

## نشرةالاتحادالعالمهاللجمعياتالطبيةالاسلامية

e-newsletter of Federation of Islamic Medical Associations
Volume 62, Issue January 2022







# MESSAGE FROM THE PRESIDENT



In the Name of Allah the Beneficient the Merciful

Peace and Blessing be Upon the Messenger

Dear Members of the FIMA Family, Esteemed Sisters and Brothers, Assalamu Alaikum

As we enter the New Year of 2022, let us reflect on the momentous date of 31st Dec 2021 which marks exactly 40 years since FIMA was founded by other founding brothers and fathers. From a humble beginning, FIMA is now a truly international organisation, a federation of 53 National Islamic Medical Associations (IMAs) and

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# FIMA CONVENTION 2021 HELD UNDER THE AUSPICES OF YARSI UNIVERSITY, JAKARTA, DECEMBER, 2021. PROF. ABDUL RASHID ABDUL RAHMAN FROM MALAYSIA ELECTED AS FIMA PRESIDENT.

This year's FIMA Convention is special in many ways; Indonesia hosts the event for the 5th time, and we celebrate FIMA 40th Anniversary this year, with Prof Jurnalis Uddin as one of FIMA founding member back in 1981 in Florida USA. FIMA has certainly come a long way.

FIMA is maintaining the UN ECOSOC status and special envoy to OIC. It is the largest international Muslim doctor organization. Today it has 53 member IMAs representing countries from around the world. Its main activities are relief work, projects such as FIMA Save Vision, FIMA Lifesavers, FIMA Save Dignity, FIMA Save Smile, FIMA HIV-AIDS Resource Center, and many more.

Alhamdulillah we are seeing more younger faces from IMAs around the world. This year the Council has approved 2 new members i.e. IMA Canada

(previously a chapter in IMANA) and IMA Australia (previously IMA Queensland).

The Convention held series of events through 5 days, namely: Council Meeting, Islamic Consortium Meeting, Consortium of Islamic Medical Colleges, and Scientific Meeting.

#### FIMA Council Meeting

The consequence of holding an international online meeting is

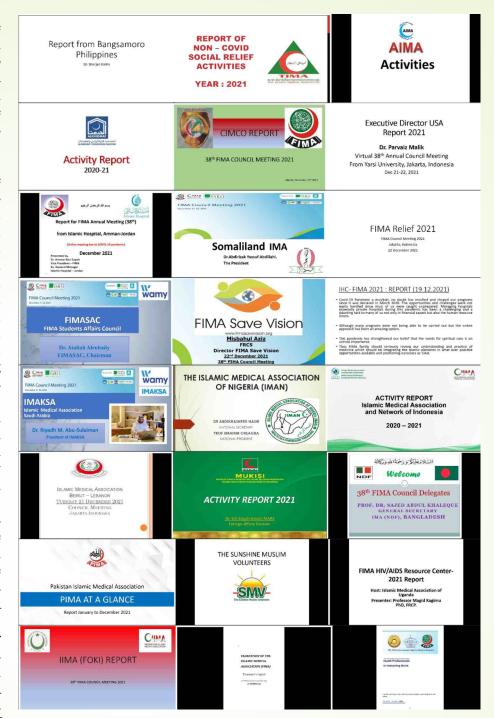


Editor: Dr. Tanveer Zubairi, Ex. President, FIMA | Assistant Editor: Sajjad Saleem Prof. Dr. Abdul Rashid Abdul Rahman, President, FIMA | Dr. Eka Ginanjar, General Secretary, FIMA

time limitations. We had to decide on a common time when as much members could attend. We agreed to start the meeting at 8pm Jakarta time to accommodate those in Africa, Middle East, Europe and the Americas. 2 days of meeting pasts midnights, Subhanallah.

This year, the meeting were attended online by IMA delegates from 26 countries: Afghanistan, Bangladesh, Cambodia, Cameroon, Canada, Ghana, India, Indonesia, Jordan, Kenya, Kingdom of Saudi Arabia, Lebanon, Malaysia, Nigeria, Pakistan, Palestine, Queensland, Singapore, Somaliland, South Africa, Sudan, Turkey, United Kingdom, Uganda, USA, and Zimbabwe. The meeting was preceded by opening remarks from 3 founding members of FIMA: Prof. Dr. Jurnalis Uddin (Indonesia), Prof. Dr. Syed Mubeen Akhtar (Pakistan), and Dr. Ghulam Hoosen (South Africa), followed by last address from Prof. Dr. M. Ihsan Karaman as President of FIMA. FIMA 40th Anniversary was symbolically celebrated with the screening of the FIMA 40th Anniversary video, which tells the story of FIMA's journey since its founding in 1981. The FIMA Lifetime Achievement Award 2021 was presented to Dr Ashraf Jedaar of IMASA South Africa, for his good commitments and passion leading FIMA Relief projects. A special honor and prayer was attributed to Dr. Cherifa Sururu of IMAZ Zimbabwe, a Family Physician who passed away of COVID-19 related complications on Wednesday 27 January 2021.

The Council Meeting then continued with the report of FIMA Exco 2020-2021, Financial report 2020-2021, and September 2020-December 2021 IMAs activity reports, followed by FIMA Project Reports from: IJHHS, FIMA Relief, IHC, FIMA Lifesaver, CIMCO,



FIMA HIV, FIMA Save Vision, and FIMASAC. As usual, many IMA reports were inspiring. They are doing so many despite facing limitations, especially in Muslim minority countries.

The Council has appointed new office bearers for the next 3 years. Prof Dr Abdul Rashid Abdul Rahman (IMAM Malaysia) was appointed as the President, Dr Riyadh Abu Sulaiman (IMAKSA Saudi Arabia) was appointed Vice

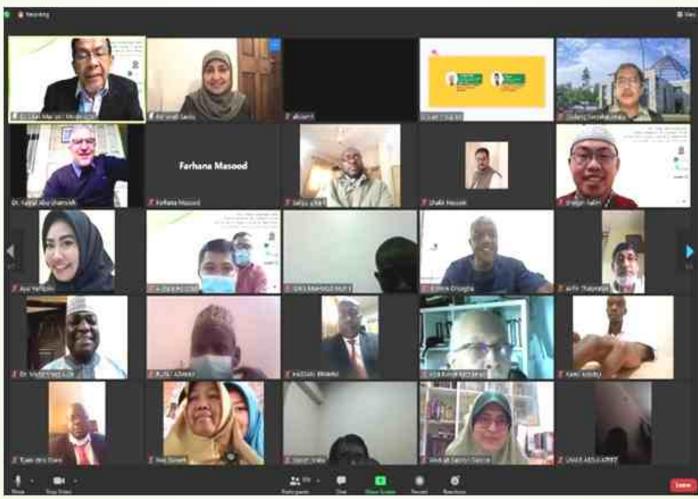
President and Dr Eka Ginanjar (IIMA Indonesia) was appointed as Secretary General, Dr Ashraf Jedaar (IMASA South Africa) is the treasurer. 3 Exco members are Dr Sharif Kaf Al-Ghazal (BIMA UK), Prof. Dr. Magid Kagimu (IMAU Uganda), and Dr. Ammar Abu Supoh (Islamic Hospital Jordan). Subhanallah what a huge responsibility. May Allah guide us always, and note all efforts as amaljariyah.

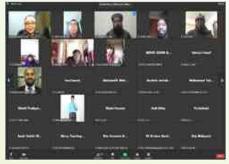
# ISLAMIC HOSPITAL CONSORTIUM (IHC) VIRTUAL MEETING HELD: "COVID PANDEMIC: CHALLENGES AND OPPORTUNITIES"

IHC held on December 21, 2021, with the main topic "Covid Pandemic: Challenges and Opportunities". This consortium featured several speakers, Prof. Dr. Omar Hassan Kasule (King Fahd Medical City Riyadh), "Islamisation In Medical Practice: How Much We Have Achieved?", Dr. Sagiran, Sp.B, KKL (RS Nur Hidayah Bantul Indonesia), "Challenges In Managing a Hospital During the Covid

Pandemic", Dr. Muhammad Iqbal (Director RS Al Islam Bandung), "Staff Loyalty in Islamic Hospital", Dr. Salisu Isma'il (Nigeria), "Ibadah Friendly Hospital: Experience from Africa", Dr. Ishak Masud (Director AlIslam Specialist Hospital, KL), "The Relevence of Ibadah Friendly Hospital During Covid Pandemic", Ms. Rehana Sadiq (Muslim Chaplain (UK)/Fellow of Academy of Ibadah Friendly Hospital),

"Spiritual Support for Covid Patients", Dr. Kamal Abu Shamsieh (Director, Intereligiuos Chaplaincy California, USA), "End of Life Support for Covid Patients", and Dato Dr. Wan Nasrudin Wan Ismail (Head Anaesthesiology and Critical Care, Hospital Kota Bharu, Kelantan, Malaysia, "Sharing Session: Doctor Experience as Covid Patient"









# FIMA SCIENTIFIC MEETING ATTENDED BY A LARGE NUMBER OF MEDICAL PROFESSIONALS GLOBALLY

The 2021 FIMA Scientific Meeting held by Faculty of Medicine YARSI University on 23-24 December 2021, in collaboration with the Federation of Islamic Medical Association (FIMA), and Indonesian Islamic Medical Associations (IIMA).

The Federation of Islamic Medical Associations (FIMA) is a registered body of 53 IMAs and associate members worldwide, representing about 50,000 Muslim medical and health professionals. The mission of FIMA is to provide a platform for Muslim physicians worldwide in the areas of medical education and ethics, student camps and humanitarian and medical relief. It is a not-for-profit, non-political and non-governmental organization.

Dean of the Faculty of Medicine YARSI University, Prof. dr. Rika Yuli Wulandari, PhD, Sp.KKLP in her remarks conveyed scientific meeting is an annual FIMA program that carries out Islamic Medicine activities, including health, education and research through collaboration and coordination between organizations. FIMA becomes a forum for exchanging medical information and technical expertise between members of the organization and in the end it becomes input for stakeholders in the health sector for FIMA members. "Prof. Dr, Jurnalis Uddin, Chairman of the YARSI foundation is one of the founding fathers of FIMA," explained Prof Rika

Prof. Rika is also the Head of the Center for Genomic Research YARSI University, adding that the benefits of YARSI University in FIMA can contribute to the development of Islamic Medicine, including developments in controlling Covid-19, YARSI University can discuss the

adaptation of medical education in a pandemic situation. "FIMA has played a role and has activities in Indonesia through IIMA," said Prof. Rika.

FIMA Scientific Meeting 2021, held for two days and attended by 23 countries has a special value with the presence of the Minister of Health of the Republic of Indonesia, Budi Gunadi Sadikin and FIMA President Dr. Ihsan Karaman gives the opening keynote speech

Minister Budi Gunadi said, in the Covid-19 condition, we must be ready to live side by side in the Covid-19 condition, which is not yet clear when it will end.

The Minister of Health expressed his appreciation to YARSI University for holding the 2021 FIMA Scientific Meeting and hoped that from this meeting it could contribute ideas and









innovations to help deal with the COVID-19 pandemic, so that our health system is better prepared to handle it.

The scientific meeting with the theme Integrated Approaches of Pandemic Lessons to Learn from Covid-19 presented several speakers from the Head of the National Disaster Management Agency (BNPB) Major General Suharyanto.

Major General Suharyanto explained about Covid-19 and the actions taken when this variant was discovered. Tracking and testing staff at Wisma Atlet, especially to closest contacts, examination of

the whole genome, treatment for positive patients, strengthening testing especially with SGTF, as well as Lockdown at Wisma Athletes.

The President of IMANA, United State of America, Dr. Marium Husain, explain about Covid-19 and its relation to the Greenhouse effect and various impacts of climate change, such as mental health, water and food supplies, air pollution, extreme heat.

Director General of the Ministry of Education and Culture, Higher Education, Research and Technology, Prof. Ir. Nizam, M.Sc, gave his remarks on the second day of the FIMA Scientific Meeting. The event was also attended by the Department of Surgery of the College of Medicine and Medical Sciences, Dutse Federal University, Jigawa Nigeria, Dr. Salisu Isma'il, and Head of Plastic and Reconxtructive Surgery Bradford Royal Infirmary and Honorary Lecturer University of Leeds, Dr. Sharief al Ghazal, Director of the Graduate School of YARSI University, Prof. Dr. Tjandra Yoga A. Sp.P(K), Shifa Tameer-e-Millat University Pakistan, Prof. dr. Muhammad Iqbal Khan and Universiti Sains Islam Malaysia, Dr. Suhaila Sanip, M Med Ed.







At this FIMA Scientific Meeting, oral presentations were also held from 120 participants, lecturers and students of the Faculty of Medicine from various countries, with the topic of health, social,

information technology, economic, business, education, islamic and all study related to covid-19 and other disease: Biomedical research, Immunology, Virology, Molecular Biology, Bioinformatics, Natural Product research, Public health, Mental illness research, Social and economic impacts of covid-19, Islamic approach related to p a n d e m i c, C l i n i c a l studies/approach, and Nutrition.



# CONSORTIUM OF ISLAMIC MEDICAL COLLEGES (CIMCO) HOLDS ITS MEETING ON 22ND DECEMBER 2021

CIMCO held its meeting on December 22, 2021, with Prof. Omar Hasan Kasule MPH, PhD, King Feisal University (Kingdom of Saudi Arabia) as a Panelist, and Dr. Iman Permana, M.Kes., PhD, Universitas Muhamadiyah Yogyakarta/UMY (Indonesia) as Moderator for the first session. In this first session, there were 4 presenters who explained topics related to Covid-19: Dr. dr. Ida Royani, M. Kes (UMI)/ Indonesia, "Propetic Nutrition potential for New Era Health Style", Prof. Dr. Abdul Wajid Siddiqui (Pakistan), "Principles of Prophetic Medicine in the Treatment of Disease", Dr. Ede Surya Darmawan, SKM.,

MDM. (Indonesia), "An Islamic Approach for Controlling Pandemic Covid-19", and Dr. dr. Susilorini, MSiMed., SpPA (Indonesia), "Preventive Medicine (Vaccination) for Pandemic in Islamic Perspective".

The second session of this meeting focused on the topic of medical education. In this second session, dr. Titi Savitri Prihatiningsih, MA., MMedEd., PhD Univeristy of Gajah Mada/UGM (Indonesia), and dr. Shulhana Mokhtar, M.Med.Ed, Universitas Muslim Indonesia/UMI (Indonesia) as Moderator. In this session, there were 4 presenters who presented topics related to medical

education during the Covid-19 Pandemic: Prof. Dr. dr. Budi Santoso, SpOG (K) (Indonesia), "Adaptations teaching learning Methods in Clinical Phase during Covid 19 Pandemic", Zamzami, PhD (Kingdom of Saudi Arabia), "E-Learning for Medical Education", Dr. Umatul Khoiriyah, M.Med.Ed, Ph.D. (Indonesia), "Method of Behavior Assessment in Pandemic and Post Pandemic Era", and Prof. Abu Kholdun Al-Mahmood M Phil, PhD (Bangladesh), "How to Write Case Report for Clinical Phase and International Journal".

#### COVID-19 IN SOUTH EAST ASIA, LESSONS TO LEARN FOR MUSLIM COMMUNITIES

Southeast Asian State Ocean Studies Center with the Crescent Moon Medical and Public Health Association and the Foundation for Medicine and Public Health You are cordially invited to join the online panel discussion on the 54th Anniversary of ASEAN: ASEAN and the Transition in the COVID Crisis Ep2: Covid-19 in Southeast Asia: Lessons for Muslim Community in Southern Thailand. On Saturday, December 11, 2021 from 7:30 PM. to 9:30 PM. via ZOOM Meeting ID: 999 004 3391 and via FB Live: Ocean Center Southeast Asian Studies. and the Crescent Moon Medical and Public Health Association #opened by -Saleh Talib Head of Covid19 Working Group, Assalam Institute, Thailand #lecturer -Dr. Ceva Wicaksono Head of Covid-19 Ad Hoc Committee Indonesian Society of Internal Medicine (PAPDI), Indonesia -Dr. Muhammad Yusri Musa President of Islamic Medical Association of Malaysia (IMAM) -Dr. Kop Roly Chairman of CMYA (Cambodian Muslim Youth Alliance)

#### -Saleh Talib

Head of Covid19 Working Group, Assalam Institute, Thailand

#### -Dr. Ceva Wicaksono

Head of Covid-19 Ad Hoc Committee Indonesian Society of Internal Medicine (PAPDI), Indonesia



### -Dr. Muhammad Yusri Musa

President of Islamic Medical Association of Malaysia (IMAM)

#### -Dr. Kop Roly

Chairman of CMYA (Cambodian Muslim Youth Alliance) Health Committee, Cambodia

#### -Dr. Muhammad Fahmee Talib

Lecturer, Faculty of Nursing,

Prince of Songkla University

#### -Dr. Ananchai (Arifin) Thaipratan

President of Medical and Endownment Foundation, Thailand

#### -Dr. Hafiz Salae

Director of Center for Southeast Asian Maritime States Studies, Prince of Songkla University

# PREVENTION OF BLINDNESS (POB) PROGRAM EXTENDS ITS NATIONWIDE ACTIVITIES

#### Eye Camps, Schools, Prisons









#### **Activities POB Trust**

Free Eye Camps: 786

2 **Eye Hospitals:** 

OPD: 17,13,500 Surgeries: 2,03,200





Karachi Lahore

500,000 OPD: 40,000 OPD:

Surgeries: 1800 **Surgeries:** 80,000

Accredited hospital for FCPS Training



















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The 9th edition of JBIMA has been published recently.

There are articles on a variety of different topics (Ethics, History, Islam & Health, etc)

To access all the articles of the Journal please click here

Shaikh Dr. Abdullah bin Yusuf al Judai

Nawwar Al-Attar

https://jbima.com/wpcontent/uploads/2022/01/compile dversion-1.pdf

Please visit the journal website

https://jbima.com in order to view the previous issues.

Islam & Health

Behavioural Activation for Muslims (BA-M): a model for faith-based depression therapy in religiou

The Lifesavers Method: teaching basic life support

Bismah Ali, Nooruldeen Al-Asali, Sameen Nassa

Chronic Pain and Islam: A Consideration of the

Muslim Patient's Journeyas per Rothman and

The Guide to Ophthalmology (Al-Murshed fi Al-

Book reviewed by M. Zafer Wafai & Serene Wafai

A Personal reflection on the issue of Autonomy and

A jurisprudential Opinion on the Mandatory Covid

Mandatory Covid Vaccination for Health Care

Vaccination for Health Care Workers Abdullah bin Yusuf al Judai

Zahra Choudhry & Ghazala Mir

skills across regions and borders

Coyle's Model of the Soul

Letters to the Editor

Workers Shakeel Ahmed

**Book Review** 

Usman Raja & Dr Sabena Jameel

Sharif Kaf Al-Ghazal JBIMA, Editor

## PIMA **HEALTH AWARENESS**

# Webinar GERIATRIC CARE

Wednesday JAN 05th



Old age brings with it a multitude of health problems. physical and psychological - It is our duty to help our elderly transition this phase in the most comfortable way possible... Learn all about

- The common medical issues our elderly population faces
- How best to tackle these medical complaints
- How often to schedule checkups
- How to properly review medications frequently
- What diet is most suitable for the aging gastrointestinal system...and much more

## IN PIMA'S AWARENESS PROGRAM ON GERIATRIC CARE

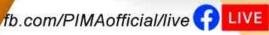
Our elderly are our assets. Let's learn how to properly care for these precious gems of our society!

#### SPEAKER:

### DR. SHAISTA SAGHIR

MCPC, FAMILY MEDICINE, CONSULTANT FAMILY PHYSICIAN, LIAQAT NATIONAL HOSPITAL, KARACHI

ARRANGED BY: PIMA WOMEN WING









invites you to

## SAVE THE DATE

for

# AIMA'S FIRST NATIONAL CONFERENCE



DATE: 1 - 3 October 2022 VENUE: TBC in Sydney

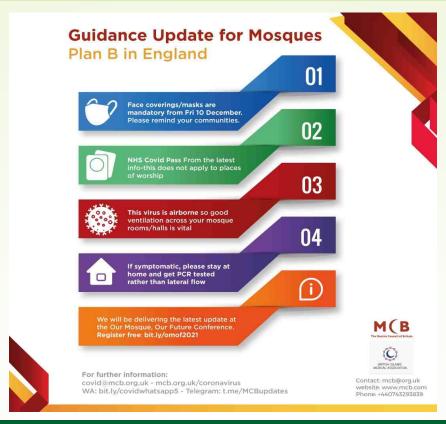


## What To Expect:

- Social networking
- Team building activities
- Educational activities
- Recreational activities
- Structured activities for families and children

#### FURTHER DETAILS TO COME

\*Select activities will be eligible for CPD credit.



# IMARET WON THE 1ST ASEAN OUTSTANDING SOCIAL WELFARE & DEVELOPMENT AWARD (AOSWADA) 2021

The event was conducted live from Thailand, in conjunction with the 17th ASEAN Senior Official

Meeting on Social Welfare and Development (SOMSWD). Our heartfelt gratitude to all our awesome volunteers, generous donors and everyone else who have been a part of our history.









### REPORT OF FOLLOWING PIMA PROJECTS WERE PRESENTED

## PIMA Central Executive Council Meeting

Central Executive Council (CEC) meeting of Pakistan Islamic Medical Association (PIMA) was held at PRIME Foundation head office Islamabad on 11-12 December 2021. It was presided by Dr. Khubaib Shahid, Central President PIMA. Elected members of CEC including the provincial presidents, past central presidents and in charges of various departments of PIMA attended the meeting. Progress reports of PIMA activities over the last six months were presented and further plans of action were discussed. Provincial progress reports were also part of this session. Central President PIMA Women Wing Dr. Naveed Butt also participated online along with other Women CEC members. Meeting started with Dars-e-Quran by Dr. Abdul Aziz Zia, in charge PIMA Dawah & Tarbiah followed by the welcome address by Dr. Khubaib Shahid.

#### Reports of following projects were presented and discussed in detail.

- Dawah-o-Tarbiah
- Continuous Professional Development
- Medical Relief
- Prevention of Blindness (POB) Trust
- PIMA Women Wing
- Students Branch

- Dentistry Branch
- Doctors Advocacy
- Tibbi Fiqhi Board
- PIMA Publication
- Central Meetings & Visits









## REMAINING MESSAGE OF THE PRESIDENT

related organization spanning 43 countries. FIMA's presence can be felt from Canada in the west to Australia in the east, from Britain in the north to South Africa in the south. We welcome the Muslim Medical Association of Canada and the Australian Islamic Medical Association to the family of FIMA after their application to join FIMA was unanimously approved by the 38th Council. With its 16 global projects which is supported by the various IMAs, FIMA is indeed a unique Muslim health based federation with a truly global outreach, not only in muslim majority but also in muslim minority countries.

At the just completed 38th Virtual Council Meeting organized by the Indonesian IMA and hosted by YARSI University Jakarta we were reminded by 3 of our illustrious surviving founders, Prof Jurnalis Uddin of Indonesia, Dr. Mubin Akhtar of Pakistan and Dr. Ghulam Hoosen of South Africa on FIMA's raison d'etre. Our founders also reminded us to take FIMA to the next level in facing future challenges affecting global health. It is worth reminding ourself that many of FIMAs projects directly contribute to the Sustainable Development Goals (SDG) including the most recent FIMA Save Earth approved by the 38th Council Meeting.

The COVID 19 pandemic, now into its third year, also managed to bring the best in FIMAs collaborative efforts,

particularly it our advocacy role to muslims the world over. FIMA also managed to convince some state governments to respect muslim rights viz a viz the pandemic.

I take this opportunity to thank the outgoing Executive Committee (EXCO) of 2019 - 2021 particularly the immediate past President, Dr. Ihsan Karaman of Hayat Foundation Turkey, and his team. May Allah reward them in abundance for their commitment and sacrifices in helming FIMA. The new EXCO elected for the term 2021 - 2023 will try our best to shoulder the trust (amanah) bestowed upon us. FIMA has now to critically evaluate what we have achieved over the last 40 years, learn from past experiences and chart the future harnessing all our potentials as we approach our 50 years of existence. Among the lessons we learned from the Pandemic is that distance is no barrier in discharging our obligations and innovating solutions to tackle future challenges.

To Allah we supplicate and pray for a productive coming decades of FIMAs dedication and devotion to serve mankind for His pleasure and servitude.

Walaikum Salam **Prof. Dr. Abdul Rashid Abdul Rahman** President, FIMA

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