



# نشرة الاتحاد العالمي للجمعيات الطبية الاسلامية

e-newsletter of Federation of Islamic Medical Associations

Volume 45, Issue May - June 2018



## MESSAGE FROM THE PRESIDENT



Dear Members of the FIMA Family,  
Esteemed Sisters and Brothers,  
Assalamu Alaikum

Eid Mubarak and congratulations to all of you on conclusion of the holy month of Ramadan: Alhamdulillah-Allah SWT blessed us these fortunate moments to fast, recite the Holy Quran and enhance our capability of self-control. In this month we also tend to

*Continued on Page 11*

## BIENNIAL CONVENTION OF PIMA HELD IN LAHORE-PAKISTAN; ATTRACT THOUSANDS OF MEDICS

The biennial convention of PIMA concluded on 1st April 2018 in Lahore. The two days historic convention was attended by around 2000 doctors from all corners of the country and abroad. The galaxy of national and international speakers comprised of renowned figures and authorities in their clinical and academic areas of expertise and excellence. FIMA fraternity was also invited as guest speakers in various session, headed by the FIMA President Dr. Ihsan Karaman from Turkey and Prof Aly Mishal, the executive director of FIMA from Jordan and Dr Musa Nordin chairman of FIMA Advisory council from Malaysia.

The convention was preceded by 5 very well attended pre-conference workshops comprising of "Transfusion Medicine: Hands on update and techniques" conducted in the Children Hospital and Institute of Child Health Lahore coordinated by Prof. Dr. Nisar Ahmad. The workshop on



إنا لله وإنا اليه راجعون

Our deepest condolence on the passing of

**DR. ALY MISHAL, M.D, FACP**

Executive Director,  
Federation of Islamic Medical Association.

May his exemplary deeds be rewarded  
with the highest level of Jannah



**Editor in Chief** Dr. Tanveer Zubairi, Ex. President, FIMA - **Editor** Dr. A. Rashid A. Rahman, Secretary, FIMA  
**Managing Editor** Dr. Aly Mishal Executive Director, FIMA, **Assistant Editor** Sajjad Saleem

“Management of Hepatitis C in the era of direct acting anti-viral agents was held in Pakistan kidney and liver transplant institute conducted and mentored by Prof. Dr. Muhammad Arif Siddiqi, the workshop titled “Breast cancer-challenge of the day “ was chaired by Prof Dr Abubakar Shahid in the Institute of nuclear medicine and oncology, Lahore. The basics of laparoscopic surgery workshop was conducted by Prof Tayyab Abbass at Jinnah Hospital, Lahore. Around 250 doctors were registered for these workshops and the overall rating was rated as very effective and useful training sessions by CME board of PIMA. The convention was awarded 12 hours of CME credit.

The inaugural session was addressed by a renowned scholar Prof Dr. Ishtiaq Ahmad Gondal reciting the verses from Holy Quran and explaining the text he read out focusing on “doing good to

everyone as an emblem for the faithful”. The welcome address was read by the convention chair Prof Dr. Hafiz Ijaz who thanked the delegates and guest speakers who travelled all the way from all corners of the country and abroad to update their skills, knowledge and acumen during this short span of time. Dr Anis Ahmad presented the thematic lecture on

## كُونُوا أَنْصَارَ اللَّهِ

emphasizing the role of Muslim physicians in accomplishing their daily routines with fear of Allah SWT and service to mankind as the mainstay of their objective. Dr Musa Nordin and Dr Ihsan Karaman delivered their welcome speeches. Dr Khawaja Sadiq Hussain, former President of CPSP and ex-principal of King Edward medical College, Lahore was the guest of honor for the inaugural session. He was of the opinion that without emphasizing the need for the practice of morality

and ethics, the secular and non-spiritual medicine is turning into an ugly trade and ends up in mere business, which the higher human values fails to endorse. He advised the young graduates to practice humility and humanity with spirit of empathy and follow footsteps of great Muslim physicians like Avicenna and Al Zawahari.

The second session was chaired by Dr Khawaja Sadiq Husain where Dr Saeed Akhtar, chairman of PKLI, Lahore in a very impressive way appraised the alarming magnitude of ever-growing morbidity and mortality related to HCC with Hepatitis C and B as causative agents. He said that Pakistan was amongst top five countries harboring the alarming viral burden and resultant progressive and delayed cancer transformation. He also showed statistics of backlog of transplant urgently required for liver cirrhosis and end stage renal disease cases piling up enormously



due to shortage of such facilities in the country. He was confident that ever increasing number of patients requiring renal transplant and threats arising from illegal trafficking of human organs and transplantation will come to an end soon.

The third session was dedicated to Medical Relief, Dr Hafeez ur Rehman, Ex-President of PIMA gave a thematic presentation on importance of humanitarian and medical relief as the service to mankind and its key role in achieving success in this world and hereafter. Dr Musa Nordin gave a detailed account of Rohingya crisis and role of IMAs and FIMA in combating this challenge. He highlighted the concerted efforts made in the area of medical relief for Rohingya refugees in Cox's bazar under FIMA and IMARET, NDF, PIMA, IMASA, IMANA and other IMAs partner organizations. He was of the opinion to declare a

medical emergency and all the IMAs be urged to play a pro-active role to fight this global tragedy and worst genocide of modern times. Dr. Tanveer Zubairi past President of FIMA highlighted the Syrian crises and dire need of medical relief for the Syrian refugees and war struck destitute. He said that the Syrian crises has taken a toll of hundreds of thousands of human lives and incapacitated an equal number of people during the civil war in the last decade. He advocated a political and tangible lasting solution to the issue otherwise global peace cannot be guaranteed and it may ignite chain of serious consequences. Mr. Abdul Ghaffar an Islamic scholar emphasized the necessity of Muslim unity and need of propagation of message of peace in all the disaster and civil war struck areas. Report of PIMA relief was presented by Dr Shmashad Ali, Secretary of the flagship program of POB-Prevention of blindness trust (a subsidiary of PIMA). PIMA is

one of the major player in the areas of medical and humanitarian relief since long and IS devoted to the cause of alleviating the pain and misery of impoverished communities and envisage to seek pleasures of Allah SWT by serving mankind.

PIMA is Engaging the medical youth mainly comprising of medical students, young graduates and residents into PIMA working especially in the areas of character building, practice of ethics and volunteerism for a noble cause. A dedicated training session related to the youth was held and a talk by Peace TV scholar Molana Khalil ur Rehman highlighting the life of Prophet Muhammad (peace be upon him) as a leader of youth quoting practical lessons of wisdom from the seerat of the Hoy Prophet(PBUH). Another excellent narration came from Zubair Manoosri, a scholar dealing in motivation & advocacy for



character building, in light of life, death and waking up from sleep of Ashab e Kahaf.

There were four parallel scientific session in the evening on contemporary medical issues and topics of general interest in continued medical education session. The speakers (both national and international) inspired the delegates with current and evidence based medical practice and innovations recently introduced.

On day 2, the first session was on “Ethics and medical profession” with Prof Najib ul Haq as the keynote speaker on “role of faith in

medical practice” emphasizing the high standards of humanity coupled with principles of divinity to be an ideal for Muslim physicians. The legendary figure in faith based circles in Pakistan and highly ranked scholar “Molana Tariq Jamil” attracted the maximum number of audience as he spoke of life of Muhammad (PBUH) as a role model. He gave practical tips to follow Sunnah and to lead a happy and a blissful life. The next session was on health issues and challenges in Pakistan chaired by Federal health minister of Pakistan Mrs Saira Afzal Tarrar. Prof Iqbal Khan, Prof Syed Muhammad Awais and Dr Wasay Shakir highlighted the

issues related to Medical colleges, postgraduate education, private medical schools, healthcare in remote areas and national health policy. In the concluding session the result of PIMA leadership and executive committee for session 2018-20 was announced. Prof. Dr. Mian Muhammad Afzal was elected as the president of PIMA for the next tenure. Oath taking ceremony was held in a simple yet impressive manner. Dr Afzal in his inaugural address thanked the delegates and members of PIMA in confiding him and he prayed to Allah SWT for guidance for following of righteous path and to bless the organization with success in its endeavors.



# IMASA Hosts 38th Annual Convention

The 38th Annual convention of the Islamic Medical Association was held at the Wanderers Club in Johannesburg from 27-28 April. The main guest speakers were Sheikh Nuruddeen Lemu and his wife Sister Salatu Lemu who is the director of research and training of the Dawah Institute of Nigeria. He is the son of the famous Sheikh Ahmed and Ayesha Lemu.

Both speakers made a huge impact on the conference delegates and in particular Sheikh Lemu raised many issues concerning our understanding of the Usul al Fiqh and the Shariah and its implementation in the context of our times. One of the key issues he raised was that in order for us to have clear rulings on many of the issues that confront us today, particularly in the field of medicine, we need scholars who are well versed in all the classical schools of thoughts, not just the famous four. In addition, just as we have sub-specialisation in the field of medicine, we also need scholars who have sub-specialisation in the Islamic sciences. Just as a general medical practitioner cannot treat every ailment and has to refer to other specialist, an ordinary graduate of a Darul uloom is not qualified to issue rulings on any and every issue. We require scholars specialising in such fields as usul Fiqh, maqasid as shariah, finance, medicine, tasawwuf, etc.

The research papers that were presented at the conference covered a very large wide range of topics from diabetes, psychology, taking care of the elderly, allied health, dental health, etc. A very encouraging feature of the conference was the number of highly qualified Muslim women doctors and professors present and who presented papers and contributed to the discourse. There were parallel programmes for the youth, university students and spouses.

At the gala dinner on Saturday evening Mufti Ismail Menk and Wadah Khunfur (ex-director of Al Jazeera) and currently director of the Sharq Forum spoke on the theme: **Islam - Present and future**. Both speakers emphasised that Islam is the Deen of Allah and He is the one who will see it continue till the end of time. As Muslims all we have to do is to follow His commands and do our utmost to establish His order on earth.

A spokesperson for the conference expressed deep gratitude to all the presenters and delegates for a very successful 38th IMA conference. The next conference will be held in Cape Town. - **Picture credit: Riaz Ismail Photography**



Sheikh Nuruddeen Lemu



Mufti Ismail Menk



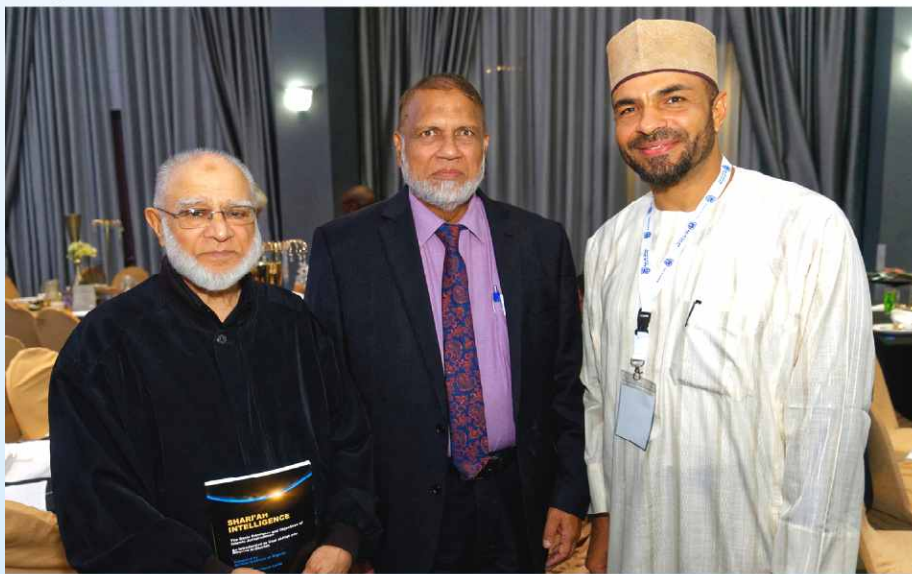
Sister Salatu Lemu



Wadah Khunfur



On stage - Presenters for the 38th Annual IMASA Conference



Founding members of IMASA Dr Goolam Hoosen, Dr Mohammed Khan with Sheikh Nuruddeen Lemu



# 11<sup>th</sup> FIMA UMRAH

FOR MEDICAL STUDENTS

16-23 NOVEMBER 2018

16-19 (Madinah) | 20-23 (Makkah)

## Organized by

Islamic Medical Association in Kingdom of  
Saudi Arabia (IMAKSA) - World Assembly of  
Muslim Youth

## In collaboration with

Federation of Islamic Medical Associations  
(FIMA) and its members (IMAs)

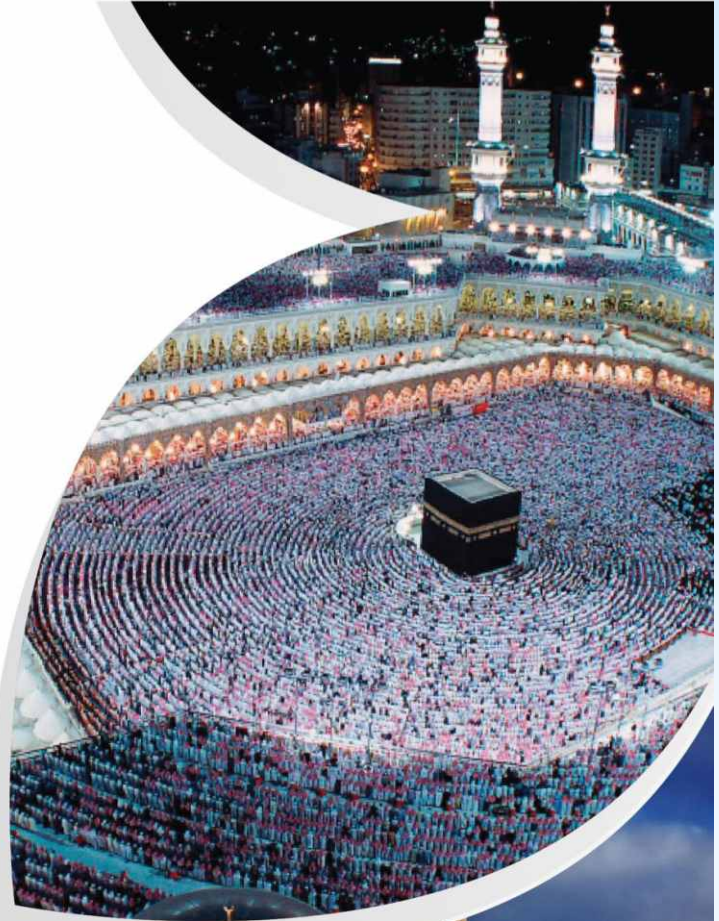
Deadline for Registration  
16 October 2018



For Registration  
<http://bit.ly/2EHohlc>



For Inquiry  
[imaksa.students@gmail.com](mailto:imaksa.students@gmail.com)

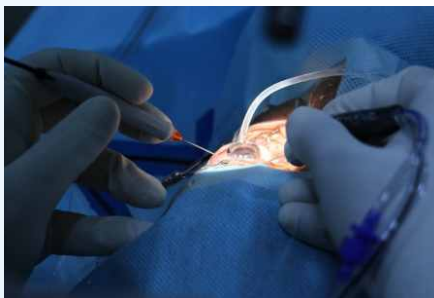


## POB HOSPITAL KARACHI UNDER PIMA AND IN COLLABORATION WITH FIMA SAVE VISION BRINGS MARVELS TO THE NEAR BLINDS

Praise to Allah, on 05 May, 2018, the POB Hospital Karachi, organized another eye screening camp for the prisoners in Central Jail Karachi, in which more than 200 cases of prisoners were

examined, 100 patients were tested for close view and 50-odd provided by eye glasses. Rest of the glasses will be made on order and will be provide to these short list patients next week. Clearly, it

was the second camp in prison, this series will continue in the future. Insha Allah (SAW). Sharing happiness in lifes.



## KATUPALONG REFUGEE CAMP IN BANGLADESH

Dr. Iqbal Sorathia comforting an infant at the Katupalong Refugee Camp in Bangladesh. Dr. Sorathia volunteered for two weeks - he was a part of team #17 and team #18. Both teams treated more than 5500 Rohingya refugees of all ages.

We thank Dr. Sorathia and other volunteers for the hard work during the mission. We also thank all of you who donated and made our work possible.

As team #19 arrives in Bangladesh and gets ready to begin with work, we need all the support we can get. Please donate, volunteer and spread the word - the Rohingya need urgent help!

### Donate:

<https://imana.networkforgood.com/projects/43196-saverohingiya>

### Volunteer:

<https://imana.org/saverohingya/>

#IMANACares

#IMANAmisions  
#SaveRohingya





**IMANA**  
ISLAMIC MEDICAL ASSOCIATION  
OF NORTH AMERICA

## CHAMPIONSHIP KICKOFF TO RAMADAN

CHICAGO GALA

*Dinner*

• SATURDAY • MAY 12, 2018 • 6:30 PM •

WITH OUR ESTEEMED SPEAKERS



**RYAN  
HARRIS**

SUPERBOWL  
CHAMPION



**MAHMOUD  
ABDUL RAUF**

FORMER  
NBA PLAYER



**IBTIHAJ  
MOHAMMAD**

US OLYMPIC  
FENCING MEDALIST



**BILQIS  
ABDUL-QAADIR**

FORMER DIVISION 1  
BASKETBALL PLAYER



**HUSAIN  
ABDULLAH**

FORMER  
NFL PLAYER



**ABDULHAKIM  
MOHAMMED**

MOTIVATIONAL  
SPEAKER

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MEDICAL ASSOCIATION

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FOR BMA MEMBERS:

# RAMADAN INITIATIVE

## MUSLIM PATIENTS IN RAMADAN

— A REVIEW FOR —  
HEALTH CARE PHYSICIANS

WED 18<sup>TH</sup> APRIL 2018  
6.30PM



**EXPLORING CURRENT ISSUES AROUND SAFE PRESCRIBING  
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DR EMMA WILEY (MICROBIOLOGY REGISTRAR, BIMA),  
SHAYKH DR RAFAQAT RASHID (GP AND MUSLIM SCHOLAR, BIMA),  
SAMIRA OSMAN (PHARMACIST, BIMA)  
DR NAVEED YOUNIS (CONSULTANT PHYSICIAN & ENDOCRINOLOGIST, BIMA)

FACILITATED BY DR ANDREW BARTON (BMA)  
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**PRE-CONVENTION WORKSHOPS**

**4 – 5 SEPTEMBER 2018**

**SCIENTIFIC CONVENTION**

**5 – 7 SEPTEMBER 2018**

**“LIFESTYLE & ENVIRONMENTAL RELATED HEALTH DILEMMAS”**

**VENUE**

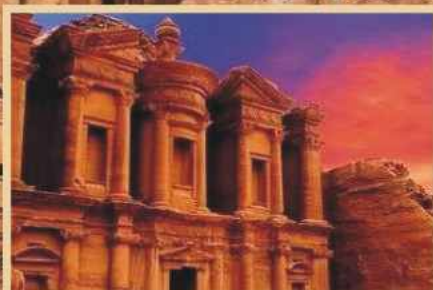
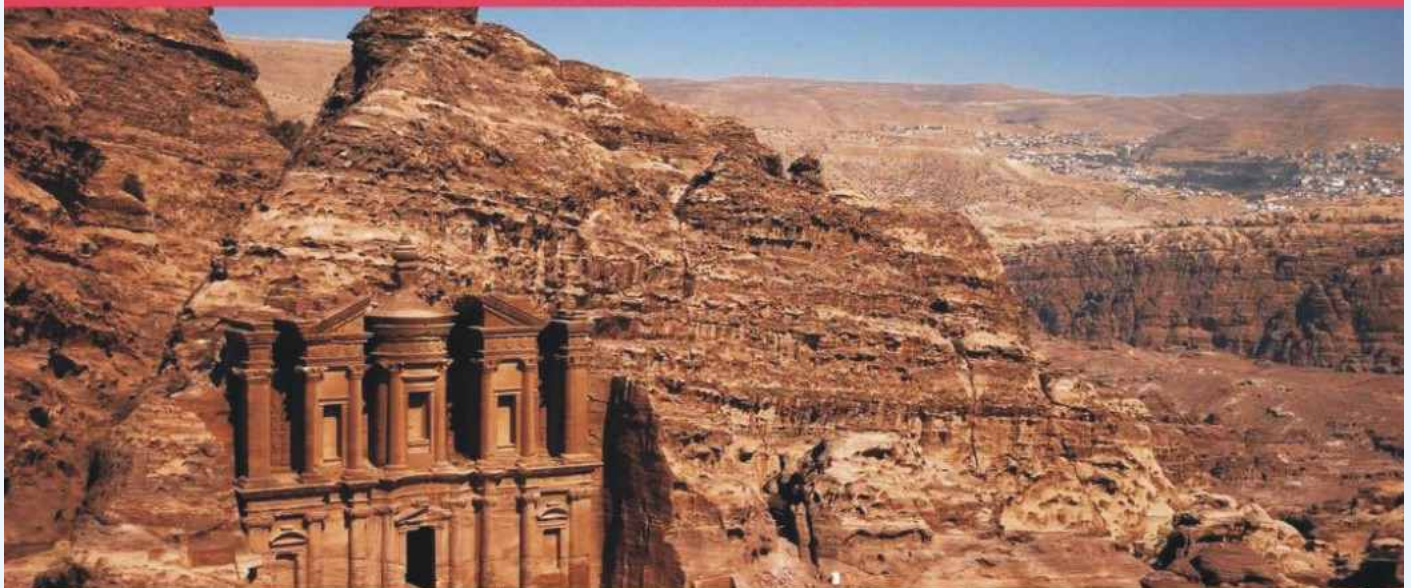
Convention Center, 5th floor, Islamic Hospital, Amman-Jordan.

**ABSTRACTS**

Deadline 15 July 2018

E-MAIL: [abusupuhamar@yahoo.com](mailto:abusupuhamar@yahoo.com) / [drmazen@go.com.jo](mailto:drmazen@go.com.jo) / [amdaoud@just.edu.jo](mailto:amdaoud@just.edu.jo)

WEBSITE: [fimaweb.net](http://fimaweb.net)



## REMAINING MESSAGE OF THE PRESIDENT

explore the spiritual and social benefits of this act of worship in order to appreciate its value. Fasting in Ramadan helps in closeness to and consciousness of Allah Almighty. Fasting Muslims experience great satisfaction as they demonstrate their deep love for Allah Almighty by obeying His orders. It ensures the harmony and unity of society. We get an opportunity to listen to the Quran together in Mosques; meet each other there and their social interaction increases. Ramadan makes the societies purer because, most people abstain from wrong acts in this holy month. Abu Hurairah (RA) reported: “The Messenger of Allah (PBUH) said, **“When Ramadan begins, the gates of Jannah are opened, the gates of Hell are closed, and the devils are chained”** (Bukhari). All of this serves to improve the behavior and help one become closer to Allah Almighty.

In short, Ramadan is the month of blessings, social and spiritual. We only pray that the spirit of Ramadan deepens in us. I hope you spent this Ramadan in true spirit and with the only purpose to seek Allah’s pleasure and forgiveness. Ameen!

The preparation and arrangements for FIMA-WAMY students Umrah camp from 18-23rd November 2018 is underway. I urge all the interested students and IMAs to avail this golden opportunity of coupling training and Ibadah simultaneously. Please contact Dr. Zamzami from IMAKSA at Dr. Zamzami’s Office [zm.office2017@gmail.com](mailto:zm.office2017@gmail.com)

Recently we also had a distinctive experience of attending the

PIMA international conference in Lahore. It was a successful conference with thousands of doctors attending its various sessions from all over the country. Dr Aly Mishal, Dr. Musa and myself feels indebted to the local IMA for their extended hospitality and we cherish the blissful moments spent with our brothers there.

I’ve no words to Express my deepest grief and sorrow to convey the sad news of demise of our Sheikh Aly Mishal, the executive director of FIMA and its past president. What an extraordinary human being and a true believer he was. Only couple of weeks ago i had opportunity to be with him in Lahore and i still remember his deep insight and love for his cause. He was truly our hero our family head. We all are orphans without him. May Allah grant him the highest pedestal in the hereafter amongst HIS chosen ones. Ameen

The next meeting of FIMA is scheduled in Amman - Jordan from September 4th till September 7th 2018. Theme of the conference is “Lifestyle and environmental related health dilemmas”. The abstracts may be sent to [abusupuhamar@yahoo.com](mailto:abusupuhamar@yahoo.com), [drmazen@go.com.jo](mailto:drmazen@go.com.jo) and [amdaoud@just.edu.jo](mailto:amdaoud@just.edu.jo). The annual meeting will provide the IMAs to interact with each other and benefit from the medical conference and enhance their expertise with updates on modern trends in medical practice. I hope to see you all there. Please start its preparation as soon as possible.

Wassalam.

**Prof. Dr. M. Ihsan Karaman**  
President, FIMA

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