of Flood Affectees by PIMA Women Wing at PIMA/FIMA International Scientific Convention 2022

Speakers: Prof. Dr. Amtullah Zarreen

(Preparedness for the

Challenges to Maternal/ Reproductive health of women in calamities and disasters),

Dr. Sheema Khalid (Role of Family physicians for Health & rehabilitation in the current scenario of Flood disaster)

Chairperson: Dr. Shagufta

Khalid

Co-chairperson: Dr. Shamaila Sharif

Guest of Honour: Dr. Saima Perwaiz Iqbal

Moderator: Dr. Ujala Kouser



Scientific Session for Female Associate members and junior medics by PIMA Women Wing at PIMA/FIMA International Scientific Convention 2022

Speakers: Dr. Umme Kalsoom (Relief: an Ibadah and saa'dah), Prof. Dr. Amtullah Zarreen

(Workplace harassment)

Panelists: Dr. Aziza Anjum, Dr. Shagufta Khalid, Dr. Ayesha Abubakrar

Dr. Zakia Aurangzeb announced the results of short video clips competition on public awareness messages

Chairperson: C: Prof. Fauzia Rauf (PMC)

Co-chairperson: Prof. Dr. Raisa Gul (Dean FNM SCN)

Moderators: Dr. Zakia Aurangzeb, Dr. Quratulain



Scientific Session on Health Innovations at PIMA/FIMA International Scientific Convention 2022

Speakers: Dr. Saeedullah Shah (Innovative Healthcare

Technologies), Dr. Asaad Akbar Khan (TAVI),

Dr. Hadi M. Khan (Cytoreductive surgery and HIPEC for advanced abdominal malignancies), Dr. Omar Ehsan (Endovascular aortic

stenting), Dr. Sumayya Sohail (Digital Technology and AI).

Chairperson: Prof. Tanveer Afzal

Moderator: Dr. Saeedullah Shah



Scientific Session on Infectious Diseases at PIMA/FIMA International Scientific Convention 2022

Speakers: Dr. Amina Nawaz (A rational approach to fever), Dr.

M. Salman Janjua (Overview of Antimicrobial Resistance in Human Health sector), Dr. Ammar (Long Covid Disease and Pain Management)

Chairperson: Dr. Rizwan Uppal

(IDC)

Co-chairperson: Prof Dr. Ejaz Khan (SIH)

Moderator: Dr. Mumtaz Ali Khan



Scientific Session on General Medical; Cardiology and Respiratory, Neurology, GI at PIMA/FIMA International Scientific Convention 2022

Speakers: Dr. Jalil Khan (A good consultation), Dr. M. Ahsan Arshad (Chest pain), Prof. Dr. Sohail Akhtar (Dyspnoea), Dr. Nabeel (Seizures), Dr. Muslim Attique (Medical management of obesity).

Moderator: Dr. Amir Nazir



IMAU-UGANDA STUDENTS & ALUMNI DINNER HELD ON 9th OCTOBER 2022

The following school represented in the IMAU students and Alumni Dinner.

1. Jinja School of Nursing
2. International Institute of health sciences Jinja
3. Jinja MLT (JJMSA)
4. St Elizabeth Jinja and NJERU
5. St ELIZABETH Mukono
6. St Francis Mukono
7. Mulago Nursing
8. UAHAMS MUlago
9. Makerere University COHES
10. MeMSA

11. GULU JMSA
13. KIUMSA
15. Among others.

16. King Ceasor Univ
17. Indian Institute
18. BUTABIKA Schools



AN AFFAIR TO REMEMBER! FIMA FRATERNITY ATTENDS THE MARRIAGE CEREMONY OF SON OF DR. HAFEEZ UR REHMAN AND DR. SAADIA HAROON

On the evening of 26th October, all the FIMA delegates were invited to attend the Walima (marriage) ceremony of Dr. Ahmed Adnan, son of executive Director of FIMA. He marriage congregation was attended by notable dignitaries of the twin cities, Peshawar and other parts of the country besides the foreign guests from 26 countries.

Senator Siraj ul Haq, Ameer Jamaat e Islami Pakistan also graced the occasion with his presence. The FIMA delegates thoroughly enjoyed the scrumptious Pakistani cuisines and excellent Hospitality.

On 26th October, a dinner was hosted in the honor of international delegates and other guests of honor

including Dr. Omar Hassan Kasule, Prof Anis Ahmad and Dr. Maqbool Shahid, the veteran President of PIMA and many others. A presentation was made on the achievements and services rendered at Shifa International hospital and Shifa Tameer e Millat Foundation in Pakistan.





PIMA/FIMA INTERNATIONAL SCIENTIFIC CONVENTION 2022 ATTRACTS THOUSANDS OF MEDICS FROM ALL OVER THE WORLD

Doctors carry the dual responsibility of caring for the sick and continuing to learn and excel in their professional expertise. They are expected to exhibit empathy towards patients, keeping in mind their social and economic problems. They should be advising sincerely advising whatever is best for them. Muslim doctors are the ambassadors of Ummah. They should build their knowledge and strive for excellence in the light of divine guidance.

This was the crux of the proceedings of the two-day International Scientific Convention of Pakistan Islamic Medical Association (PIMA) held at Jinnah Convention Centre on 29th-30th October 2022. Physicians, surgeons and health

experts from all over the world attended the convention. Over 123 delegates from 19 countries of the world including Malaysia, Indonesia, South Africa, Nigeria, Uganda, Saudi Arabia, Turkey, UK, Palestine, Zimbabwe, Jordan, Australia, Somaliland, Somalia, Ghana, USA, Philippines, Kenya, Afghanistan and Egypt also participated in the convention.

On this occasion, 149 renowned health experts addressed 20 scientific sessions related to various medical fields and updated the participants about the latest research in the relevant fields. There were separate sessions for medical students on career opportunities and for female doctors on women's health.

Parallel scientific sessions

covered all the disciplines of medicine including Cardiology and Respiration, Neurology, GI, Paediatrics, Pain Management, Infectious Diseases, General Practice and Care of the Elderly (COTE), Dentistry and Maxillofacial surgery, Health Innovations, Psychiatry, Ophthalmology, Surgery and Allied Health Sciences (Physical Rehab, Pharmacy),

Theme of the convention was a Quranic verse

وَأَحْسِنْ كَمَا أَحْسَنَ اللَّهُ إِلَيْكَ

be good to others as Allah has been good to you. 28:77

Chairman HEC (Higher Education commission of Pakistan) Prof. Mukhtar Ahmed was the chief guest of the



inaugural session. Vice Chancellor Riphah International University Prof. Dr. Anis Ahmed and Prof. Dr. Omar Hasan Kasule from KSA delivered thematic talks.

Prof. Dr. Anis Ahmed stressed on the practice of Ihsan (excellence) in our private, societal and professional lives. Prof. Dr. Omar Hasan Kasule said that as Muslims, we should adopt a culture of Ihsan achieving excellence and maintaining quality in our work. Allah likes those especially who achieve perfection in their good deeds.

He congratulated PIMA on choosing this often neglected topic for their convention.

Vice Chancellor Shifa Tameer Millat University and the chairman organizing committee Prof. Mohammad Iqbal Khan welcomed the guests. President

PIMA Prof. Khubaib Shahid presented an introduction and activities carried out by PIMA during the last two years. Executive Director FIMA Prof. Hafeezur Rahman introduced the foreign faculty and delegates of international IMAs who were participating in the event. President FIMA Prof. Abdul Rasheed bin Abdul Rahman highlighted the bond created by Muslim doctors across the world under the umbrella of FIMA.

Chancellor Riphah University Mr Hassan Khan and Chancellor Shifa Tameer e Millat University Prof Manzoor H. Qazi also spoke on the occasion. Prof. Dr. Muhammad Tahir moderated the inaugural session.

In the inaugural session, Dr. Mohammad Ashraf Jedaar from South Africa was awarded the Sheikh Ali Mishal - FIMA Life Time Achievement Award for his

exemplary and untiring efforts for FIMA especially in medical relief by the past president of FIMA Dr. Tanveer Zubairi. Dr Shakira Cassim from South Africa read a citation of the recipient.

Another award was given to Dr. Javeria Shahid, group leader of the Pakistani Medical students who won the online FIMA SAC Social Media Competition on Anti-Smoking. All the group members were also present on the occasion.

Session on Medical Profession: Social Responsibility comprised relief reports of FIMA, PIMA & POB, Alkhidmat Foundation, FIMA Save Vision presented by Dr. Ashraf Jedaar (Incharge FIMA Relief), Prof. M. Afzal Mian (Director PIMA Relief), Mr. Abdus Shakoor (President Alkhidmat Foundation) and Dr. Misbahul Aziz (Director FIMA Save Vision) respectively.



Ex-President FIMA Dr. Musa Nordin addressed on the session theme while Dr. Shakira M Cassim from South Africa discussed Climate change and the contribution of health sector.

WHO Country Head Dr. Palitha Gunarathna Mahipala was the chief guest of this session and VC Rawalpindi Medical University Prof. Dr. Muhammad Omer was the guest of honour. This session was moderated by Prof. Hafeez ur Rehman.

The third plenary session was on Contemporary Challenges of Muslim Ummah, presided over by Former High Commissioner of Pakistan Mr. Abdul Basit.

The session started with Darse Quran delivered by Dr. Aamir Nazir, followed by lectures by Dean Faculty of Social sciences and Humanities STMU Prof. Dr. Muhammad Tahir Khalily and

Prof. Dr. Muhammet Ihsan Karaman from Turkey.

Mr. Abdul Basit, in his keynote speech, urged that we should overcome our internal weaknesses face to face to overcome the cultural, political and economic challenges of Muslim Ummah so that external conspiracies be easily encountered. Dr. Iftikhar Burney was the moderator of this session.

An important plenary session at the seminar was on Medical Ethics, which was held on the second day of the convention. This was especially addressed by Senator Mushtaq Ahmad Khan on the topic "Ideology of Pakistan and Transgender Act". Central President PIMA Prof. Khubaib Shahid presented the recommendations of PIMA Women Wing Seminar on "Emerging Gender Issues - Critical Analysis". These

recommendations are included for legislation, media, education, public awareness, Research, Society, health management and Investigations of DSDs, General Guidelines for Sex Assignment and Genital Examination of the child to have a holistic approach to deal with the emerging issues.

Amendment of "Transgender Act 2018" is absolutely required to uphold the Constitutional provision for sovereignty of Allah SWT and consider the Qura'nic provisions and Sunnah guidance regarding the issue.

Council of Islamic Ideology and Houses of Parliaments should have thorough debates and consider the legislation details on the issue.

It should be kept in mind that the origin of "Human Rights" in Islam is based on Revelation and not in human desires.



Definition of “Transgender” needs revision to make it in accordance with scientific knowledge.

Law should ensure rights of “Intersex”, while “Transgender” thought is not acceptable as it depicts “change in Nature”

(تغيير في خلق الله).

A key point emphasized that the DSD child has the potential to become a well-adjusted, functional member of society. While privacy needs to be respected, DSD is not shameful or stigma for the effected person or the family.

Vigilance and Timely Reactions to UN Treaties, Resolutions, conventions, charters and conferences from the Muslim world should be there to express Concerns about their secular stance on Human rights.

Senator Mushtaq Ahmad Khan said that Western society has reached the verge of moral destruction because of giving legal protection of gender reassignment, instead of solving the problem.

Islam is clearly denied the change of gender just because of habits and psychological problems.

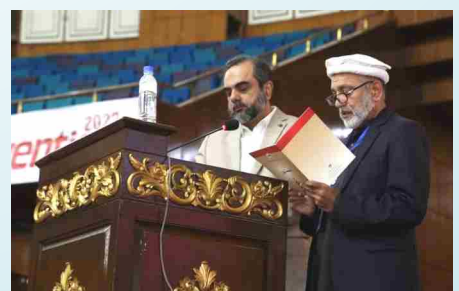
HOD Pathology DUHS Karachi Prof. Dr. Yahya Noori was another keynote speaker who delivered the lecture on “Best Practice - Responsibility of Physicians”.

This session was presided over by President FIMA Prof. Abdul Rashid Abdul Rahman while Founder President PIMA Dr. Maqbool Ahmad Shahid and Principal International Islamic Medical College Lt. Gen. Azhar Rasheed were among the guests of honour. Vice Chancellor Shifa Tameer e Millat University Prof.

Dr. Mohammad Iqbal Khan moderated this session.

The fifth plenary session was dedicated to Young Doctors, with a talk on the topic of career opportunities. This session comprised three important talks on the Islamic perspective of research, Opportunities for research in Muslim countries, and Fellowship Training in Pakistan. Lectures were delivered by Prof. Saeed Akhtar, Prof. Ayaz Mir from Shifa Tameer e Millat University, and President College of Physicians & Surgeons of Pakistan Prof. Shoaib Shafi respectively. President PIMA Karachi Dr. Abdullah Muttaqi moderated this session.

Prof. Saeed Akhtar emphasized the importance of knowledge and research and said that seeking knowledge is the teaching of Prophet. Muslim scholars of the past had acquired knowledge of



Quran and Hadith along with contemporary education. If we have to excel, we will have to include research from the medical school as an essential Subject and facilitate the students in it.

Prof. Ayaz Mir first highlighted the meagre proportion of research contributed by Muslim countries. Pakistan has shown promise in research especially identifying local solution of medical problems. Still there is a large gap. If we can attain nuclear arms capability, then why are we lacking in local production of medicine - which is the need of the time?

He pointed out that the main reasons for the lack of research included the employment-oriented brain drain of the educated and intelligentsia, funding priorities are not geared up for research, and the system is making education only an exercise

to attain a degree rather than knowledge at depth.

He emphasized that merit should be the national priority and also political intervention and intrusion in institutions and education should be discouraged.

The 2-day convention ended with the address of the newly elected Central President Dr. Abdul Aziz Memon. Members of the Pakistan Islamic Medical Association (PIMA) elected Dr. Abdul Aziz Memon from Sukkur as the central president of PIMA for the session 2022-24, through e-balloting. Outgoing President Prof. Khubaib Shahid took the oath from Dr. Abdul Aziz Memon. He did his graduation from Chandka Medical College Larkana in 1984 and then Diploma in Dermatology in 1989. He served as consultant dermatologist at civil hospital Sukkur from 1989 to 2018.

He joined PIMA in 1994 and served at different levels of responsibilities like President PIMA Sindh (sessions 2011-13 and 2019-21) and as central general secretary (session 2014-16).

Earlier, PIMA Election Commissioner Prof. Dr. Sohail Akhtar announced the names of the newly elected members of the Central Executive Council for the session 2022-24.

Through e-balloting, PIMA members elected 13 members from Punjab, 13 from Sindh, 9 from Khyber Pakhtunkhwa, 2 from Azad Kashmir, 1 from Balochistan and 1 from Gilgit-Baltistan. All newly elected members took oath in the concluding session.

Members from Punjab are Prof. Muhammad Tahir Choudhry, Dr. Tahir Azam, Dr. Muhammad



Saleem Ghauri, Dr. Tariq Ismail, Prof. Intizar Hussain Butt, Dr. Imran Zafar, Dr. Muhammad Hamayun, Dr. Irfanullah Malik, Dr. Abdul Hafeez Kardar, Dr. Iftikhar Burney, Dr. Saad Hameed, Prof. Mohammad Iqbal Khan and Dr. Fakharur Zaman.

From Sindh: Prof. Atif Hafeez Siddiqui, Dr. Ahmad Salman Khan Ghauri, Dr. Kashif Shazlee, Dr. Syed Ahmer Hamid, Prof. Muhammad Azeemuddin, Prof. Abdullah Muttaqi, Dr. Aurangzeb Rehbar, Dr. Abdul Rashid Wahab, Dr. Abdul Malik Sheikh, Dr. Aziz ur Rehman, Dr. Abdullah Khilji, Dr. Ghayas us Shan and Dr. Shayan Shadmani.

From Khyber Pakhtunkhwa: Dr. Fakhar e Alam, Dr. Hafiz Muhammad Ashfaq, Prof. Muhammad Tayeb, Dr. Fazl-e Azeem, Dr. Muhammad Asghar Khan, Dr. Kamran Hassan, Dr. Sajid Hanif, Dr. Muhammad Qasim and Dr. Samiullah Khan.

From Baluchistan: Dr. Muhammad Saleem Baloch.

From Azad Kashmir: Prof. Murtaza Bukhari & Dr. Aftab Mir

From Gilgit Baltistan: Dr.

Abidullah

The first meeting of CEC will be held in Islamabad on 19-20 November 2022. A scientific and equipment exhibition also held during this convention where 18 pharmaceutical companies and 6 institutions displayed their products, equipment and services.

A poster competition/exhibition on doctors and students' research projects was also part of the convention. Researcher, Dr. Nadia Riaz win this competition. Her poster topic was "Start Where You Are, Use What You Have, Do What You Can' Autism without Borders- a Success Story."

Researcher Dr. Aleeza Sana's poster on "Adoption of health solutions using unified theory of acceptance and use of technology" got the second position. Third position goes to Researchers: Israr Khan, Fiza Afzal and Rabia Hanif. Their topic for the poster was "Role of AKI prevention checklist in reducing. Vancomycin Induced Acute Kidney Injury (AKI)." All position holders got the cash prizes as well.

22 pre-convention workshops, master classes and hands-on

experience were also held in different institutions and hospitals in Rawalpindi and Islamabad. Topics included NNR, Osteoporosis; recognition of prevention, Helping Babies Breathe, Approach to Anemia with the management of thrombocytopenia in pregnancy, Safe Obstetrics & Child Health, Interpretation of Pediatric ECG, Primary Trauma Care, Basic Life Support, Insulin titration in admitted patients & outpatients, Common Radiological Interpretations, Intrauterine insemination (IUI), Cardiometabolic Health Workshop, Innovative Healthcare Technologies Summit, Antibiotics Stewardship Workshop, ECG Workshop and Basic Management Protocols.

Pre-convention seminars on "Application of Islamic Medical Practice-41 years of FIMA Formation" and "Optimizing the integration of Islamic and Medical science in the Curriculum" were another outstanding events, addressed by international and national experts, and attended by 150 delegates from across Pakistan and abroad.





12TH UMRAH FOR MEDICAL STUDENTS

20-24 JUMADAH II 1444
13-17 JANUARY 2023

ORGANIZED AND HOSTED BY

ISLAMIC MEDICAL ASSOCIATION IN KINGDOM OF SAUDI ARABIA (IMAKSA)
WORLD ASSEMBLY OF MUSLIM YOUTH (WAMY)

IN COLLABORATION WITH

FEDERATION OF ISLAMIC MEDICAL ASSOCIATIONS STUDENTS AFFAIR CHAPTER (FIMASAC)



SAVE THE DATE



ARRIVAL TO MADINAH
12 JAN 2023



13-15 JAN IN MADINAH



15-17 JAN IN MAKKAH



DEPARTURE FROM JEDDAH
18 JAN 2023



Deadline for Registration
5th January 2023

For Registration
click on the icon or scan the QR code below

Registration



12th Umrah Program for Medical Students 2023

(13-17 January 2023) in Madinah Makkah - KSA

Sponsored and hosted by:

Islamic Medical Association in Kingdom of Saudi Arabia (IMAKSA)

World Assembly of Muslim Youth (WAMY)

Dear Brothers and Sisters

Assalamu Alaikum Warahmatullah Wabarakatuh.

We hope our message finds you in the best condition of Iman and health.

On behalf of the Islamic Medical Association in Kingdom of Saudi Arabia (IMAKSA) / World Assembly of Muslim Youth (WAMY), we are pleased to send you the announcement of the 12th Umrah Program 2023 for Medical Students nominated from Islamic Medical Associations (IMAs), members of Federation of Islamic Medical Associations (FIMA).

This is will be the first time for Umrah Program to host Female Medical Students from different IMA's.

For detailed information about the event, you may visit this website: <https://sites.google.com/view/fimasac/12th-umrah-program>

The registration of participants is open as of now till the deadline time (5th January 2023). Nomination of participants who fulfill the conditions and terms is the sole responsibility of IMA student chapters.

The organizing team from IMAKSA expects to receive a complete list of participants from the authorized person in the concerned IMA as a group.

Each IMA is entitled to a maximum number of 3 participants except certain large IMAs who will be directly notified of extra number of participants. Participants can be from both males and females. Therefore, we will not entertain direct individual application requests.

Steps for Registration:

- 1- No direct registration is accepted for individual applicants.
- 2- Download the registration Excel sheet from this link: [Click Here](#)
- 3- Complete the information about IMA medical students' chapter and its authorized representatives in addition to the nomination list of participants from your IMA.
- 4- Send the completed Excel sheet to FIMASAC email: fimasac@gmail.com
- 5- The deadline for registration 5th January 2023
- 6- Each IMA group is responsible for their VISA applications at Saudi Embassy at their countries.

In case of need for further information or inquiries, please contact us on this email: FIMASAC | Student Chapter: fimasac@gmail.com

Website:

<https://sites.google.com/view/fimasac/12th-umrah-program>

Looking for hearing from you at the soonest possible time.

Thanks & Best Regard

Wassalam.

Dr. Atallah Alruhaili
Chairman of FIMA Students Affairs Council (FIMASAC)



29TH FIMA COUNCIL MEETING, IHC-FIMA SEMINAR WAS HELD IN HOTEL BEST WESTERN, ISLAMABAD, PAKISTAN ON 28-29TH OCTOBER 2022

On the occasion of 29th FIMA council meeting, IHC-FIMA SEMINAR was held in Hotel Best Western, Islamabad, Pakistan on 28-29th October 2022. Theme of the Seminar was “Application of Islamic Medical Practice - 41 years of FIMA Formation”.

In his welcome speech President of FIMA Prof Dr. Abdul Rashid Abdul Rahman praised the consistent and persistent efforts of leadership of IHC during past two decades and he elaborated some of

the milestones achieved by the Islamic Hospital consortium.

A thematic presentation on “Application of Islamic Principles in Medicine (Shariah Hospital and Ibadah Friendly Hospital) - FIMA Members' Perception” was made by Dr Ishak Masud, Malaysia the chair of IHC. Pakistan Update & Islamic Hospital Checklist and Self- Assessment Questionnaire developed was presented by Dr Usman Zafar Vice Chairman Alkhidmat Health Foundation.

Alkhidmat Foundation was also the co-host of seminar. Dr Siti Aisyah Head of international Division MUKISI talked about “Shariah Hospital Certification Standard followed by Shari'ah Compliant Hospital in Malaysia: The Development, Challenges and Way Forward by Dr. Shaharom Md Shariff, CEO An Nur Specialist Hospital Malaysia.

The most impressive and rewarding speech of the day was from Dr. Omar Hassan Kasule



from Riyadh, Saudi Arabia on “Maqasid As-Shariah and Qawaid Al-Fiqhiyah: The Guiding Principle in Our Medical Practice. Islamic Chaplaincy and the Importance of Offering Holistic Healthcare: was presented by Ms Rehanah Sadiq, United Kingdom.

Promoting the Understanding and Application of Islamic Principles in Medicine - Have We Done Enough? A Glimpse into real life case Studies: this important area was covered by Ms Rehanah Sadiq, United Kingdom, she also made a presentation on” End of life care”.

Islamic Hospital Initiatives; Nature, variety and reception among AHF and Affiliated Hospitals was the topic of talk by Dr Usman Zafar Vice Chairman Alkidmat Health Foundation.

Sis Suzal Ashima, Nursing Manager Al Islam Hospital Malaysia talked about Nursing SOP's in Islamic Hospital followed by a presentation on Ibadah Friendly Hospital Practice In West Africa - An Update by Dr Salisu Ismail, Nigeria. Challenges in Implementing IFH Mindanao was the topic discussed by Dr

Sherjan, Chairman, Muslim Spiritual Care Committee Cotabato Regional and Medical Centre & President Moro Waqf Foundation, Inc. Philippines. Implementation of Ibadah Friendly Hospital (IFH): What Can We Learn and Share. A presentation on Ethical Conduct of A Muslim Healthcare Workers: A Bedrock to IFH Practice was made by Dr Salisu, Nigeria.

In the concluding certificates and awards were presented by Dr. Hafeez ur Rehman, executive Director FIMA and Dr. Ishak Masud, Chairman IHC-FIMA.



Free papers were read on FREE PAPERS: Workshop on Shariah Compliant Medical Service Standard - Malaysia and Implementation of Salah Sheet and Ayadat Sheet and the Response of Patients and Staff to This Intervention - IHC Pakistan.



TRAVELING TO NORTHERN AREAS OF PAKISTAN WAS VISITING PARADISE ON THE EARTH! VISIT TO AGOSH ORPHANAGE MURREE WAS A MEMORABLE LIFETIME EXPERIENCE

Pakistan Islamic Medical Association (PIMA), under the umbrella of the Federation of Islamic Medical Association (FIMA), hosted the 39th conference in Islamabad, Pakistan, in late October, 2022. Attended by 130 foreign delegates from 26 countries and hundreds of local medical professionals and students, the 20-strong South African contingent used the opportunity to tour other parts of the country as well. Expecting a

culture shock, the first stop in the City of Gardens, Lahore, the second most populous city of 13 million people, immediately removed my preconceived negative perception of a crowded, disorganised and dirty city. It was clean; people were friendly and the food simply scrumptious. A visit to the Lahore Fort recounts the rich Mughal history. One of the largest mosques in the world, the Badshahi mosque, built by Aurangzeb, and Shah Jahan's

magnificent Shalimar Gardens with about 450 fountains, has been designated a UNESCO World Heritage site.

An overnight stay in the second most beautiful capital city in the world, Islamabad, did not prepare me for the stunning beauty of Northern Pakistan, Hunza, Gilgit and Skardu. Skardu, capital of Baltistan is perched 2,438 metres above sea level in the backdrop of the great peaks of the Karakoram.



The breath-taking beauty of Northern Pakistan can only be appreciated if seen. It is a must for anyone visiting the country, especially during the months of March to November. Winter travel is not recommended because roads become icy and slippery and are dangerous.



Ambassadors at large, the FIMA delegates from various countries greeted.



Ambassadors at large, the FIMA delegates from various countries greeted.



The school assembly playing national anthem



Look at the amazing exhibit of brotherhood and association.



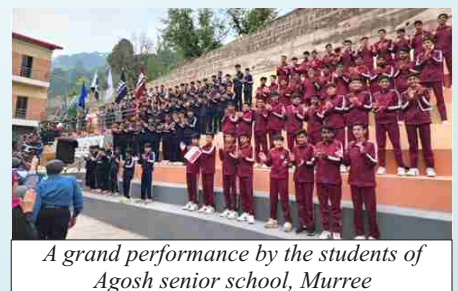
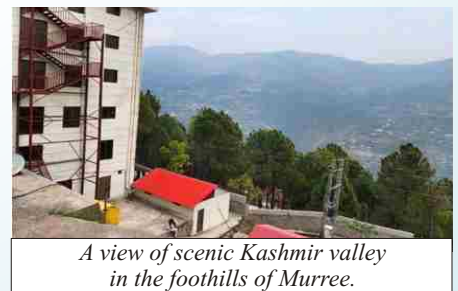
The two old friends, Ihsan and Jeffery at the Agosh School

Famous for climbing and mountaineering all around the world, Skardu hosts Pakistan's highest and the world's second highest mountain, K2 (8,611 m). The Hunza valley is popular for its snow-capped and spectacular, rough mountains. Many people come to Hunza just to get a few glimpses of the shining ice wall of the Rakaposhi Mountain. The trip back to Islamabad in a 20-seater mini-bus was an incredible, if hair-raising adventure. Driving through towering, snow-capped mountains on narrow roads with the turquoise Indus River deep down the gorge, had us on tenterhooks. The breathtaking, dazzling beauty diverted our attention, at times, from the risky overtaking on winding roads by skilled drivers. Plainly visible was the old silk road snaking through the edge of the mountains. On occasions the entire bus loudly prayed the dua before embarking

on the next phase of the journey, with eyes tightly shut and with deep sincerity!

The PIMA/FIMA Conference was held in Islamabad, ("City of Islam," or the "City of Peace"), a name chosen to reflect the country's ideology. The logistical challenge of hosting such a conference with so many foreign delegates was carried out to near perfection. Apart from the exceptional professional quality of the talks, the use of technology, the delivery, consciousness of adhering to time limits, the availability and willingness of the volunteers (mainly students, boys and girls) to assist, transport, lunch and dinner, was exceptional. Our final trip as guests of PIMA/FIMA was to the mountain resort city Murree. What stands out apart from the magnificent natural beauty of the city was a school for 420 orphans established by Al

Khidmat Foundation, one of the co-sponsors of the Conference. The brightest students, selected on merit, begin the day with morning prayers (Fajr) at the mosque, attending classes equipped with computers and taught by top-class experienced teachers. We were introduced to them in their immaculate dormitories and listened mesmerised as they performed a play and recited qiraats, naats and poetry in English, Urdu, Arabic and Persian from the famous poet philosopher, Allama Iqbal. Alkhidmat Foundation is active in providing aid in the flood affected Swat region, famous for its natural beauty, and providing their expertise in disaster management, health services, education, orphan care, clean water, Mawakhat (interest-free loan) and other community services, this is in an unbelievable net spread in all the corners of the country . Al



The FIMA delegates got so mixed up and intimate with boarders at Agosh boarding school, Murree.

Somalia friends from Agosh, Murree.

A view of scenic Kashmir valley in the foothills of Murree.

Children were excite to meet so many doctors from all over the world, feeling at home Dr. Eka and Siti Ayesha (Indoneisa)

A grand performance by the students of Agosh senior school, Murree

Khidmat Foundation outclassed all the other competitor NGOs in providing par excellence humanitarian and medical relief services during the recent disaster and calamity leaving thousand of victims dead and injured and millions homeless. They feed 22,000 orphans daily, and have pledged to feed all 5-8 years old throughout the country. What provides food-for-thought is the commitment of volunteers, the humility of leaders, the dignity of recipients, people's trust in the organisation, and the achievements of the organisation-with minimal resources. Up to 95% of all aid reaches those in need. After the Convention, most South Africans visited the port city and former capital of Pakistan, Karachi. The most populous city of Pakistan, the “organised-chaos” of the traffic with motor cars and bikes racing helter-

skelter, has a vibe typical of many cities in the East. An anecdote related by someone in the group comes to mind. A foreign government delegation (Russia) was asked for advice on how to regulate Karachi's traffic. After a few days of observing, the advisors left saying “There must be a God!”.

Travelling, it is said, is a powerful aid to education. It provides an experience of the world. By travelling we come into contact with people of different backgrounds, colour, creed and community to gain familiarity with their tradition, culture, customs, costumes and their style of living. It is the epitome of experiential learning, making it one of the many reasons why travel is the best education that money can buy. This particular group from the Islamic Medical

Association of South Africa (IMASA) provided many inspirational leaders, three of whom, Dr Mohamed Khan, Dr Goolam M Hoosein and Dr Ashraf Jedaar, were honoured by FIMA with Lifetime Member Awards. As with any journey, hurtling through 7 cities in 14 days provided some challenges. The altitude on those colossal, magnificent mountains caused breathing problems in some; avoiding tap water and salads averted upset tummies; and one hotel provide only refreshing, icy water to shower with in cold conditions! It was the diverse strengths of each individual within the group, from the 83-year-old energetic doctor to a young, rowdy and lively spouse, that made this trip an uplifting and memorable one. As for PIMA, their warmth, hospitality, flawless organisation, incredible achievements and the humility of leaders will always



Relaxing moment after week long marathon FIMA-PIMA conventions and meetings....



Address of FIMA delegates following a prayer in Agosh Mosque, Murree



South African, Turkish and Malaysian veterans of FIMA on a morning walk in Bhurban, Murree hills.



Sr. Riyadh Abu Sulaiman, Vice President of FIMA and Dr. Hafeez ur Rehman at the banquet dinner with colleagues.

remain an abiding inspiration. It made us proud to be Muslims!

(As part of the South African medical association, Dr Firoz

Osman participated in a medical conference organized by the Pakistan Islamic Medical Association (PIMA) in Islamabad. Participants naturally visited

northern Pakistan as well as other cities. He shares his observations of the country).



A jungle feast, 3 D picture captured by Dr. Eka Giananger.



Banquet dinner at Hotel Pearl Continental Bhurban.



Grand Assembly at Agosh School and College, Murree



En route to Murree, the amazing sightseeing program arranged by PIMA.



Dr. Ammar, Dr. Amin and Dr. Yursi



Palestinina and Jordanian at the hotel lobby with the tall security guard.



Dr. Yursi (President IMAM & Dr. Ayub Twaha (Uganda) in local attire



Female audience of the PIMA scientific convention

IMANA TEAM IN YEMEN TODAY OUR GENERAL SURGERY TEAM ARRIVED TODAY IN PALESTINE MASHALLAH ONE TEAM IS IN NABLUS OTHER ONE ADEN



15-26 August 2022

Intensive Training In

ISLAMIC CHAPLAINCY



Academy of Ibadah Friendly Hospital, Al-Islam Specialist Hospital has organised Training of the Trainers in Islamic Chaplaincy which has taken place from 15 to 26 August 2022 at Hospital Cencelor Tuanku Muhriz (HCTM) that offers a unique opportunity to acquire practical skills required to train newly-appointed chaplains / trainee chaplains while they are placed in a hospital environment.

The training was conducted by Ms. Rehanah Sadiq, a specialist trainer and Muslim Chaplain from Birmingham Hospital, UK who is also a Fellow of Academy of Ibadah Friendly Hospital. She has provided counseling in the Muslim community for over 30 years. She is also a qualified psychotherapist and working in consultation with the World Health Organization (WHO) in providing information from the perspective of a Muslim.

Training Of The Trainers In ISLAMIC CHAPLAINCY

Tempat: **IBADAH FRIENDLY HOSPITAL**

Dr Ishak Mas'ud
Fellow of Academy of Ibadah Friendly Hospital, Al-Islam Specialist Hospital

Ms Rehanah Sadiq
Specialist Trainer and Muslim Chaplain from Birmingham Hospital, UK

DAFTAR SEKARANG

DAFTAR SEKARANG

019-238 1007

Participants who are among Religious Officer and healthcare workers from various healthcare institutions were exposed to specific topics including:

- Hands on practical training
- Clinical Supervision: group and individual
- Ward shadowing and debriefing
- Practical role play session and discussions

With that, a Postgraduate Certificate in Islamic Chaplaincy will be offered in conjunction with this Training of the Trainers programme in collaboration between the Academy of Ibadah Friendly Hospital, Universiti Selangor (UNISEL) and Markfield Institute of Higher Education (MIHE). The first program of its kind in Malaysia will begin the first intake in January 2023.

“Variety of knowledge will help to give the best advice for patients”



Dato' Dr Ismail Alias giving lecture on Interpersonal Skills



Dr Ishak Mas'ud on his first session of training



Dr Azwan giving talk on Listening Skills



Miss Rehanah Sadiq during Ward Shadowing & Debriefing session



Matron Shima, guest speaker giving talk on performing ibadah for patients during hospitalization

ACADEMY IBADAH FRIENDLY HOSPITAL & **MARKFIELD INSTITUTE**

Tawaran Biasiswa Sijil Pascasiswazah ISLAMIC CHAPLAINCY

RM 12,600

Tarikh kemasukan: Januari 2023 - Jun 2023

Tempoh: 6 Bulan

012 2472765 (UNISEL)
019-238 1007 (ACADEMY)



Closing ceremony and awarding of ToT completion certificate

REMAINING MESSAGE OF THE PRESIDENT

and spiritually. Aameen

Alhamdulillah we are almost towards the end of 2022, a year which will best be remembered as the year we came out of the COVID 19 Pandemic with Allah's blessings and permission. This year many of FIMAs and IMAs activities have resumed, most notable being our Annual Council and Scientific Meeting. It was indeed an occasion to savour for not only did we meet physically after a hiatus of 3 long years, we were treated like royalties by our gracious hosts PIMA and Al Khidmat Foundation. Without exception all our Annual Council and Scientific Meetings have their uniqueness and they inevitably leave behind lasting memories. FIMA/PIMA 2022 felt like our 22 years of absence from Pakistan was compensated handsomely with hospitality, generosity and organisation which can only be described as beyond superlatives. This issue of the Newsletter is mainly dedicated to that memorable meeting we just had in Islamabad; the 39th Council Meeting, the International PIMA/FIMA Scientific Meeting and the superb social events which we were feted with. I also take this opportunity to congratulate the main architect of the highly successful FIMA 2022 Council and Scientific Meeting, Prof. Dr. Hafeez ur Rahman, FIMAs Executive Director, who was appointed by Al Khidmat Foundation as their new President soon after organising the memorable FIMA event.

Another evidence that we are coming out of the COVID 19 Pandemic is the resumption of outdoor activities. The FIMA 20th Student Camp has just been successfully held in Solo, Jawa, Indonesia between the 29th November and 5th December 2022 and the upcoming 12th Umrah for students which has been announced in this issue of the Newsletter due to take place between the 15th to

17th January 2023. With the reopening of borders for international travelling, I have taken the opportunity to visit other IMAs beginning with IMA Cambodia (IMAC) between the 15th to 17th of December 2022. I took the opportunity to visit the IMAC Headquarter in Phnom Penh and the various projects under IMAC. I also hand over to IMAC donations from FIMA to assist in providing nutrition support for COVID-19 impacted families in Cambodia. More about my visit in the next issue of the Newsletter in sha Allah.

As I mentioned in the last Issue of the Newsletter, one of the challenges we face is to re live the glorious era of Islamic Medicine where we use to lead the world. At the recently concluded Council meeting, the 39th Council has approved a new project called the History of Islamic Medicine (HIM) which will be lead by Dr. Sharif Kaf Al Ghazal of BIMA (UK). This new project will kick off with an on line Webinar on the 25th of November 2022 and I take this opportunity to encourage all IMAs to advertise this Webinar to all your members.

Lastly as we enter into the new year of 2023, we pray to Allah to grant us the health and commitment to serve Him through this global platform and by so doing seeking His pleasure bi iz nillah.



Walaikum Salam
Prof. Dr. Abdul Rashid Abdul Rahman
President, FIMA

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