



REFLECTIONS ON #SAVEROHINGYA Cox's Bazar, Bangladesh

by Dato' Dr. Musa Mohd. Nordin



#FIMA-ICR-IMARET-CSBD4ROHINGYA



Photos by Dato' Dr Musa Mohd Nordin
Edited by Sakinah Musa
COX'S BAZAR
26-11-17 - 08-12-17



26-11-17

Sending Dr Musa and the team for the Field Hospital @ Cox's Bazar

Depart Malindo Air Flight OF 164 @ 1020 am for Dhaka

Arriving Cox's Bazar @ 330pm VQ935 Novo Air

Salams & doas for a safe mission & journey

Dr Jeffrey

President IMAN

26-11-17

@ Cox's Bazar Airport

Sending off our unranked army boys.

They erected the Field Hospital in 2 days.

Our 10 unsung heroes.





@ Cox's Bazar with retired Colonel US Army Ann Wright. She led the Women's Boat to Gaza with Dr Fauziah, Ampang Putri OBGYN. And Brigadier General Dr Adnan ATM. And third Generation GenY. Ann Wright is a role model of aging and living life by giving.



29-11-17
Visit by Panglima Tentera Laut, Y Bhg. Tan Sri Ahmad Kamarulzaman to Malaysian Field Hospital (MFH).



29-11-17

Our two heroines of IMARET doctors @ Cox's Bazar.

They are thoroughly enjoying their work though obviously exhausted. Believe me! They are in safe hands! Tonight we will devour lobsters etc at dirt cheap prices :).





29-11-17

A true buddy! No pic with Colonel yet :)

Col Arshil yang bijaksana
Cekap bekerja disinisana
Tugas FH sudah terlaksana
Anak2 Yaman menanti Tuan disana :)

General Adnan the experienced & wise
In FH we always seek his advise
Always full of ideas and enterprise
His magic leaves us in awe and surprise



30-11-17

Salams, Peace & Blessings.

Dear Colleagues!

Two of the masterminds & hidden hands behind this noble FH project will be leaving for Msia today.

We cannot thank them enough for their vision, passion & dedication towards this national project since its inception to its fruition.

They have laid a solid foundation not just of the physical infrastructure of FH but more importantly fostered an ambience of exemplary leadership, professionalism, mutual respect, team work and togetherness.

I anticipate their only hope of us is to continue the altruistic Malaysian tradition of serving the vulnerable, persecuted and healing the sick.

And fly the Malaysian flag high and make the nation proud of our services and sacrifices for humanity.

Brigadier General Dr Adnan & Colonel Mohd Arshil:

Tuan, you guys are truly our national super-heroes. May you both be bountifully blessed by Allah SWT. We trust you will continue to guide and counsel us.! Terima Kasih Tuan!

Jazakumulluhu Khairan.



30-11-17

On top of hill @ Tangkhali.

IMARET mobile clinic where few dare access! Deep in heart of refugee camp.

Long line of patients and 1/3 pregnant!

Your donated ultrasound put to excellent use by Dr Fauziah OBGYN.

Dr Fauziah OBGYN running antenatal clinic @ CSBD-IMARET-FIMA-ICR mobile clinic.



@ IMARET-CSBD-FIMA-ICR mobile clinic @ Tangkhali with Dr Fauziah OBGYN, Dr Shamsinar, Dr Jalila, Bangladesh Physicians.

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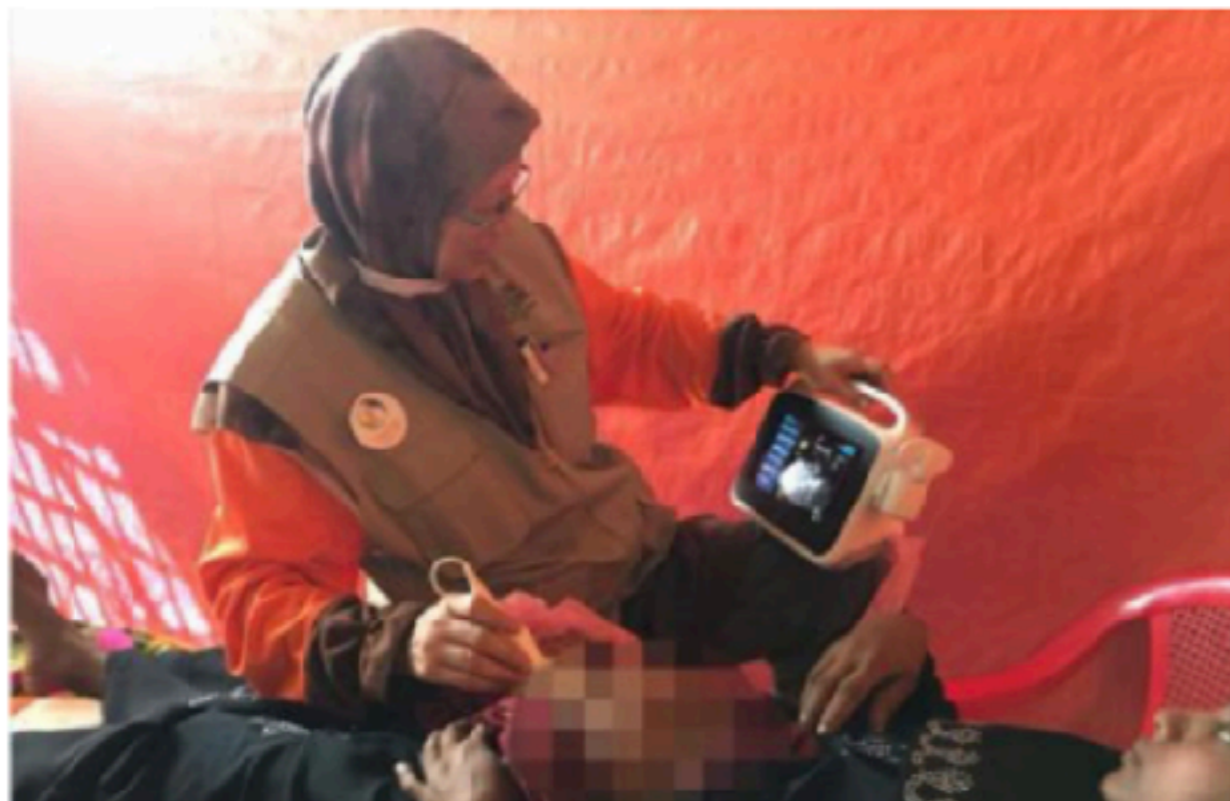


Chief of Navy - PTL
@mykamarul

Dato Dr Musa and team already conducting FMT Forward Medical Team ops and referring the sickest #Rohingyas to our Field Hospital



Life goes on for these kids getting ready to fly their kites :)



30-11-17

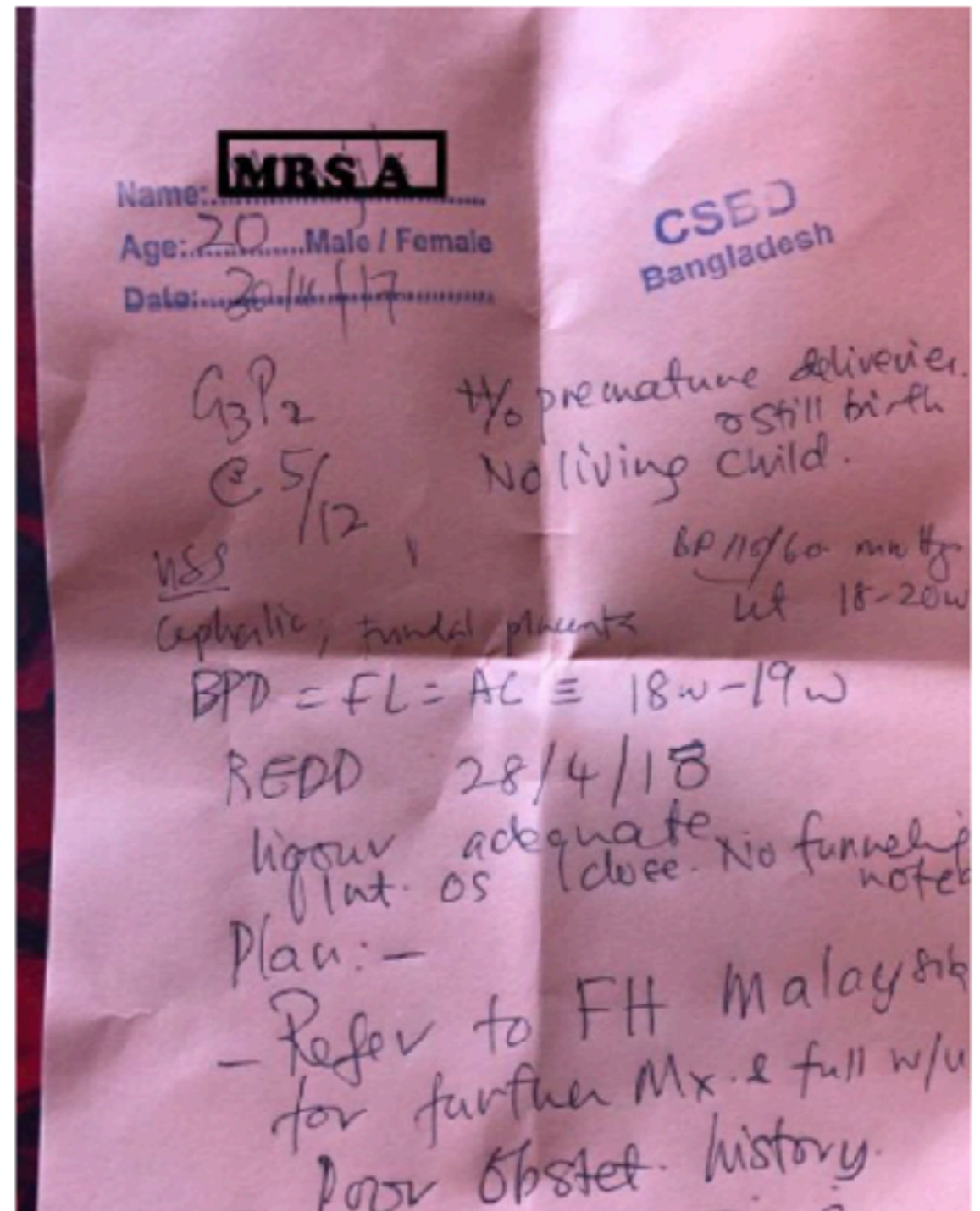
Dear Donors!

Your portable ultrasound machine put to excellent use by Dr Fauziah OBGYN @ Tangkhali camp @ Cox Bazar yesterday and again today and In Sha Allah the coming days by Dr Shamsinar & Dr Jalila, the IMARET emergency physicians. We hope to buy 1 more for our static Maternal & Child Health Clinics MCHC operated by our partners CSBD (Charitable Society Bangladesh Doctors) & IMARET-FIMA-ICR.

We hope to train 500 Rohingya Traditional Birth Attendants (TBA) to care for these pregnant women & refer the high risk cases to our low risk birth centres & field hospital.

We referred a 20 year old with poor obstetric history. Our volunteers will make sure she goes to our FH and Dr Fauziah donated 500 Takas (RM 25) for her tum tum (RM 5 one way).

We also referred mum with set of twins :).





Entertaining our children with funny man cum psychiatrist Prof Wahab :)

As our ex Chairman of FIMA relief cum forensic psychiatrist from South Africa, Dr Ashraf reminded "Laughter is Therapeutic"

01-12-17

Today must be our biggest mobile clinic!

1 psychiatrist & 5 physicians from CSBD (Charitable Society of Bangladesh Doctors)

1 paediatrician from FIMA/ICR (International Consortium for Rohingya)/ Field Hospital

1 OBGYN & 2 volunteers from MyCare

2 physicians from IMARET

1 physician & 1 logistician from Field Hospital Malaysia.

4 Rohingya interpreters

3 Rohingya "village doctors" who dispensed the drugs.

A few Rohingya boys to carry our drugs, equipments etc

We travelled even deeper into Tangkhali requiring us to walk longer distances to access our clinic which was perched on a hill top - we baptised it as "Barangkali" :)

Our first of many pregnant ladies had a missed abortion on ultrasound :(

In total 35 ladies had a thorough OBGYN exam including ultrasound scans. By then our ultrasound power had exhausted and no electricity was available for charging :(

Our psychiatrist did individual counselling and also spoke to the large numbers of men in the musolla just prior to Friday prayers. Then he did a group therapy with the children who enjoyed his antics and the cookies which we distributed.

It was not just about accessing healthcare to the most marginalised among the refugees - 26 mobile clinics since the refugee exodus at end Aug 2017. But also ensuring we provided quality medical services.

Our heartfelt gratitude to your continuous moral & financial support to our humanitarian medical relief @ the Bangladesh-Burma borders

Dr Musa Mohd Nordin

FIMA/ICR/IMARET/Field Hospital Malaysia

+60123200564

musamn@gmail.com



02-12-17

IMARET ladies Dr Shamsinar & Dr Jalila & CSBD doctors & Field Hospital Malaysia @ 27 Mobile Clinics



Home delivery @ 3 kg. Clean bill of health. Mum is well too.



This 5 day old baby made it all worth it.



Dr Jalila doing obstetric clinic today



Our dispensary



The patients queue





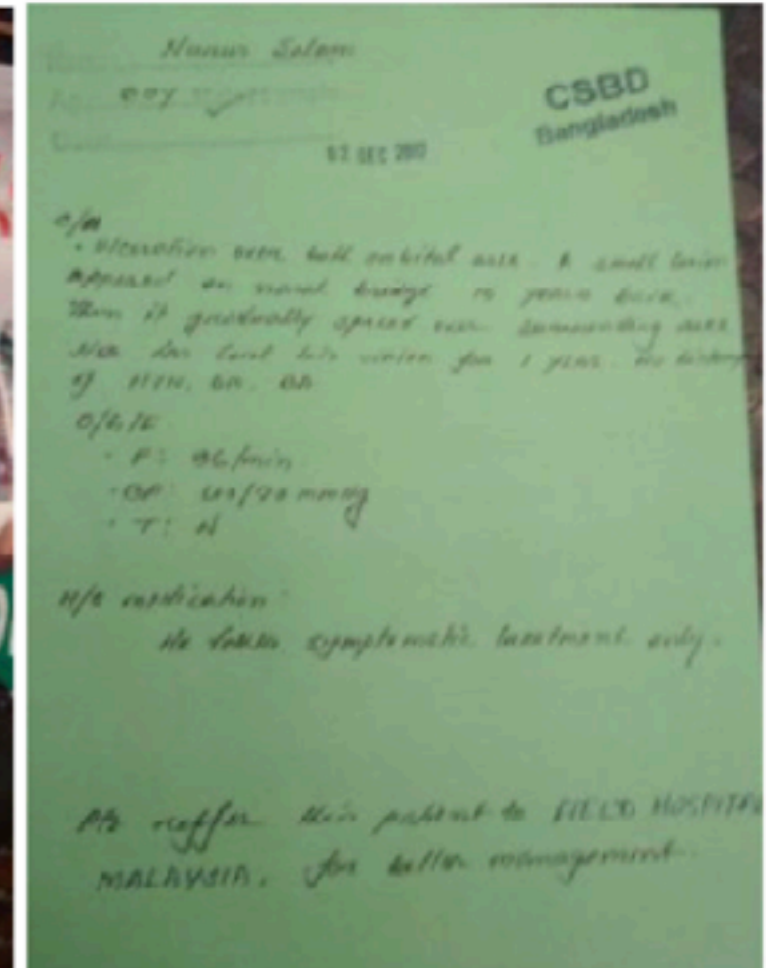
Our oldest patient 90 year old. 14 children. For a change, all survived with her. Some paid 20K Takes - RM 1K to escape the genocide, Mubarak our translator is excellent with logistics & translations.



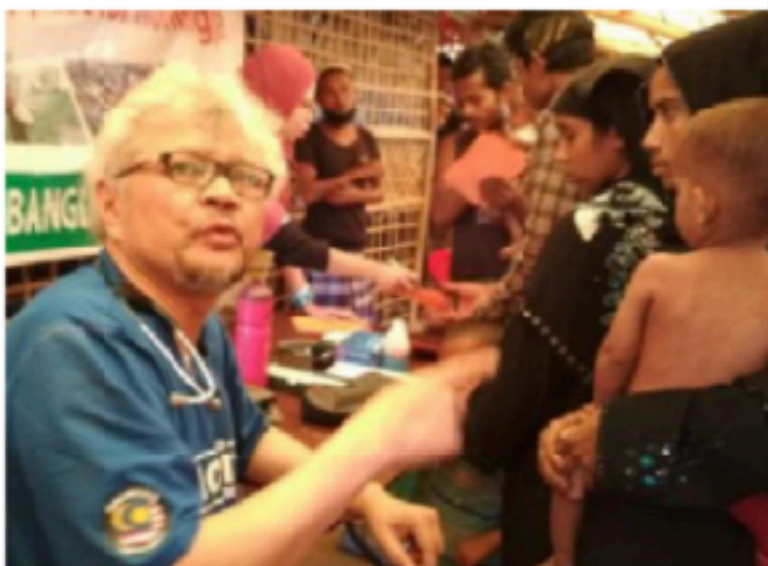
Basal Cell Cancer has virtually destroyed the nose



Children being immunised to prevent measles and cholera outbreak

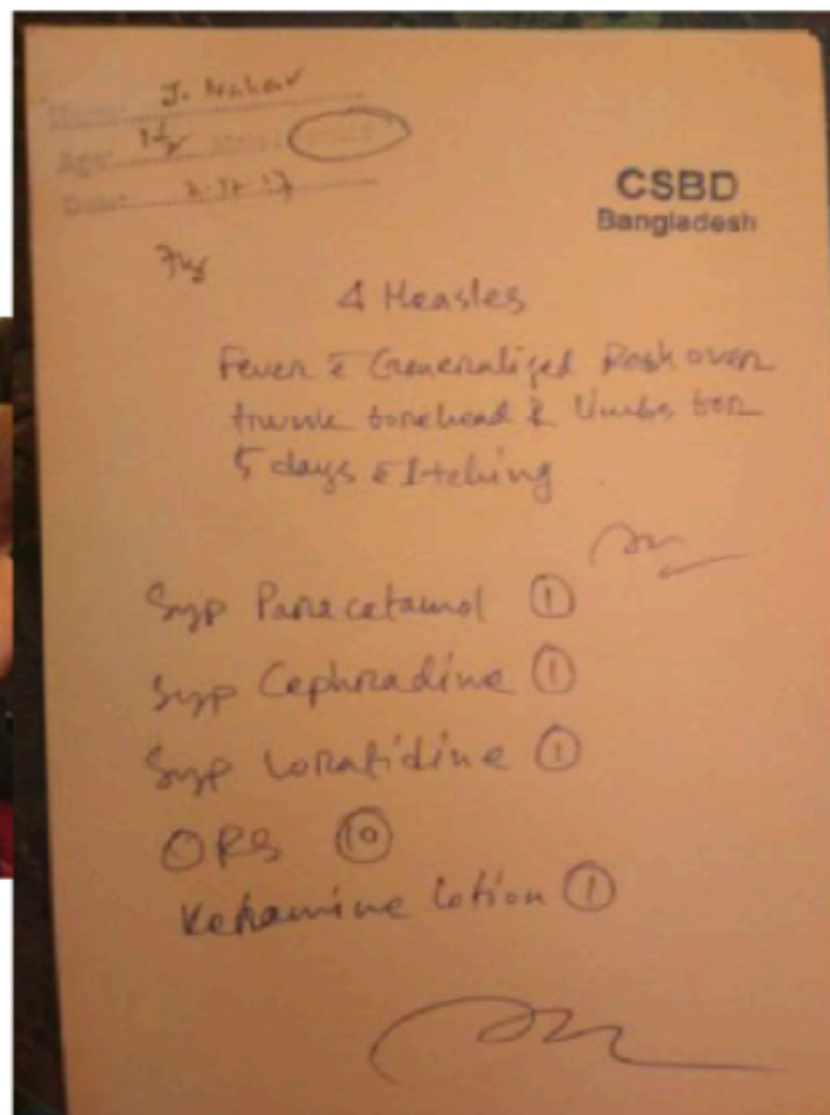


Referral to Field Hospital Malaysia



Confirmed measles. Will be notified to EWARS (Early Warning Alert And Reporting Systems).

Measles with secondary acute respiratory infection.



This 35 year old lady is 5 months pregnant with her 5th baby. Husband killed and 2 sons taken by the Burmese military - don't know what happened to her sons. Crying +++ and Dr Fauziah had to do both obstetric & psychiatric counselling!

Consoled her by saying they are in Jannah In Sha Allah. And that she must be brave to take care of herself & to look after her 2 children.

03-12-17



Another favourite, a 17 day old baby delivered in a low risk birthing centre, Very healthy 3 kg baby Alhamdulillah



10 year old Jannatul, 16 kg only was dehydrated with AGE (acute gastroenteritis) and required intravenous fluid



We did Zohr & Asr in this musolla. The floor is soft ground. Isa, Adriel & Aisya donated 8K Takas - RM400 to cement the floor. Will be 50% ready by tomorrow!



My first & favourite baby in our Field Hospital (FH). Aisha Begum, a 1 yr old, 8 kg who has food poisoning. I personally fed her ORS (oral rehydration solution) which she finished within 10 minutes - don't even feed my cucu or patients in DSH :)



The unsung Rohingya heroes who carried the many boxes of medicines, chairs, tables. Ibrahim the guy showing his hand is my efficient translator and scribe.



The Dream Team



Von Recklinghausen's Syndrome. His only child had multiple café au lait spots. Spot diagnosis by our young interns!



60 year old. Only weighed 35 kg. Her husband was shot dead. Burmese army gun shots missed her. She escaped with her 2 children. I shared my lunch with her!



A long walk & climb to hill top where our clinic is perched. One must be fit oneself.



FIMA-ICR-IMARET-
CSBD-FH



Isa, Adriel & Aisya your musolla floor is nearly ready!



Preparing for minor surgery. Dr Syed orthopaedic surgeon assisted by newfound friends backpackers medical team from UK & Australia.



Drs Shamsinar & Jalila jadi anak Rohingya sat :)



Green stick fracture of forearm which required a cast @ FH. Immobilised with modified tape.



Parotid abscess, deep seated, which was referred to FH for incision & drainage.



We had a very busy baby clinic today deep inside Tangkhali. 7 day old twin brothers delivered at home assisted by a visiting nurse. Mother had a little bit of hypertension but both babies are healthy. Alhamdulillah.



Healthy 23 days old baby girl. Home delivery assisted by family members.



10 months old orphan child. Both parents shot dead by Burmese army. Escaped with grandparents 3 months ago. They walked for 3 days.



Dr Shamsinar cuddling a 12 day old healthy baby boy. Neonatal jaundice the least of worries unlike Malaysian mums :)



First Rohingya lady wearing glasses. Many probably have eye issues but cannot afford glasses :(. She is 73 yrs old. She has 10 living children. 2 shot dead by Burmese army. 5 of her children. Tu cucu dia la.



This everyone is Osama Bin Laden. 1.5 year old :). With Mubarak our excellent reconnaissance guy!



Meet Shamal and Shamil. Identical 5 year old twin boys. Home delivery in Burma which is the norm. With help from ICR (International Consortium for Rohingya) named Al Khidmat Foundation Pakistan, we plan to train 500 birth attendants.



05-12-17
Milestone - Malaysian Field Hospital MFH @ Cox's Bazar does its first operation under general anaesthesia (GA).



Milestone - Malaysian Field Hospital @ Cox's Bazar does its first operation under general anaesthesia (GA)



The MC team from MFH, IMARET, CSBD, FIMA, ICR & Rohingya youths. Coordination and synergising our efforts & potential is the buzz word.



@ Mobile Clinic (MC) aka FMT (Forward Medical Team) on 05-12-17. We triaged 400+ patients @ Kutupalong which is home to 440K refugees!



The Malaysian "MC dream team" - Dr Shamsinar, Dr Jalila from IMARET & Dr Izyan, Ashraf from MFH



Our MC deep in Kutupalong to serve the unmet health needs operated from 10am-3pm



Wages to each Rohingya youth we train, sustains a whole Rohingya family.



Our ladies doubling as Mother Xmas to entertain the children and distribute cookies - It's the season to be sharing and caring.



We are family! I got all my sisters with me - Sister Sledge (1979).



Madam Arazol with her son. She is 70 years old with 10 children. 1 killed by Burmese army & 2 died from infections. Weighing a mere 28 kg. BP 100/60.



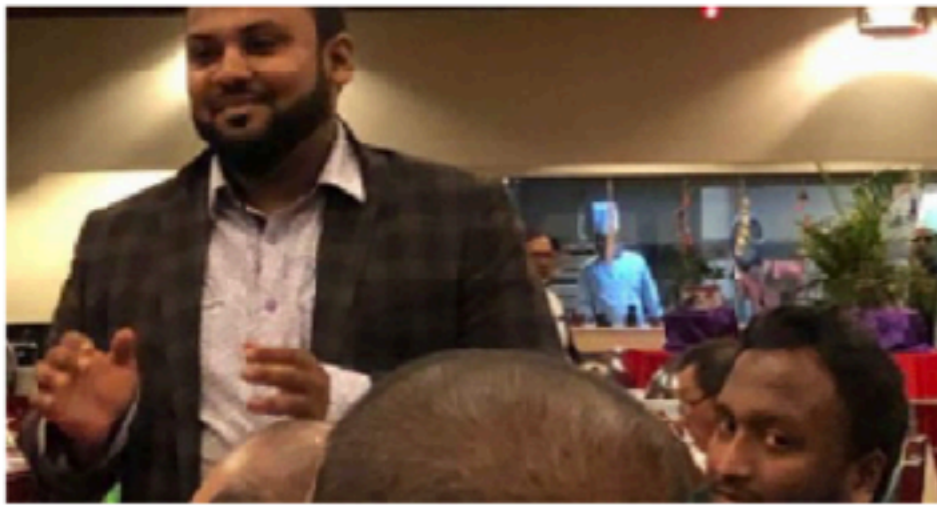
Our 2 IMARET gals have safely landed home after 2 weeks of serving the Rohingya refugee community @ the Bangladesh-Burma borders. I suspect they are suffering from withdrawal symptoms and terribly missing the mobile clinic action in Tangkhali, Teknaf & Kutupalong.



Welcome to IMARET Team D! Roll up your sleeves guys! We shall boldly go where no clinic has gone before.



Brothers in relief work doing a commercial for Malaysian Field Hospital Laboratory Services. Dr. Ho with Mercy Malaysia has among others done missions in Chile & Philippines.



Young Dr Imran from Charity Society of Bangladeshi Doctors (CSBD) but veteran of Rohingya relief work.



Dr Owais from Doctors World Wide UK (DWW)



CSBD big boys. To my left the advisor of IMA Bangladesh & on my right Dr Wali Dep. Pres. CSBD.



Meet & Greet & Dinner between CSBD and Malaysian Field Hospital (MFH) & NGOs active in Rohingya relief & Doctors World Wide UK @ Sayeman Hotel Cox's Bazar on 07-12-17. This is where international NGOs chill out! Oh! The dinner was exquisitely yummy and much much delicious than our lobster meal on 27-11-17.

Feedback on Malaysian Field Hospital (MFH)

Guys!

Doctors World Wide United Kingdom (DWW) are on a research mission to do a health needs assessment, health facilities available, its distribution, gaps and un-met needs in the Rohingya refugee camps. And advise donors how best to direct their fundings of healthcare deliverables to the Rohingya community

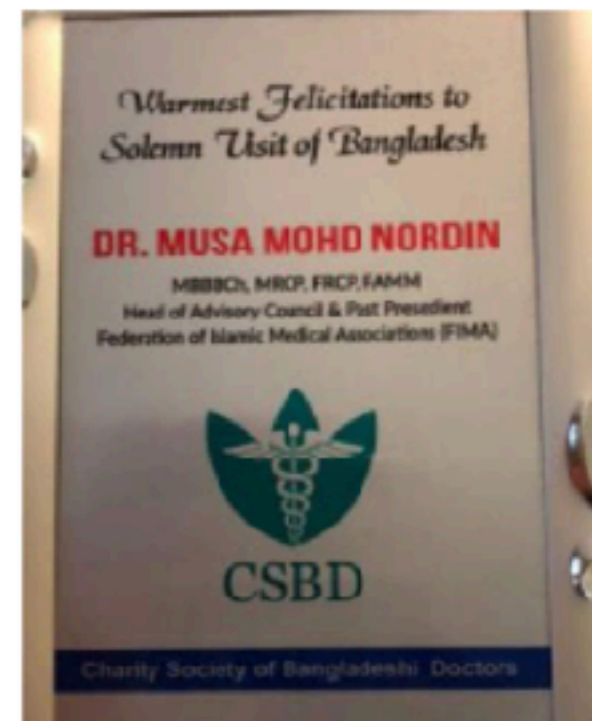
They visited our MFH yesterday. They were totally impressed with our hospital & the facilities.

Coming from DWW this is a recognition of MFH significant contribution to the Rohingyas. Kudos guys and take our MFH to the next level and make Malaysia proud!

Feedback from Disaster Response Group (DRG) Australia, group leader Anthony:-

“Hi Dr Musa, thanks and the facilities there look really good and will add a lot to the care we can give to people. Dr Rizal was great in explaining the facility and helping out. We will bring more patients up this afternoon.”

Kudos MFH team!



Received on behalf of all the Malaysian & International Humanitarian relief workers for the Rohingya community @ the borders of Burma and Bangladesh. CSBD & NDF could not fit all your names so they inadvertently put just one.

And also probably because I make the loudest noise and jam your mailboxes with loads of unnecessary #chatter #gossip #musings.

My sincere apologies to all! I will take leave soon and relieve you of my #celoteh aka #ramblings.

Wait! Hold your horses guys! Not quite until my flight takes off Cox's Bazar runway with Mercy Malaysia giants Dr Bilkis, Dr Ho et al.



I accepted the keys to the ambulance on behalf of our big brother & generous donor Dr Omar from White Hearts Egypt. And then presented them to Dr Wali Vice President of CSBD. Reminding him that this big Amanah from Dr Omar & White Hearts Egypt. And it must be well maintained and utilised for the service of humanity. And the current needs are as first responders to transfer of sick Rohingya patients.

10-10-17

Salams, Peace & Blessings

Like Dr Jalila, Dr Shamsinar (IMARET TEAM C) et al I was suffering from excruciating withdrawal symptoms. Man! Now I know what cold turkey junkies go through :)

So I had to occupy myself acting like a kepo (real busy) & overwhelmed like we were in the Rohingya mobile clinics (6 doctors caring 400 patients in a 5 hour mobile clinic session)

I saw in my Baby Clinic @ DSH (Damansara Specialist Hospital) maybe 60 patients from 9am-2pm (average 5 minutes per patient - some just 1-2 minutes for shots others longer since more complex or just an ear to mum's anxieties & fears)

Then rushed to Publika to answer the sweet little cutie's call to buy Palestinian stuff @ bazaar4palestine on 9 Dec 2017!

Then put on some decent clothes to my class of MCE 1974 Georgian head-girl birthday bash!

Later, like in Cox Bazar, fatigued, collapsed and tidur terus (slept like a log)!

Sini kena (Here in Cox's Bazar, one must do) multi-tasking ma!

I am a hard core neonatologist, though less hard core now that my colleague GEN Y, Dr I, is on board to do the HFO (High Frequency Oscillators), NO (Nitric Oxide) etc etc - the toys of the neonatologists in the NICU (Neonatal ICU) :)

Good thing DR I is around to hold the fort, otherwise no Cox's Bazar for me ma! So I have to equally share my pahala (rewards) with him:)

"Sharing is Caring" - that is the buzz-word in Cox's Bazar and all field missions for humanity!

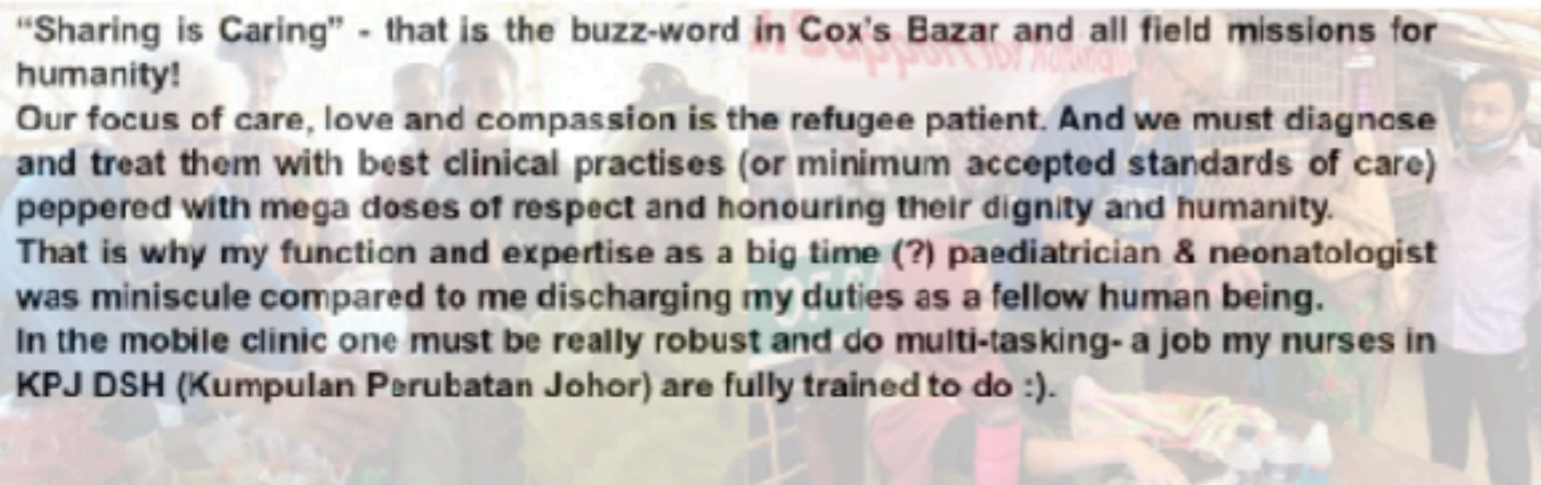
Our focus of care, love and compassion is the refugee patient. And we must diagnose and treat them with best clinical practises (or minimum accepted standards of care) peppered with mega doses of respect and honouring their dignity and humanity.

That is why my function and expertise as a big time (?) paediatrician & neonatologist was miniscule compared to me discharging my duties as a fellow human being.

In the mobile clinic one must be really robust and do multi-tasking- a job my nurses in KPJ DSH (Kumpulan Perubatan Johor) are fully trained to do :).

So I function as a:

1. Clinic assistant mencangkung timbang (weighing) the patient
2. Nurse taking the BP (blood pressure)
3. Houseman taking the history - Naam Khi? (what is your name dear); Hamil? (ni bangla tau for are you pregnant dear?)
4. Pharmacy assistant (makan ini ubat 2 kali sehari selepas makan nasi-boleh faham tak?)
5. Psychiatrist counseling the bereaving mother or wife
6. Triage medical officer - triage them to the red, yellow and green zones and the "blues zone" for the psychologically distressed :)
7. Father Xmas - distributing cookies to the kids - its the season to be jolly tra la la la la la la la ... but my BEST job designation was being ...
8. A TEA LADY aka PRO Patient Relations Officer :) I was blessed with the honour to serve the refugee patient, with a smiley face always, greet them with salams, what can I do for you sayang (love), di mana sakit sayang? (where is the pain dear?); make them comfortable, get a seat for the old & pregnant ladies, cuddle the crying babies, hold their feeble hands and direct to the treating doctors or pharmacist, takleh buat teh, jadi beri mineral water dan kuih bangla :) Besar tau job specification dan tanggung jawab tea lady ni! IMHO the tea lady is the most important person in the team. She may not have an MBBCh, MRCP, FRCP, FAMM after her name but she has these basic credentials - AWESOME HUMAN BEING!



Musa Mohd Nordin
IMARET Team C
MFH Team A
FIMA-ICR-CSBD-Mobile Clinic

IMARET - Islamic Medical Association of Malaysia Response & Relief Team
FIMA - Federation of Islamic Medical Associations
ICR - International Consortium for Rohingya
CSBD - Charity Society of Bangladeshi Doctors
MFH - Malaysian Field Hospital

