



# نشرة الاتحاد العالمي للجمعيات الطبية الاسلامية

e-newsletter of Federation of Islamic Medical Associations

Volume 28, Issue June - July 2016



## MESSAGE FROM THE PRESIDENT



We will be soon gathering in Abuja, Nigeria to attend the 33rd FIMA Council meeting and FIMA-IMAN scientific meeting from 18-23rd July 2016. The organizers are working tirelessly day and night with a great spirit of teamwork and dynamism to make this event a success. The local program will start on Friday 15th July when a Press Conference will be held to introduce the FIMA 2016 meeting and activities. Special Jumat service will be held at National Mosque Abuja. General medical outreach to rural areas around Abuja is also arranged on Friday. On Saturday

*Continued on Page 11*

## IMANA RELIEF RECIEVES THE PRESTIGIOUS ACP - AWARD 2016

The most respected national award of Richard and Hinda Rosenthal foundation was given to Dr. Ismail Mehr, IMANA Medical Relief Chairperson for meritorious services rendered by IMANARelief in the area of humanitarian and medical relief from the American College of Physicians (ACP). Dr. Mehr accepted the award on behalf of IMANA at the 2016 ACP Internal Medicine Meeting held recently in Washington, D.C.

The Richard and Hinda Rosenthal Award from The Rosenthal Family Foundation was established in 1976. It is given "to that organization whose innovative designs of facilities (such as hospitals, intensive care units, or clinics) improve clinical care or the economics of care."

IMANA President Dr Asif Malik thanked the previous IMANA Relief Committee chairs, Dr. Ayman Rayes (MI) and Dr. Hafiz Rehman (NY), as



**Editor in Chief** Dr. Tanveer Zubairi, President, FIMA - **Editor** Dr. A. Rashid A. Rahman, Secretary, FIMA  
**Managing Editor** Dr. Aly Mishal Executive Director, FIMA, **Assistant Editor** Sajjad Saleem



well as Dr. Ismail Mehr (NY) on their leadership, commitment, and passion for ensuring basic healthcare for all. He added, "This prestigious recognition for IMANA Medical Relief is due to our dedicated volunteers who have served on each relief mission with the same passion to fulfill the basic human right to medical services"

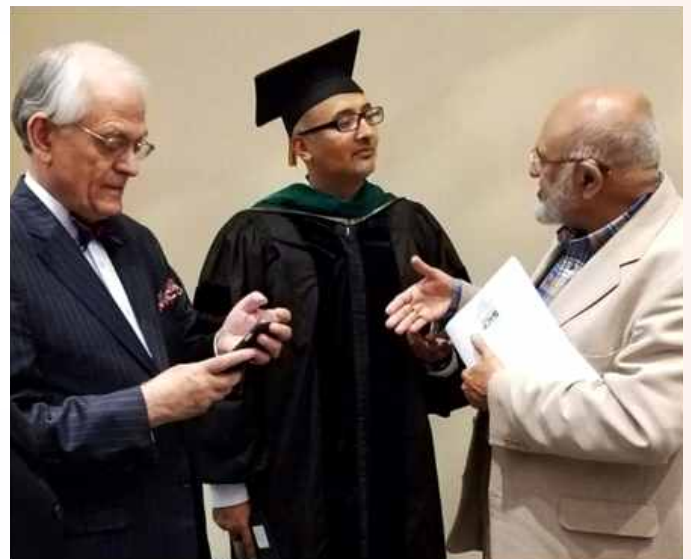
As one of the volunteers who has traveled to Khartoum, Sudan for the past 6 years for IMANA Medical Relief's Save-Smile Cleft Lip and Palate Mission, I can attest to the gratification one feels when seeing young children receive a new smile. Serving alongside a diverse group of volunteers from

students to professors, Muslim and those of other faiths, while treating patients of all ages is an experience that becomes addictive. Spanning 7 years, in just 35 days of work, we have treated 1,039 patients in Khartoum alone. We only hope we can do more.

As Ramadan is running fast, let us recommit ourselves to continuing to serve others, in ways that may not be as comfortable as we are used to, who are equally needy and those who equally deserve our expertise, knowledge, and time. IMANA Medical Relief has been recognized by national and international relief agencies, USAID, WHO, UNICEF, United

Nations and the Gates Foundation, among others. But there is no better recognition than the one that comes from your peers. We thank the American College of Physicians for recognizing IMANA Medical Relief. We are proud American Muslim physicians who serve, in whatever capacity we are able, to help make a difference around the world.

This is the second time since 2009, when ACP chose IMANA and FIMA recognizing their outstanding and remarkable services in the area of humanitarian relief beyond borders, irrespective of color, creed, gender, faith or religion.





## 2nd TURKISH ARAB CONFERENCE ON HIGHER EDUCATION HELD IN ISTANBUL UNDER THE AUSPICES OF MEDENIYET UNIVERISTY

The Medeniyet University in Istanbul organized the 2nd Turkish Arab congress on higher education. The event attracted a large number of academicians and faculty head from Turkey, Arab countries and members of CIMCO (Consortium of Islamic Medical Colleges) of FIMA (Federation of Islamic Medical Associations). President of Turkey Mr. Recep Tayyip Erdogan addressed the concluding session and gala dinner of the very successful congress. There were 507 participants belonging to 190 universities from 19 countries including 10 CIMCO members. 90 Memos of understanding were signed between Medeniyet University and foreign universities.

President Erdogan in his historic presidential speech expressed his gratitude and congratulated the organizers from Istanbul Medeniyet University for holding such a well arranged and successful congress.

President Erdogan urged the

academicians and heads of the Universities to contribute to the development of cooperation in the field of education, "We, all of us, share a common geography and a common civilization, common history and we share a common culture. Our history has continued to be an example to all the humanity for centuries as the beacon of light and resource for the bases of research in Science, astronomy, mathematics, philosophy and other disciplines. He said that we are custodians of a magnificent civilization in the past Andalusia, Baghdad, Africa, the Middle East and Asia with a lost glorious civilizations.

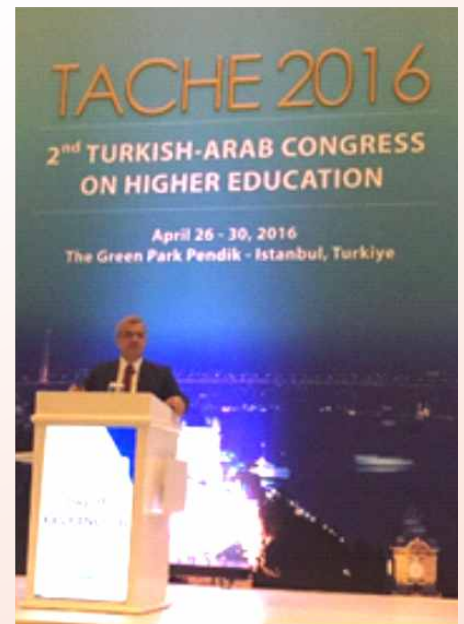
He said the history can furnish a testimony to the grandeur and glory of Islamic civilization, as the city libraries and madrasas were visited by scholars from all over the world. He quoted that in the 11th century, when Europe was shrouded in dark medieval period, there were 75 universities in Cairo, 51 in Damascus and 44 in Aleppo alone with thousands of students studying there from all over the

then known world including Europe.

He said that due to decline of Islamic civilization and failure to enter the new era of excellence in education and leaving the pace with emergence of technology our countries led to the catastrophe and disintegration.

He added that Turkey is very keen to have educational collaboration and exchange of knowledge and technology with Arab world especially in the areas of cooperation in higher education and development of institutions.

He said that Turkey is opening the avenues of higher education to all the world and around 15 000 Arab students from Syria, Iraq, Palestine, Libya, Somalia, Yemen, Jordan, Morocco, and Egypt etc. are presently studying in Turkey. The total number of international students in our country goes to 75 thousand. There is a tremendous increase in the number of the new students, however we still look forward to accept more and more





students in the area of higher education and technology.

In the last part of his speech he expressed the three main

difficulties faced by the Islamic world, which includes sectarianism, racism and terrorism, he urged the Muslim leadership to set aside their

difference and fight against the menace of terrorism which is currently plaguing the mankind and threatening the very existence of humans in this world.



**Turkish Red crescent led by Dr. Kerem Kinik and its past President Dr. Mehmet Oglu with President of Turkey and Somalia on a tour to Mogadishu while inaugurating the health services provided by Turkish Red Crescent.**





# HEALTHY GUIDELINES DURING RAMADHAAN

**1. DETOX YOURSELF:** If you are in the habit of drinking many cups of caffeine – reduce over a period of 1-2 weeks before Ramadhaan.

**2. AVOID:** \*Fried & Fatty Foods \*Spicy Foods & Sauces \*Foods containing too much sugar & refined carbohydrates \*Over-eating at Sehri & Iftaar \* Caffeine containing drinks eg: tea, coffee, colas etc \* Smoking

**3. DRINK** lots of water, sports drinks [containing salt] or fruit juices between Iftaar & bedtime so that body may adjust fluid levels for the next day.

*Allah [SWT] has granted us a way to cleanse ourselves physically & spiritually. He has promised us reward during this month beyond our expectations, only limited by His generosity & mercy.*

*If one follows the basic health guidelines during Ramadhaan, you will be sure to enjoy the benefits of this Holy Month*



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For more information visit our website: [www.ima-sa.co.za](http://www.ima-sa.co.za)

Contact: \*KZN:+27 31 207 2250 \*Gauteng: +27 11 837 6717 \*Western Cape: +27 21 762 1414

\*Northwest: +27 18 462 8094



## IMANA HOLD CME MEETING IN JEDDAH FOLLOWED BY UMRAH

IMANA organized the second CME session in Jeddah followed by an opportunity for the participants to perform Umrah and visit the two holy Mosques. The event was attended by a large

number of IMANA members who thoroughly enjoyed the great opportunity to learn and spiritually empower themselves through Ibadah in the holy Mosques. Dr. Ayaz Samadani, MD, Chairman of

IMANA CME committee thanked the participants for their continued support and whole hearted participation.





## IMARET, MALAYSIA LAUNCHES CHARITY BEGINS AT HOME CAMPAIGN FOR FUND RAISING

IMARET Project #CharityBeginsWithYou is an initiative to further consolidate fundraise for IMARET. The IMARET leadership happily celebrate any creative and innovative idea from its volunteers to help support the fundraising efforts.

This is an awesome and cool initiative by Kebab O. A percentage of sales will kindly be donated to IMARET to support its future projects. The response and feedback has been overwhelming and IMARET is promoting and sharing the project to other places.



## THAILAND IMA & IMA CAMBODIA DISTRIBUTES FOOD PACKAGES IN RAMADAN, 2016

Representative of IMA Cambodia lead by Dr Roly Yakop, Roun Hanafy and TIMA's team from Thailand distributed 100 packages

of food to the poor family and orphan at Thmey villages, Kep Province under TIMA's project. Another 120 packages were

distributed later to the poor family at Kampot Province.







ISLAMIC MEDICAL ASSOCIATION OF SOUTH AFRICA

*Reflect Care Heal*

**37<sup>TH</sup> ANNUAL CONVENTION**

**TRANSFORMATION IN HEALTHCARE  
HARNESSING PARTNERSHIPS**

**COASTLANDS  
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**29<sup>TH</sup> & 30<sup>TH</sup> APRIL 2017**

031 207 2250 / 031 208 4558

[imaadmin@eastcoast.co.za](mailto:imaadmin@eastcoast.co.za) • [imakzn@eastcoast.co.za](mailto:imakzn@eastcoast.co.za)



## NATIONAL DOCTORS FORUM BANGLADESH HOLD IFTAR MEETINGS

National Doctor's forum Bangladesh holds iftar meetings in almost all the major cities of Bangladesh. The largest meeting was held in Dhaka, the national capital and Prof Dr Nazarul Islam, President NDF addressed the meeting. These Iftar Mahafil are usually preceded by lectures on Islamic teaching and Fazeelat of the holy month of Ramadan.



## GREEN CRESCENT SOCIETY BANGLADESH ARRANGED SCIENTIFIC SEMINAR

Green Crescent society Bangladesh arranged a scientific seminar on treatment of addiction

in collaboration with Heart to Heart for Humanity Bangladesh in Ad-Din Women's Medical

College.



## IMA ZIMBABWE HOLDS ITS ELECTIONS OF EXECUTIVE COMMITTEE (2016-17)

The annual general body meeting of IMA Zimbabwe was held and the election of executive Committee were conducted on Sunday 15th of May 2016 at Kwekwe. The following were elected as the office bearers for the next session. Chairman: Dr Cherifa Sururu, Vice Chairman: Mr Imran Miya, Secretary: Mr

Akim Asani, Vice Secretary: MrsRehana Masters, Treasurer: Dr Naseer Ismail, Vice treasurer: Mr AsidiChibwana

Committee members: Mr Gulam Patel (Bulawayo), Mr Yaseen Mukadam (Kwekwe) and Dr Ismail Ticklay (Harare). The Advisory Board consists of Dr

Hasan Ashmawy, Mr Muhammed Lunat and Dr Khalid Siam. The outgoing President Dr. Hasan Ashmawy thanked each and every member of organization for the kind and sincere support he received from them. He was also grateful to IMASA, FIMA and FIMA save vision for all the great support they offered.





*Welcome*  
to



# 33rd FIMA Council Meeting

at Nicon Luxury Hotel, Abuja, Nigeria.

**The Theme is ERADICATION OF COMMUNICABLE DISEASES:  
NIGERIA AND WEST AFRICAN EXPERIENCE.**

Sub-Themes:

- Management of Victims of Arm Conflicts -
- Provision of Health Care Needs for Refugees Delimma of 21st Century -
- Prophetic Medicine; Role of Muslim Health Professionals -

**The schedule of the conference is as follows:**

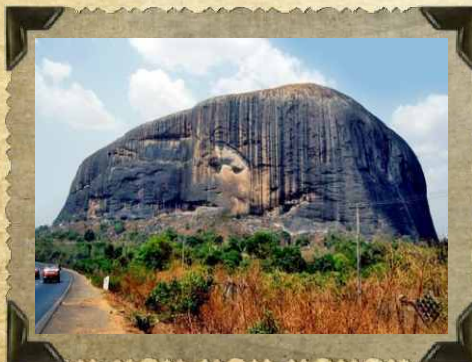
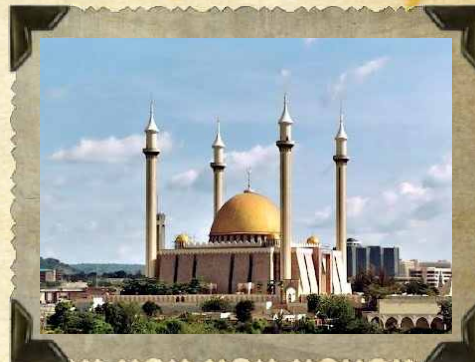
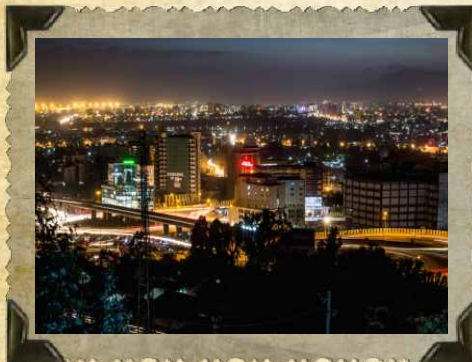
FIMA Council Meeting - 19th and 20th July 2016.

FIMA / IMAN Scientific Conference - 21st and 22nd July 2016.

Sightseeing - 23rd July 2015.

online registration at [www.iman.net.ng](http://www.iman.net.ng) is mandatory for documentation and arrangements.

**The deadline of Submission is 15th June 2016.**



**ISLAMIC MEDICAL ASSOCIATION OF NIGERIA**

**Dr. Salisu Ismail** (President IMA Nigeria)

Cardiothioacic division, Department of Surgery,

Usmanu Danfodiyo University Teaching Hospital Sokoto, P.M.B. 2370 Nigeria.

Email: [dismail292@yahoo.co.uk](mailto:dismail292@yahoo.co.uk)





## Summary of Programme of Event for the:

**17th**  
IMAN Annual General Meeting  
and IMAN FIMA International  
Scientific Conference

and the

**33<sup>rd</sup>**  
FIMA International  
Council Meeting



**Theme**  
**ERADICATION OF COMMUNICABLE DISEASES:**  
**West Africa and Nigerian Experience**  
**DATE: 18 - 24 July, 2016**

### PRE-CONFERENCE Programme

#### Friday 15th July 2016

- \* Press Conference and General Medical Outreach in Abuja After Jum'u'a Prayer

#### Saturday 16th July 2016

- \* Flag off of Free VVF and Cataract Surgeries

#### Sunday 17th July 2016

- \* VVF and Cataract Surgeries continues

### Main Conference Programme

#### Monday 18th July 2016

- \* VVF and Cataract Surgeries continues
- \* Arrival of Council members
- \* Pre council Exco meeting

#### Tuesday 19th July 2016

- \* FIMA Council meeting
- \* Student Leadership training workshop

#### Wednesday 20th July 2016

- \* FIMA Council meeting
- \* Student Leadership training workshop

#### Thursday 21st July 2016

- \* Formal opening of IMAN/FIMA Scientific Conference at NICON LUXURY HOTEL in the morning
- \* Continuation of Scientific Conference at National Mosque Abuja afternoon and evening.
- \* CIMCO and ICH presentations
- \* GALA DINNER and FIMA/IMAN lifetime achievement award at 8pm
- \* Screening and counselling for Diabetes at Conference Venue

#### Friday 22nd July 2016

- \* IMAN/FIMA Scientific conference at National Mosque Abuja morning, afternoon and evening.
- \* IHC Presentations
- \* Screening and counselling for Diabetes at Conference Venue

#### Saturday 23rd July 2016

- \* IMAN AGM 8am - 10am
- \* Site seeing within Federal Capital Territory Abuja.

#### Sunday 24th July 2016

- \* Departure

**R.S.V.P : 08033290333, 08034520196, 08066385788, 08065486584**

## REMAINING MESSAGE OF THE PRESIDENT

July 16, 2016 VVF (vesico-vaginal fistula surgeries) and cataracts surgeries are planned. Visit to IDPs Abuja camp has been planned for Sunday July 17th.

FIMA council meeting program will start on Monday July 18th 2016 with arrival of Council Members in Abuja and FIMA pre council ExCo meeting in the evening. The meeting will be formally inaugurated on Tuesday and will continue on Wednesday. A parallel Students Leadership training workshop will be conducted on Tuesday and Wednesday 19th 20th July 2016. IMAN/FIMA Scientific Meeting will be held on 21-22nd July 21, 2016 at Nicon Luxury Hotel Main Hall

The first plenary session with scientific papers presentation will be chaired by Professor Abdul Adogie. The second scientific Session shall be presided over by Professor Taufiq Ibrahim. A parallel session of CIMCO presentations will also be held. After dinner and Isha prayers Gala Dinner will be held

and FIMA lifetime achievement award will be given to Professor Jurnalisdin from Indonesia. The third scientific session will be held on Friday with a parallel IHC session. A meeting of addiction working group will be held as a separate session.

HIV/AIDS Seminar will be held in the evening. On Saturday July 23rd a guided tour around Abuja City/ Courtesy visit to some personalities shall be held.

All the IMAs, associates and affiliates are requested to make it convenient to attend the meetings. It will be a life time opportunity to visit the heart of Africa and to witness a new world around you. The President of IMA Nigeria Dr. Ismail Salisu and his team of ardent workers is waiting for the FIMA fraternity and can be contacted at [drismail292@yahoo.co.uk](mailto:drismail292@yahoo.co.uk)

**Dr. Tanveer H. Zubairi**  
President FIMA

**Headquarters:** 101 West 22nd Street, Suite 106, Lombard, IL 60148, USA.  
Phone: (630) 932-0000 Fax: (630) 930-0005

**[www.fimaweb.net](http://www.fimaweb.net)**

**In the next issue of August 2016: Report on 33rd FIMA Council Meeting & FIMA-IMAN Scientific Convention Abuja Nigeria 2016, Report on CIMCO IHC Seminar & Student Leadership Camp Nigeria.**