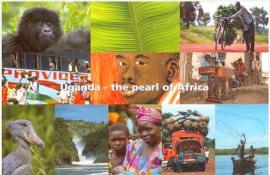


# نشرة الاتحاد العالمه علاجمعيات الطبية الاسلامية

e-newsletter of Federation of Islamic Medical Associations
Volume 50, Issue June - July 2019







# MESSAGE FROM THE PRESIDENT



Beloved Members of the FIMA Family, Dear Sisters and Brothers,

# Assalamu Alaikum

I am now in Surabaya, Indonesia for the 2nd Surabaya International Health Conference representing International Federation of Green Crescents and FIMA. I delivered a lecture on Anti-smoking campaign and role of civil society in the fight against tobacco in Turkey. The1st Asia Pacific meeting of

Continued on Page 12

# IMA UGANDA GEARS UP TO HOLD 36TH FIMA COUNCIL MEETING AND INTERNATIONAL CONFERENCE ON HIV AIDS

36th FIMA Council Meeting will take place on Monday 22nd and Tuesday 23rd July 2019. The 4th International Muslim Leaders' Consultation on HIV/AIDS will be held from 24rd till 26th July 2019. Theme of the conference is: Enhancing interreligious cooperation to increase quality religiosity and its effective use by individuals, families, communities, health facilities and health care training institutions, to fast-track the response for Prevention, Treatment, Care, Support and Control of HIV/AIDS and HIV-risk addictions.

The main objective of scientific conference is to share experiences, identify, prioritize and document root causes of key points in the fast



Dr Maged Kagimu being conferred doctorate degree on "Religiosity in the management of AIDS"

**Editor:** Dr. Tanveer Zubairi, Ex. President, FIMA | **Assistant Editor:** Sajjad Saleem Dr. Ihsan Karaman, President, FIMA | Dr. A. Rashid A. Rahman, General Secretary, FIMA

track initiative from, a religious perspective. To share experiences, identify, prioritize and document the goals that need to be accomplished on the key points in the fast track initiative, from a religious perspective. To share experiences, identify, prioritize and make an action plan with follow up mechanisms of what we will do differently to improve the key points in the fast track initiative, from a religious perspective. The conference envisage to make actionable resolutions on the implementation of the key points in the fast track initiative, from a religious perspective.

The FIMA Consortium of Islamic Medical Colleges (CIMCO) in conjunction with the Islamic Medical Association of Uganda (IMAU) will conduct a parallel consultation session for participants not attending the FIMA Council meeting on



Hotel Africana, the venue of 36th FIMA council meeting and International scientific conference.

Monday 22nd July 2019.

The Islamic Hospitals Consortium in conjunction with IMAU will conduct a parallel consultation session for participants not attending the FIMA Council meeting on Tuesday 23rd July 2019.

The FIMA Gala Dinner will be held on Tuesday 23rd July 2019 starting at 7.30pm. 4th

International Muslim Leaders' Consultation on HIV/AIDS Official Opening. The official opening of the Consultation will take place on Wednesday 24th July 2019 and the Consultation will officially close on Friday 26th July 2019. The session will be for two hours with presentations by invited keynote speakers and the Chief Guest.

# IMARET FLOOD RELIEF & COMMUNITY OUTREACH PROGRAM

IMARET (IMAM response and relief team) is sending volunteer and relief workers since last 18 months to serve in free medical clinics and hospitals to provide basic medical services for the

Rohingya community.

Bac home IMARET has offered a continued series of relief activities mainly in the flood hit areas, Orang Asli outreach hygiene

program, Safe water project and chain of charity clinics in collaboration with IMAM and other bodies including educational institutions.



All set for IMARET flood relief team going to Pos Gob and GuaMusang for monthly orang asli outreach.



Collaboration with Kebangsaan University Malaysia.



IMARET outreach Orang Asli at Pos Gob.

# 2ND SURABAYA INTERNATIONAL HEALTH CONFERENCE & REGIONAL CONFERENCE OF INTERNATIONAL FEDERATION OF GREEN CRESCENTS

FIMA leadership is presently in Surabaya, Indonesia for the 2nd Surabaya International Health Conference. Dr. Ihsan Karaman, President FIMA is representing International Federation of Green Crescents and FIMA. He met the local Green Crescent and FOKI leadership, he also met FIMA Secretary General Prof. Abdul Rahman Abdul Rashid.

FOKIs Annual Scientific Meeting was held a day prior to the Green Crescent regional conference in Surabaya Indonesia organised by Universitas Nahdatul Ulama Surabaya.











































# **PAPERS**

# THE 3<sup>RD</sup> INTERNATIONAL SYMPOSIUM ON **HUMAN HEALTH AND AGING SCIENCES**

Degenerative Changes & Aesthetic Problems in Human Aging: Preventions, Current Interventions and Therapies for Better Life



Symposium 23 - 24 AUG 2019 Workshop 25 Aug 2019



**Gumaya Tower Hotel** Jln. Gajahmada No. 59 - 61 Kembangsari, Semarang



# **Plenary Session**



# **Symposium**



Parraiei Workshop



Increase in aging population is challenge of healthcare systems all over the world

Increasing prevalence of the metabolic syndrome is likely leading to the future increase in diabetes and cardiovascular disease

Understanding of health, wellness, and aging processes for a better life

Aging skin and aesthetic problems

Obesity, diet, and metabolic disorders

Endocrinology in type II diabetes mellitus

The role of stem cells in aging and rejuvination

Degenerative changes in cardiovascular

Skin aging in endocrinology point of view

Infections, allergy, and skin disorders

Facial aesthetic surgery and antiaging skin care

Nutrition and aesthetic

Kidney disease and degenerative

Sport medicine and physical fitnes

Role of antioxidants in dermal aging

USD 200

DR 1.500 000





**Obesity diagnosis** and management

Minor Surgery



On Site Registration Fee General Participants archers Health Professionals) Package IDR 1.750,000 IDR 2.250.000 IDR 2,500,000

> Symposium Symposium & Workshop

> > Symposium + Workshop

International Participant

USD 150

are now open

### **Important Dates**

**Abstract Deadline:** 

[Extended until June 30<sup>th</sup>, 2019]

**Abstract Submissions** 

Author Notification : [July 31", 2019]

Author Registration Deadline and Full Text: [August 12", 2019]

Symposium Dates : [August 23" - 25", 2019]

Student

Payment

371569881 c/o ULFAH DIAN INDRAYANI BNI KCP UNDIP, Semarang

# Contact Person

Post Graduate

+62 815-7752-883 +62 815-6566-797 Yuli Nurul +62 815-7725-620

# For Further Information:

Website:ishhas.fkunissula.ac.id

Registration: http://ishhas.fkunissula.ac.id/registrasi/

Email:ishhas@unissula.ac.id



Sexual problems in the Muslim Community is a subject usually not discussed openly due to a number of reasons. British Islamic Medical Association arranged an interactive session conducted by Dr Dornubari Lebari last week.

Dr. Dornubari Lebari graduated from St George's Medical School and has been working in sexual health since 2008. She attained her CCT in Genitourinary and HIV Medicine in 2015 and started her IPM (Institute of Psychosexual Medicine) training at the same time. She is currently doing integrated GP training with sexual health. It is an immensely important topic which often gets shoved under the carpet. The Free online webinar session was attended by a large number of medical and para medical personnel.



# HEALTH ATHAJJ

MONTHLY BIMA WEBINAR

SUNDAY 21ST JULY 2019 | 11:00AM - 12:00PM

BY DR MOHAMMED JIVA (GP & CEO FOR THE BRITISH HAJJ DELEGATION)

ON SUSTAINING GOOD PHYSICAL & MENTAL HEALTH THROUGHOUT THE PILGRIMAGE WITH TOP TIPS TO MAKE YOUR JOURNEY MORE COMFORTABLE AND SAFE

REGISTER FOR FREE TODAY: www.bit.ly/HealthAtHajj

# PIMA SINDH ARRANGED A SERIES OF HIV AIDS AWARENESS SEMINARS AT RATODERO (LARKANA), SHIKARPUR AND KHAIRPUR

A recent epidemic of HIV-AIDS has been reported in the interior of Sindh, the second largest province of thickly Muslim populated Pakistan. It was mainly blood borne and carried through the infected syringes. PIMA Sindh arranged a series of HIV AIDS awareness seminars at Ratodero (Larkana), Shikarpur and Khairpur. These were attended by health care professionals,

community leaders.

paramedical staff, religious and

Following recommendation adopted;

- Establish HIV AIDS treatment, testing and counselling center at Ratodero (Larkana).
- Government must ban on unnecessary use of injection and drips.

- Government must start social support to infected people.
- As people and children are mainly from the poor class, their nutritional status was found not so good, hence provision of nutritional support is considered essential.
- Establish waste management system in hospitals.











# AFGHANISTAN IMA (AIMA) CONDUCTED A TRAINING WORKSHOP FOR SPECIALIST CONSULTANTS ON THE TOPIC OF "HEALTH CARE PROVISION; MISSION OR PROFESSION"

The example from AIMA was for newly approved members of AIMA not just for new graduands. Oath taking among new graduands to introduce them to IMAs is a



brilliant idea to introduce them to IMAs. In a number of countries especially Malaysia, graduates, non Muslims included took the oath of a revised version of the Oat



of Muslim Physician and than they we introduced to IMAM and the Malaysian Medical Association.





## KEEPING HEARTS BEATING...

C.P.R - A.E.D

IMASA IN COLLABORATION
WITH AMMARAH PARAMEDIC
BURSARY FUND & THE
BALLOON FOUNDATION
"SKILLS DEVELOPMENT
WORKSHOP"



DATE: SUNDAY 07<sup>TH</sup> JULY 2019 VENUE: LENASIA CRICKET STADIUM – 179 HUMMING BIRD AVE

- ✓ Opening Programme
- Health Screening [Psychotherapy, Optometry, Physiotherapy, Dentistry & Occupational Therapy
- ✓ MAP TB, Glucose & HIV Screening
- ✓ Group Session Managing children who have witnessed or faced abuse
- ✓ CPR Demo
- ✓ Lunch
- ✓ CPR Training

FOR MORE INFORMATION CONTACT PROJECT COORDINATOR: ATIYYAH GANCHI +27 81 428 9568





# N CONTACT

# "Heart Failure & Diabetes" WHATS NEW

IMASA IN COLLABORATION WITH NOVARTIS IS HOSTING A
CPD ACCREDITED PROGRAM FOR ALL HEALTH PROFESSIONALS
REGISTRATION FEES / DONATION:

Members: R100 & Non-Members: R150

Date: Saturday, 27th July 2019

Venue: Glenhove Events Hub – 52 Glenhove Rd, Melrose Estate,

Johannesburg, 2196 Time: 13h00 – 17h30 Lunch & Tea Break Included

### **SPEAKER**

### **LUNCH & REGISTRATIONS**

New Advances in Heart Failure – Paradigm Shift

Device Based Escalation Therapy for Heart Failure
O & A Session

Diabetic Guidelines – What's New in 2019 Q & A Session

### **TEA BREAK & ASR SALAAH**

**ETHICS: Concerns about Vaccinations** 

Q&A Session & Vote of Thanks

### TOPIC

Dr Ahmed Vachiat Cardiologist

Dr Farouk Mamdoo Cardiologist

Dr Nazeer Mohamed Endocrinologist

**4**2/2/2/2/

Prof Anwar Hoosen Medical Microbiology



# **REGISTER TODAY!!**

RSVP IS ESSENTIAL FOR CATERING PURPOSES AND ISSUING OF CPD CERTIFICATES - LIMITED SEATS AVAILABLE TO BOOK YOUR SEAT – SUBMITTHE FOLLOWING DETAILS VIA EMAIL [imasa.gauteng@gmail.com OR WHATSAPP [084 701 3208]

Full Name, Cell No, Email Address, HPCSA No & Specialty CONTACT PERSON: KHASHIEFA MARTIN – IMASA Gauteng Regional Manager

# IMASA & AHAWA ANNUAL FREE MEDICAL SCREENING DAY

### SCREENING OFFERED

Weight, Height & Bool Blood Pressure Glucose Testing Eye Screening Dental Screening Podiatry Screening And other screenings provided by Allied Health Professionals such as OT's, Physios etc HIV/AIDS Testing & Counseiling Date: Sunday – 21st July 2019 Venue: Azaadville Civic Centre Time: 08h00 – 14h00

# **VOLUNTEERS NEEDED**

QUALIFIED & STUDENT HEALTH PROFESSIONALS, MEDICAL, DENTAL, PHARMACY & ALLIEDS



# CONFIRM YOUR PARTICIPATION BY CONTACTING

Khashiefa Martin +27 84 701 3208 +27 11 837 6717 imasa.gauteng@gmail.com

SUBMIT INFO VIA WHATSAPPEMAIL Full Name, Specialty, Cell No, Email Address & times of your availability



DEAR VOLUNTEER
We would
appreciate you
offering your TIME
& EXPERTISE
Volunteer
+- 3hours or more
and help us screen
up to +-200
community
members



Physical address: 486-490 King Cethwayo Highway, Mayville, Durban 4058
Telephone: 031 492 3457 | Email: imprenal@eastcoast.co.zo

www.ima-sa.co.za



# 21ST IMAM ANNUAL SCIENTIFIC CONFERENCE







ascimamalaysia@amail.com

+6019 228 0223

1 Persatuan Perubatan Islam Malaysia

asc2019.imamalaysia.org



# IMANA ELECTIONS CONCLUDED, DR. NABILE SAFDAR ELECTED AS PRESIDENT IMANA

Assalamu Alaikum

As we approach the middle part of summer, I look forward to those of you joining us in Park City, Utah for our annual conference.

Over the last few years IMANA has continued to grow and it has been my privilege as president to both be a part of that process and have an upfront seat to watch the great work of our organization, volunteers, staff, and board members. As all good things come to an end, my term as president ends this summer.

After my last seven years of serving on the executive committee in various roles culminating in the presidency, I hope I have been at least a small gear in the IMANA machine. But I can say with absolute sincerity that whatever I may have contributed to IMANA, IMANA has contributed much more to me. Working with and learning from my colleagues has been incredibly rewarding and Inshallah leaves me in a better place from where I started.

Dr. Nabile Safdar has worked by my side for the last few years and will be our new president. He will bring an insightful and academic flavor to our leadership structure with his own professional background as an academic radiologist.

Our new Vice President, Dr. Marium Husain, has been a dedicated IMANA board member as well for the last few years and the leader of our student/resident and education committees before that. Her passion for the organization will continue to suit IMANA well.

I would like to thank Dr. Saquib



Dr. Imran Qureshi, Ex-President IMANA

Lakhani, who served on the board for the last year and will now transition into a focused role on our IMANA Medical Relief team, where he has helped run and grow the SaveSyria project.

As it is with every good organization, newer members join leadership and bring fresh ideas. With the growth of IMANA, we saw newfound interest from members who wanted to join our leadership team and we had one of our only elections in recent memory. We had four exceptional candidates, all of whom have spent time and effort making IMANA what it is. I thank all of our members for helping select our newest board members (and I secondly thank our candidates for not running on a "MAKE IMANA GREATAGAIN" campaign).

With that, I would like to thank Drs. Labib Syed and Umbereen Nehal for the work they have done and continue to do for IMANA involving medical relief, CME, public policy, and our AED project. I look forward to their continued contributions.

As for our two new rookies, I would like to introduce Dr. Syed Rahman and Dr. Anam Tariq onto



Dr. Nabile Safdar, Newly Elected President, IMANA

our Board. I've had the pleasure of working with both in the recent year on a SaveRohyinga relief mission with Dr. Rahman (goes by Mohseen) and on our Education committee with Dr. Tariq as we implement new ideas and strategies to grow our student mentorship program.

Dr. Rahman will serve as our new secretary and Dr. Tariq will take over the reins of treasurer. I look forward to seeing them grow into their roles and then continue to help guide and direct the organization over the upcoming years (no pressure).

Dr. Imran Qureshi, Immediate past President IMANA.

FIMA President, ExCo and Editorial board of FIMA e-Newsletter congratulate Dr. Nabile Safdar on assuming the charge of newly elected President of IMANA. We also have all the praises and respect for the outgoing President Dr. Imran Qureshi who has shown new heights to the IMANA. We are so proud of the young leaders of IMANA and expect them to play their equally important role, globally in FIMA as well.

Islamic Medical Association of North America had a great achievement by partnering with the famous Chicago Fire soccer club. The Chicago Fire donated \$5 of each ticket purchased was donated to IMANA for its relief projects. The contest was held at Seatgeek stadium attended by thousands of charged spectators and followed by 4th of July fireworks.

Cheer on Chicago's soccer team and help make a difference!







Evening with the Chicago Fire Soccer Club!

JULY 3 / 7PN SEATGEEK STADIOS FOURTH OF JULY FIREWORK

Come cheer on your

Men in Red as the Fire take on 2018 Major League
Soccer Champions Atlanta United!

Head down to the field after the game for our postgame Fireworks show!

### **IMANA Opportunities**

Each ticket purchased will donate \$5.00 towards the Islamic Medical Association of North America.

Additional donations can be placed here!

Follow the link below for more information and to purchase your tickets today!

https://groupmatics.events/event/2019imana





Seating is limited so order early.

# **ARCHIVES FROM THE HISTORY**





FIMA Council meeting in Johannesburg, South Africa 2003, Dr. Ashraf Jeddar, Dr. Aly Mishal, President of FIMA, Dr. M. Azhar Ali Khan, immediate past President. (April 2003)

The initial issue of FIMA printed newsletters, while Dr. M.A.A. Khan and Dr. Aly Mishal were Presidents of FIMA and Dr. Hafeez ur Rehman was secretary of FIMA.

# REMAINING MESSAGE OF THE PRESIDENT

Green Crescent societies attended by five member countries.

The problem of Addiction has arisen to alarming proportions in the post millennial era. It has shifted from being an individual problem to a social stigma being prevalent all over the world. Each year, smoking causes 6 million people's death, while alcohol related diseases results in approximately 3.3 million people's death. On the other hand, drug-induced deaths reached almost 200 thousand annually. In recent years, along with new lifestyles and opportunities brought by technological developments, behavioral addictions like online gaming, gambling, sex, shopping, eating and drinking have begun to negatively affect people's lives. We, as representatives of Green Crescents in 52 different countries, have initiated International Federation of Green Crescents by a number of gathering in İstanbul and other venues to convey the vision of struggling with addiction to the whole world. We believe that Turkish Green Crescent's centennial experience with addictions will be a role model to all countries in this struggle.

The 36th FIMA Council and the 4th International Muslim Leaders' Consultation on HIV/AIDS will be held from 22nd till 26th July 2019. Theme of the conference is: Enhancing interreligious cooperation to increase quality religiosity and its effective use by individuals, families, communities, health facilities and health care training institutions, to fast-track the response for Prevention, Treatment, Care, Support and Control of HIV/AIDS and HIV-risk addictions.

The main objective of scientific conference is to share experiences, identify, prioritize and document root causes of key points in the fast track initiative from, a religious perspective. To share experiences, identify, prioritize and document the goals that need to be accomplished on the key points in the fast track initiative, from a religious perspective. To share experiences, identify, prioritize and make an action plan with follow up mechanisms of what we will do differently to improve the key points in the fast track initiative, from a religious perspective. The conference envisages to make actionable resolutions on the implementation of the key points in the fast track initiative, from a religious perspective.

The HIV AIDS issue has seen a recent surge in some of new countries like Pakistan, mainly spreading through poor hygienic conditions and blood borne transmission, this is a sad state of affairs. PIMA has taken a leading role in highlighting the issue and arranging seminars to improve education and initiate a tangible action plan in its control and eradication.

Meanwhile, our other IMAs have worked on very important social issues including "Sexual Problems in Muslim Communities," by BIMA in addition to seminars on "Hajj Guidelines and medical issues related to it." FIMA life savers campaign is spreading after seeing a historic success in UK and Isles. Indonesia is the second country replicating the British model, I am sure other IMAs will also follow the footsteps of these IMAs.

In the last, I congratulate Dr. Nabile Safdar on being elected as the President of the Islamic Medical Association of North America (IMANA). I am sure the newly elected office bearers will follow the footsteps of their preceding legends in bringing back and further augmenting the past glory of this great organization.

Wassalam **Prof. Dr. M. Ihsan Karaman** President, FIMA

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